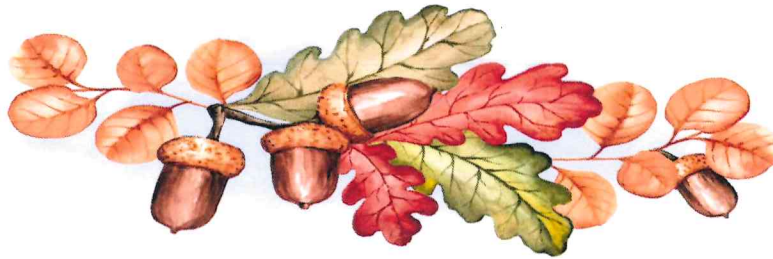


BENTON COUNTY SENIOR ACTIVITY & WELLNESS CENTER



NOVEMBER MENU

Mon	Tue	Wed	Thu	Fri
3 Chicken Rice Casserole Broccoli Baby Carrots Fresh Baked Biscuit Cherry Crisp	4 Beef Stew Whole Kernel Corn Tossed Salad/ W Dressing Cornbread	5 Baked Pineapple Ham Scalloped Potatoes Sugar Snap Peas Whole Wheat Roll Mandarin Oranges	6 Meatloaf Potatoes/Brown Gravy Sonoma Vegetables Whole Wheat Roll Peach Crisp	7 Apple Honey Chicken Sweet Potatoes Green Beans Pumpkin Dessert
10 Chili W/Crackers Whole Kernel Corn Garden Salad W/ Dressing on Side Fruit Pie	Veterans Day 	12 Grilled Chicken Club W/ Lettuce & Tomato Baked Sw. Potato Fries Broccoli Slaw Fresh Fruit	13 Chicken Fried Steak Potatoes/Cream Gravy Sonoma Vegetables Fresh Baked Biscuit Farmhouse Cake	14 Fish Pinto Beans Seasoned Greens Green Tomato Relish Hushpuppies Peach Crisp
17 Pinto Beans w/Ham Potatoes & Onions Seasoned Greens Cornbread Apple Crisp	18 Chopped Beef Steak w/ Mushrooms Potatoes / Br. Gravy Whole Kernel Corn Spiced Peaches & Cranberries	19 Gourmet Chicken Mashed Potatoes Sonoma Vegetables Fresh Baked Roll Macadamia Cookie	Thanksgiving Lunch Roasted Turkey Breast w/ Cornbread Stuffing Green Bean Casserole Sweet Potato Cass. Cranberry Salad Pumpkin Pie	21 Tomato Soup Pimento Cheese Sand Broccoli Salad Crackers Fresh Fruit
24 Fish Potatoes & Onions Creamy Coleslaw Green Tomato Relish Hushpuppies Fruit Crisp	25 Chicken Pot Pie Mashed Potatoes Garden Salad W/ Dressing Carrot Cake	26 Grilled Hamburger Lett/Tom/Pickle/Onion Baked Tater Tots Watermelon Wedges Fresh Baked Cookie		28 CLOSED For Thanksgiving Holiday
\$5.00 Suggested Donation for 60+ \$8.00 Charge for under 60 eating on site \$8.50 All Carry out	Lunch served 11:30—12:15 Mon-Fri			



Benton County
 Senior Activity & Wellness Center
 3501 SE L Street
 Bentonville, AR 72712

 479-273-7348
 Mon—Thurs 8:00—4:00

The Aging Experts

**Do you have questions or
need services for senior adults?**

In-Home Services • Senior Activity Centers
 Home Delivered Meals • Family Caregiver Assistance
 Personal Emergency Response System • Incontinence Supplies
 Housing • Veteran Directed Program


**Area Agency on Aging
of Northwest Arkansas**
 1510 Rock Springs Road
 Harrison, Arkansas
 800-432-9721 or 870-741-1144
www.aanw.org

This institution is an equal opportunity provider and employer. EEO Employer/AA/M/F/VET/Disabled

NOVEMBER

2025

ACTIVITIES

Mon	Tue	Wed	Thu	Fri
3 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes Exercise Equipment EVERYDAY	4 9:00 Casino Day Cherokee 9:30 AF Exercise Deaf Seniors Group	5 10:30 Ageless Grace 9:00 Walmart	6 8:45 Dollar Tree & Samaritan House Shopping 9:30 AF Exercise 10:15 Bible Study	7 10:30 Ageless Grace 9:30 Beanbag Baseball Practice Every Friday
10 9:30 BINGO 11:00 Bridge 11:00 Veterans Day Celebration 	11 VETERANS DAY CLOSED	10:30 Ageless Grace 9:00 Walmart 10:00 Prairie Roads Band	13 9:30 Branson Show & Lunch 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music	14 10:30 Ageless Grace 9:30 Beanbag Baseball Practice
17 9:30 BINGO 11:00 Bridge 10:30 to 2:00 Free Hearing Clinic	18 9:30 AF Exercise Deaf Seniors Group 10:00 Bean Bag Baseball w/ Lowell	10:30 Ageless Grace 9:00 Walmart 11:00 Games with Phil & Sandi 3:45 Dinner Out	20 9:30 AF Exercise 10:15 Bible Study 11:30 Thanksgiving Lunch	21 10:30 Ageless Grace Inspirations Concert & Lunch Leave @ 11:00am 
24 9:30 BINGO 11:00 Bridge	25 9:30 AF Exercise 12:30 Malco Theater Matinee	26 10:30 Ageless Grace 9:00 Walmart 10:15 Painting With Kathy	27 THANKSGIVING CLOSED	28 CLOSED
Suggested Donation for Transportation \$3 to \$10 Based on Destination	Cards, Pool, Dominoes, Exercise Equipment Available Everyday			



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DECEMBER LOOK AHEAD ➡

Praisefest Branson Joy Festival

Christmas Lights Trips

Dinner Out at Golden Corral

Joplin Christmas Market & Lunch