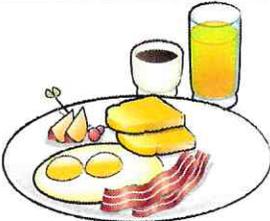




February Menu

Mon	Tue	Wed	Thu	Fri
2 Four Cheese Pasta Italian Vegetable Blend Bread Stick Ambrosia	3 Rotisserie Chicken Baby Baker Potatoes Mixed Vegetables Roll Blushing Pears	4 Taco Salad Seasoned Rice Cucumber & Avocado Salad Birthday Cake	5 Tuna Noodle Casserole Harvard Beets Biscuit Mandarin Orange Jell-O	6 Goulash Mixed Vegetables Bread Red Velvet Cake
9 Oven Fried Chicken Macaroni & Cheese Spinach Cornbread Peach Crisp	10 Roast Beef Mashed Potatoes Steamed Vegetables Roll Cherry Pie	11 BBQ Pulled Pork on Bun Potato Wedges Coleslaw Spiced Apples	12 Beef Stroganoff Egg Noodles Mixed Vegetables Bread Fruit Parfait	13 <i>Happy Valentines Day</i> Chicken Parmesan Over Spaghetti Spinach Salad Garlic Bread Strawberry Cream Pie
16 Closed 	17 Herbed Baked Chicken Scalloped Potatoes Peas Biscuit Blueberries & Bananas	18 Dijion Pork Loin Roasted Potatoes Steamed Cabbage Cornbread Apricots w/Whipped Topping	19 Minestrone Soup Saltine Crackers French Dip Sandwich Tomato & Cucumber Salad Fruit Medley	20 Baked Tilapia Wild Rice Broccoli Roll Caramel Brownie
23 Salisbury Steak Au Gratin Potatoes Vegetable Blend Bread Chocolate Pudding	24 Maple Glazed Ham Baked Sweet Potato Seasoned Greens Roll Pineapple Upside Down Cake	25 Oven Roasted Turkey Mashed Potatoes w/Gravy Glazed Carrots Roll Peaches	26 Smothered Pork Cutlet Capri Vegetable Blend Pinto Beans Cornbread Apple	27 Chili w/Beans Baked Potato Tossed Salad Saltine Crackers Cookie
60+ Suggested Meal Donation \$5.00 \$10.00 Under 60 Eating @ Senior Center \$11.00 For All Take Out	Meals are subject to change due to supply chain availability.	Come join us for Breakfast every Friday Morning from 8am to 9am Price: Donation		Lunch served daily: 11:30am-12:15pm 


Billy V. Hall Senior Activity & Wellness Center
 1870 Limekiln Rd.
 P.O. Box 1648
 Gravette, AR 72736
 Phone: 479-787-5950
 Director - Melissa Provence
 Email: director.gravette@ohcnwa.org
 "Billy V. Hall Senior Activity & Wellness Center is an equal opportunity provider, and employer."
 EEO Employer/AA/M/F/Vet/Disabled



Hours of Operation:
Monday - Friday
8:00am to 4:30pm

The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
 Home Delivered Meals • Family Caregiver Assistance
 Personal Emergency Response System • Incontinence Supplies
 Housing • Veteran Directed Program



Area Agency on Aging
of Northwest Arkansas
 1510 Rock Springs Road
 Harrison, Arkansas
 800-432-9721 or 870-741-1144
www.aanwar.org

Menu Substitution Log

DATE	MEAL	FOOD ITEM OMITTED	FOOT ITEM SUBSTITUTION	REASON FOR SUBSTITUTION	APPROVED BY DIETITIAN
2/2/20	Four Cheese Pasta	Dinner Roll	Bread stick	Variety	
2/3/20	Roasted Chicken	Dressing/Gravy	Baby Baker Potatoes	Better option	
2/4/20	Braised Beef	Braised Beef	Tato Salad	(Seniors like -)	
		Roasted Vegetables	Cucumber, Avocado, salad	(American can option)	
2/5/20	Tuna Casserole	Mandarin Orange Jelly Peas	Cake	Birthday cake day	
		Roll	Harvard Beets	to much repeat on Peas	
		Cookie	Biscuit	Variety	
2/6/20	Bett Bourguignone	Beef Bourguignone	Mandarin Orange Jelly	for Fruit	
		Carrots	Sausage	Seniors would not like	
		Roll	Mixed vegetables	Variety	
2/9/20	Oven Fried Chicken	Char Edgier-Tortile	Bread	Variety	
		Mashed Potato Casserole	Red Velvet Cake	for cost	
2/11/20	BBA Pulled Pork	Peach Cabbler	Macaroni Cheese	Variety	
2/12/20	Beef Stroganoff	Chocolate Pudding	Peach Crisp	for fruit	
		Peas & Mushrooms	Spiced Apples	for fruit	
		Roll	Mixed Vegetables	to much repeat on Peas	
2/13/20	Cook's Choice	Scalloped Apples	Bread	Variety	
		Cook's Choice	Fruit Parfait	to much repeat on Apple	
			Chicken Parmesan	Valentine's	
			Spaghetti		
			Spinach Salad	Lunch	
			Garlic Bread	Cook's	
			Strawberry Cream Pie	Choice	
2/17/20	Baked Chicken	Sour Cream Mash	Sealloped Potatoes	Variety	
		Roll	Biscuit	Variety	
2/18/20	Pork loin	Apple Betty	Blueberries	for fruit	
		Roll	Cornbread	Variety	
2/19/20	Minestrone Soup	Gelatin Desserts	Fruit Medley	for fruit	

