

Farmington Senior Activity Center

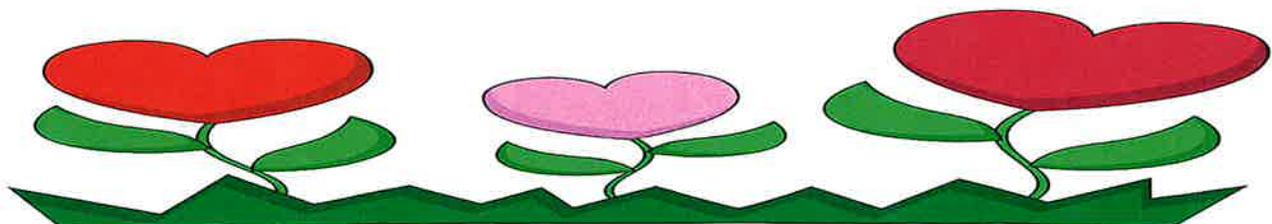
**340 W. Main St.
Farmington, AR**

February 2026

(479) 267-5709

February Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Chair Volley Ball 10:00	3. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	4. Tai Chi 9:00 Gospel Singing 10:30-11:00 Canasta 12:30	5. Bingo 9:00-11:00 Mix Match Pitch	6. Strength & Stretch 9:00 Bible Study 10:00 Games 12:30
9. Chair Volley Ball 10:00	10. Senior Yoga 9:00 Trip to Tontitown Gospel Singing w/Shawn 10:00 Mix Match Pitch	11. Tai Chi 9:00 Gospel Singing at Peach Tree Village Leave @ 10:15 Canasta 12:30	12. Bingo 9:00-11:00 Mix Match Pitch	13. Strength & Stretch 9:00 Bible Study 10:00 Games 12:30
16. 	17. Senior Yoga 9:00 Trip to Fayetteville Gospel Singing w/Shawn 10:00 Mix Match Pitch	18. Tai Chi 9:00 Gospel Singing 10:30-11:00 Canasta 12:30	19. Bingo 9:00-11:00 Crystal w/ Goodies Mix Match Pitch	20. Strength & Stretch 9:00 Bible Study 10:00 Games 12:30
23. Chair Volley Ball 10:00	24. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	25. Tai Chi 9:00 Gospel Singing 10:30-11:00 Canasta 12:30	26. Bingo 9:00-11:00 Birthday Cake Mix Match Pitch	27. Strength & Stretch 9:00 Bible Study 10:00 Games 12:30



Suggested Donation

\$5.00

February Menu

Lunch Served

11:30-12:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. Roasted Chicken w/ Poultry Gravy Bread Dressing Mixed Veggies Roll Blushing Pears</p>	<p>3. Tuna Noodle Casserole Green Peas Wheat Roll Oatmeal Raisin Cookie</p>	<p>4. BBQ Pork Corn Casserole Brussels Sprouts Wheat Roll Peach Parfait</p>	<p>5. Burger Steak w/ Gravy Garlic Mashed Potatoes Stewed Tomatoes Roll Fruit Cup</p>	<p>6. Roast Turkey Sweet Potatoes Greens Wheat Roll Pumpkin Square</p>
<p>9. Lemon Pepper Tilapia Rice Lima Beans Roll Tropical Fruit</p>	<p>10. Baked Ham Mac & Cheese Sauteed Cabbage Wheat Roll Frosted Banana Cake</p>	<p>11. Oven Fried Chicken Mashed Potatoes Spinach Cornbread Peach Cobbler</p>	<p>12. Meatloaf Roasted Red Potatoes Capri Blend Veggies Roll Fruit Cup</p>	<p>13. Chicken Parmesan Over Noodles Green Beans Bread Stick Carnival Cookie</p>
<p>16.</p> 	<p>17. Baked Chicken Baby Baker Potatoes Green Peas Wheat Roll Apple Slices</p>	<p>18. Blackened Tilapia Potato Wedges Cauliflower Wheat Roll Brownie</p>	<p>19. Chicken Enchiladas Black Beans Fiesta Rice Chips Pineapple Tidbits</p>	<p>20. Sliced Beef w/ Gravy Potatoes Carrots Roll Mandarin Oranges</p>
<p>23. Salisbury Steak Au gratin Potatoes Prince Edward Veggies Wheat Roll Fruit Cup</p>	<p>24. Smothered Pork Cutlet Pinto Beans w/ Onions Capri Blend Veggies Cornbread Apricots</p>	<p>25. Turkey A la King Noodles Baby Carrots Wheat Roll Cinnamon Peaches</p>	<p>26. Beef Chili w/ Beans Baked Potatoes Stewed Tomatoes Crackers Ice Cream</p>	<p>27. Roasted Thyme Chicken Mushroom Rice Broccoli Florets Roll Cake</p>
 <p data-bbox="365 1942 982 1984"><i>Happy Valentine's Day</i></p>				<p data-bbox="1291 1732 1542 1942">Menu Subject to Change</p>

West Fork Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Bean Bag Baseball @ Prairie Grove 9:30	3. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	4.	5. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	6.
9.	10. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	11. Bean Bag Baseball @ Lincoln 9:30	12. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	13.
16.	17. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	18.	19. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 BINGO 11:00-12:00	20.
23.	24. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	25.	26. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Birthday Party Dominos & Board Games	27.



Happy Valentine's Day!

Candle Light

Cards

Chocolate

Cupid

Date

Dinner

First Kiss

Memories

Movie

Pink

Poem

Proposal

Red

Romance

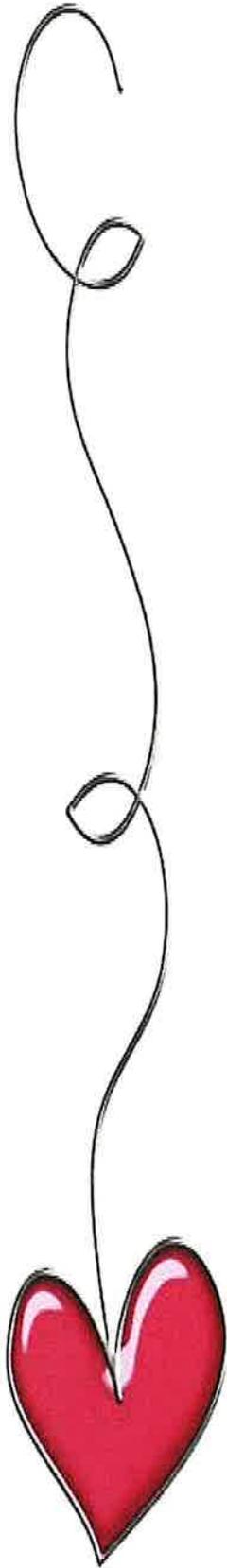
Roses

St. Valentine

Sweetarts

Teddy Bear

True Love



B Q Q J D F I R S T K I S S N T I U K O
O C Q E Z Y D P K K G E Y O D H J Q K A
X Z T S H E J F P I U I W C U G R J T U
I A C R L H V W L V B U G K E I O C C Q
D V V J U P O R D V L V C I I L M N D F
Q I L H G E A Q B A P O V I Z E A M V Z
I K N I P I L A S O P O R P S L N E G X
O K O N P M P O E O M P Z T Q D C H M H
K H J X E W R M V O S Z V L P N E F A F
Y P I S M R A L P E P A G S W A U G D E
P N K D Z K A K S D L T O T X C H W W L
E T U R D P E O O E S W Z R P B W M O P
S E L A A Y R Z N U M I L A E D E R Z Y
S D E C R L M T E N E P X T S W X Y H L
B D G C O S I M Y A M Z G E N O L I J X
F Y G R N N D D X M O L T E C K L M Y N
P B W Q E Y T S A Z R U O W D D J V Z P
D E H K Q K U D V T I G E S N C G Q C C
B A C H O C O L A T E B Q D I P U C T O
J R V D C F X T N E S Y R J J I Z T A F

