

Prairie Grove SAWC October 2025 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
AARP Safe Driving Course Oct. 10th from 10-2 at Farmington Public Library. For more information call Pat Parish at 501-350-6342.	Chili in The Grove October 18th Arkansas State Chili Championship For more Info call 479-846-2794	1 9:00 Low Impact Exercise Class Card Games Dominoes Puzzle Table	2 9:30 Chair Volleyball 12:30 Beanbag Baseball 5:30 Dinner Out at Pizza Navona	3 9:00 Low Impact Exercise Class 12:30 Bridge Card Games Dominoes
6 9:00 Low Impact Exercise Class 9:30 Beanbag Baseball 12:30 Jim and Friends Dance Concert	7 9:30 Canasta Puzzle Table Card Games Dominoes	8 9:00 Low impact Exercise Class 12:30 Craft Day Card Games Dominoes	9 9:30 Bingo 12:30 Beanbag Baseball 12:30 Pitch Card Games	10 9:00 Low Impact Exercise Class 12:30 Bridge Card Games Dominoes
13 9:00 Low Impact Exercise Class 9:30 Beanbag Baseball 12:30 Trivia Contest Card Games	14 9:30 Canasta Card Games Dominoes Puzzle Table	15 9:00 Low Impact Exercise Class Card Games Dominoes Birthday Celebration!!!	16 9:30 Chair Volleyball 12:30 Beanbag Baseball at Lincoln 12:30 Pitch Card Games	17 9:00 Low impact Exercise Class 12:30 Bridge Card Games Dominoes
20 9:00 Low Impact Exercise Class 9:30 Beanbag Baseball 12:30 Jim and Friends Dance Concert	21 9:30 Canasta Card Games Dominoes Puzzle Table	22 9:00 Low Impact Exercise Class Dominoes Puzzle Table Card Games	23 9:30 Bingo 12:30 Beanbag Baseball 12:30 Pitch Card Games	24 9:00 Low Impact Exercise Class 9:00 AAA Medicare Open Enrollment 12:30 Bridge
27 9:00 Low Impact Exercise Class 9:30 Beanbag Baseball 12:30 Trivia Contest Card Games	28 9:30 Canasta Card Games Dominoes Puzzle Table	29 9:00 Low Impact Exercise Class 12:30 Movie Day Dominoes Puzzle Table	30 9:30 Chair Volleyball 12:30 Beanbag Baseball Dance Night \$5.00 Pizza 6PM Band 6:30	31 9:00 Low Impact Exercise Class 12:30 Bridge Card Games Dominoes

Prairie Grove SAWC October 2025 Lunch Menu

475 Ed Staggs Dr. Prairie Grove Ar. 72753 • (479) 846-2794

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Congregate and Home Delivered Meals: Suggested Donation Seniors 60+: \$4.00	Under 60 and all take out meals: \$8.00 TO GO ORDERS CALL (479) 846-2794 <u>Menu is subject to change due to availability</u>	1 Chef Salad Pasta Salad Crackers Fruit	2 Hamburger Fries Lettuce/Tomato Cookie	3 Eggs Sausage Biscuit & Gravy Sliced Tomatoes Cake
6 Salisbury Steak Mashed Potatoes Okra Roll Fruit	7 Baked Chicken Mac & Cheese Peas Roll Strawberries & Pound Cake	8 Sweet & Sour Chicken Fried Rice Broccoli Egg Roll Chocolate Pudding	9 Chili Baked Potato Corn Crackers Fruit	10 Tilapia New Potatoes and Green Beans Garlic Biscuit Roll Fruit
13 Cordon Bleu Rice Vegetable Blend Roll Fruit	14 Broccoli & Cheese Soup Turkey Sandwich Potato Salad Fruited Jello	15 Pork Roast Mashed Potatoes Peas & Carrots Roll Pistachio Fluff	16 Chicken Broccoli Casserole Vegetable Blend Roll Blackberry Cobbler	17 Pizza Salad Garlic Knot Roasted Apples
20 BBQ Pulled Pork Sandwich Potato Wedges Coleslaw Fruit	21 Steak Fingers Mashed Potatoes Corn Biscuit Brownies	22 Oven Fried Chicken Twice Baked Potato Casserole Okra Biscuit Fruit	23 Baked Ham Mac & Cheese Carrots Roll Fruit	24 Meatloaf Mashed Potatoes Green Beans Roll Carrot Cake
27 Beef Lasagna Cauliflower Garlic Knot Fruit	28 Turkey/ Dressing Sweet Potatoes Green Beans Roll Banana Pudding	29 Beef Tacos Mexican Rice Refried Beans Fruit	30 Potato Soup Chicken Salad Sandwich Broccoli Salad Fruit	31 Catfish Baked Potato Broccoli w/Cheese Hushpuppies Cookies