

Eligibility

Any individual who will be 50 years of age or older on or before April 1, 2026, is eligible to participate. Age divisions for both men and women: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99, 100+. The dominoes, Skip-bo and balloon bust relay events will be open age competition.

Individual Awards

Medallions will be presented to First, Second and Third place winners in each age division with the exception of open age events. Participants **MUST** compete in order to receive an award in any event.

Senior Center Awards

First, Second and Third place monetary awards will be awarded to the Senior Activity Center accumulating the most points.

Equipment

All athletes will be expected to furnish all personal equipment such as running shoes, etc. All track, field, table game equipment and targets will be provided.

Facilities - Fees – Locations

Registration Fee: \$10.00

Track & Field Day, Friday, May 1, 2026

F.S. Garrison Stadium
Harrison Senior High School
1754 Burls Way
Harrison, Arkansas

All events will be held on the F.S. Garrison Stadium except those listed below.

8 Ball Pool Tournament

(Deadline to register for the 8-ball pool tournament is March 31, 2026.)

Women (All Ages) Friday, April 10, 2026

Men (All Ages) Friday, April 17, 2026

Van Matre Senior Activity and Wellness Center
1101 Spring Street, Mountain Home, Arkansas

Thursday, April 23, 2026

BOWLING

Oddball Social, LLC
(Formerly Cottonwood Bowl)
116 Highway 43 E
Harrison, Arkansas

Singles, Doubles, Mixed Doubles

No Additional Fee

Shoes Furnished: No Charge

Northwest Arkansas Senior Games XXXIX

Area Agency on Aging of Northwest Arkansas

(870) 741-1144 or 1-800-432-9721

TRACK AND FIELD DAY IS **FRIDAY, MAY 1, 2026**

Registration # _____ (AAA Use Only)

(PLEASE PRINT)

Senior Activity Center (if applicable) _____

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: (____) _____ DATE OF BIRTH: ____/____/____ AGE: _____

GENDER: Male Female Email Address _____

I give the Area Agency on Aging of Northwest Arkansas permission to use my photo for use in promoting senior games or senior services.

 **Signature:** _____ **Date:** _____

LIABILITY WAIVER

I, the undersigned participant, hereby agree to indemnify and hold harmless the Area Agency on Aging of Northwest Arkansas or any of its representatives for my health, safety, or any injury resulting from my participation in the Northwest Arkansas Senior Games.

I warrant and represent that I am in good physical health and condition, and I am physically able to compete in the events that I have selected.

The Area Agency on Aging of Northwest Arkansas has my permission to have a physician/R.N. /E.M.T. treat me if needed during my participation.

 **Signature:** _____

IN CASE OF EMERGENCY, CONTACT: (Must be completed or form will be returned.)

 **Name:** _____ **Phone:** (____) _____

COMPLETE THIS FORM AND MAIL WITH ENTRY FEES TO:

NORTHWEST ARKANSAS SENIOR GAMES XXXIX

P.O. Box 1795, Harrison, Arkansas 72602

Pool Tournament **REGISTRATION DEADLINE** March 31, 2026

All Other Events **REGISTRATION DEADLINE** April 15, 2026

Registration Fee \$10.00 (POSTMARKED ON OR BEFORE 4/15/2026)

Late Registration Fee \$20.00 (MUST BE RECEIVED BY 4/21/2026)

NON REFUNDABLE



T-Shirt: S M L XL XXL

Circle the size of t-shirt you will need

NAME _____ Registration # _____

SCHEDULE OF EVENTS AND STARTING TIMES

FRIDAY, May 1, 2026

8:00 a.m. Check-in
9:00 a.m. Opening Ceremonies
9:30 a.m. Scheduled Events

Please select all events that you would like to do on track and field day.
No event will be delayed due to scheduling conflicts. Itinerary subject to change.

PLEASE CHECK THE EVENTS YOU WISH TO ENTER:
*Indicates DROP-BY events. Drop-by events will remain open 1 ½ hours.
**Indicates DROP-BY events. Drop-by events will remain open 2 hours.

FRIDAY, May 1, 2026 - F. S. Garrison Stadium, 1754 Burls Way, Harrison, Arkansas

TIME	EVENT	TIME	EVENT
9:30 am	<input type="checkbox"/> 200 Meter Walk <input type="checkbox"/> Skip-Bo <input type="checkbox"/> Baggo* <input type="checkbox"/> Discus** <input type="checkbox"/> Shot Put** <input type="checkbox"/> Softball Throw**	11:40 am	<input type="checkbox"/> 200 Meter Run
10:05 am	<input type="checkbox"/> 50 Meter Dash	12:00 pm	<input type="checkbox"/> 800 Meter Prediction Walk <input type="checkbox"/> Stationary Cycling** <input type="checkbox"/> Dominoes
10:25 am	<input type="checkbox"/> 100 Meter Dash	12:30 pm	<input type="checkbox"/> Football Throw* <input type="checkbox"/> Javelin* <input type="checkbox"/> Spincasting*
10:50 am	<input type="checkbox"/> 800 Meter Run	12:40 pm	<input type="checkbox"/> 400 Meter Run
11:00 am	<input type="checkbox"/> Nail Pounding* <input type="checkbox"/> Basketball** <input type="checkbox"/> Daisy Air Gun**	1:30 PM	<input type="checkbox"/> 3K Run
11:05 am	<input type="checkbox"/> 400 Meter Walk	2:00 pm	<input type="checkbox"/> Balloon Bust Relay

8-Ball Pool Tournament

- Women (All Ages), April 10, 2026 9:00 a.m.
- Men (All Ages), April 17, 2026 9:00 a.m.

Van Matre Senior Activity and Wellness Center
1101 Spring Street, Mountain Home, Arkansas

Thursday, April 23, 2026 - Bowling – Oddball Social, LLC, 116 Highway 43 E, Harrison, Arkansas (Shoes furnished: No Charge)

- Singles, 2 games 10:00 a.m. No Additional Fee
- Doubles, 2 games 12:30 p.m. No Additional Fee

_____ Partner
Must be a registered Participant

- Mixed Doubles, 2 games, No Additional Fee 2:30 p.m.

_____ Partner
Must be a registered Participant