



October  
VOLUME  
2025  
Issue 10



ARKANSAS  
community foundation

TWIN LAKES

Open

Monday-Friday

8am-3:30pm

870-425-7585

## BAXTER HOUSE ADULT DAY CARE SERVICES

Now Offering at 1pm

### Thursdays:

Personal Care Day:  
Hair washing, style  
and personal hygiene

### Fridays:

Independent Living  
skills Day: finger  
foods, and nutrition  
education



October Birth-  
days  
Beth 2nd



*Thank You for the Generous Donations!*

*Lowes, Manager Chris for donation of a new prelit Christmas Tree and Stockings for the upcoming holiday*

*Home Depot, manager Jessie for a \$50 gift certificate*

*Pastor Johnny from Twin lakes Church of the Nazarene for the continued donations of disinfectants, papertowels and most of all his time and fellowship with our clients*

*Pizza Hut manager Micheal for 3 pizzas*

*Special thank you to Mr and Mrs Edmonds for years of support to our program*





Baxter  
House  
Adult Day Care

1101-3 Spring Street (Cooper Park)  
P. O. Box 932  
Mtn, Home, Arkansas 72654-0932

Your Home Away From Home  
Phyllis Votava Center Director

Phone: 870-425-7585  
Fax: 870-425-0894  
baxterhouseadc@aanwar.org

WE CARE ABOUT YOU !

## Baxter House Weekly Activity Schedule:

8:00 We open with coffee and a light breakfast for clients arriving early. Socializing, Daily News, word search and cross word puzzles.  
9:00 Walking in the park, weather permitting or exercising inside.  
10:00 Tuesdays-Therapy Dog ,All other days games, crafts, etc..  
11:00 Pledge of allegiance followed by lunch prayer. Time for lunch!  
12:00 Rest time, reading and/or trivia.  
1:00 Various guests volunteer their time with music and fellowship.  
When no guests are scheduled clients engage in karaoke, crafts, games, trivia or a walk in the park.  
2:00 Snack time and celebration of birthdays and holidays  
2:30-3:30 Clients begin to leave but for those who remain we complete any craft projects begun earlier in the day, board games, table games and puzzles, as well as a stroll in the park if the weather is nice.


## VAN MATRE SENIOR CENTER LUNCH MENU

\* All Menu Items are subject to change according to seasonality and availability \*  
Check our Facebook account weekly for updated lunch changes

Under 60 & Carry-out  
meals: \$8.00 (tax included)

October 2025

Monday - Friday  
11:00 AM - 12:00 PM  
60 years or older  
Suggested donation \$4.00

MON	TUES	WED	THURS	FRI
		1	2	3
		Turkey Sweet potatoes Spinach Roll Cookie	Chicken Salad Potato salad Breadstick Cake	Mushroom Swiss Hamburger Lettuce & tomato Tater Tots Ice cream
6	7	8	9	10
Broadwurst links Romanoff noodles Saucesd peppers & onions Roll Cake	Salisbury steak Au gratin potatoes Prince Edward vegetables Roll Pudding	Cream of Broccoli soup Crackers Turkey & cheese sandwich Mixed vegetables Fruit	Chicken Mushroom rice Broccoli florets Roll Fruit	Beef Chili w/beans Baked potato Salad Roll Fruit
13	14	15	16	17
Chicken w/gravy Onessing Mixed vegetables Roll Blushing peters	Tuna noodle casserole Green peas Roll Cookie	Pork chop Parslied potatoes Orange Beets Roll Cake	Cheese Pasta Italian vegetable blend Roll Fruit	BBQ Pork Corn casserole Brussels Sprouts Medley Roll Fruit
20	21	22	23	24
Sliced ham Mac & cheese Cabbage Roll Fruit	Tuna Salad sandwich Crispy waffle fries Carrots Spiced apricots	Meadloaf Roasted red potatoes Capri vegetable blend Roll Cake	Beef stroganoff Egg noodles Peers & mushrooms Roll Diced apples	Fried chicken strips Mashed potatoes casserole Spinach Cornbread Cobbler
27	28	29	30	31
Baked chicken Mashed potatoes Green peas Roll Fruit	Vegetable lasagna Salad Roll Cake	Turkey Mashed cauliflower Green beans Roll Fruit	Pork loin Potatoes Cabbage Roll Fruit	Fried chicken steak Mashed potatoes w/ gravy Mixed vegetables Roll Muffin

PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON



# EXERCISE -OCTOBER 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 CATCH	2 PARACHUTE	3 DARTS	4
5	6 BALLOON TENNIS	7 HORSESHOES	8 DANCE	9 HAND WEIGHTS	10 MARCHING BAND	11
2	13 HAND WEIGHTS	14 CATCH	15 STRETCH IT OUT	16 DARTS	17 DRUMS LINE	18
	20 DANCE	21 STRETCH	22 CHAIR EXERCISE	23 BASEBALL	24 INSTRUMENTS	25
	27 PARACHUTE	28 BALLOON TENNIS	29 CATCH	30 HORSESHOE	31 HAND WEIGHTS <i>Halloween</i>	



## Baxter County Events

October 1st on Mondays and  
Wednesdays Yoga for adults  
Baxter Library 4-5pm

October 4th 1st Annual twin  
lakes Arktoberfest 9am-2pm  
Ramada Inn in Mountain home

October 8th Sourdough Autumn  
Treats 5pm-630pm Baxter  
Library

October 8th Tab Benoit & Band  
&pm at the Sheid 7pm ASUMH

October 14th Pumpkin Painting  
4pm-5pm Baxter Library

October 19th Trunk or Treat  
5:30Pm St Peters Catholic  
Church

October 24th Charouterie Board  
Class 1pm-2:30pm Baxter  
Library

Need current Library card and  
register for events to attend

### October Wish List

Craft supplies, paint, glue. Sponges, Holiday  
crafts and Kleenex.



Currently excepting pumpkins  
(to draw and carve) Halloween  
games and crafts, Soft soap  
refills, Fabric softener  
sheets and to go coffee cups

### We can Help...

Baxter House Adult Day Care Offers  
The Following

Benefits for Clients and Caregivers

Flexible Hours—come when you need. Open  
8:00am-3:30pm,

Monday-Friday

Hot lunch and snacks daily

Activities, games and exercises designed with  
the client in mind

Volunteers that provide music, pet therapy,  
bingo, and

interactive socialization activities

Home like environment for socialization

Small client to staff ratio, allowing for  
quality individual

attention

Trained and Certified Staff

Large secured facility allowing plenty of  
room to move around.

Phyllis Votava at 870-425-7585, or come  
by for a tour.

We are at 1101-3 Spring Street (Cooper Park)  
See why our clients Love to visit Baxter House  
Adult Day Center.