

# Newton County Senior Activity and Wellness Center

## OCTOBER 2025 MENU AND EVENTS

Phone 870-272-8263 Address 100 E Clark Street Jasper

Oct 3rd: Fish fry 2-6  
Oct 22nd: Zoom—Preventing Isolation  
Oct 24th: Fall Tour—with City of Jasper  
November 7th: Fish Fry 2-5  
November 11th: Closed—Veterans Day  
November 15th: Holiday Market  
Nov. 21st: Deadline to Order Bakesale Items  
November 25th: Thanksgiving Lunch  
November 26th: Pickup Bake Sale Items

### Employees:

Center Director—Nickie Henderson  
Food Service Manager—Linda Kilburn  
Kitchen Assistant—Keith Riffle  
Transport Operator—Sophia Fowler  
Transport Operator—Ron Lemley  
Dishwasher/Custodian—Dennis Rocolle  
Plus Many Wonderful Volunteers



### **Director's Corner:**

**The center is asking participants and the community for help meeting our new fundraising goal of \$99,448.21. We only receive 47% state and federal, the rest we rely on through donations.**

**Don't forget we still need to raise \$8,509.65 on our NEW VAN!**

**Great Big Thank You to the Marble Falls Gospel Church for coming to the center for music.**

**Participants Corner: Thought for the day: The most wanted of days is one without laughter.**

# OCTOBER 2025

(60 and over Dine In \$4 Donation Appreciated)

(Under 60 Dine In \$8.60 includes tax)

(Carry Out All Ages \$8.60 includes tax)

**Lunch Served Monday—Friday at 11:30 AM —  
12:00 870-272-8263**

**All meals include 8oz of 2%**

**Menu Subject to Change**



Mon	Tue	Wed	Thu	Fri
<b>Sept 29</b> <b>Fish Tacos</b> Black Bean - Corn Salad Fajita Vegetable Blend Melon Cubes	<b>Sept 30th</b> <b>Garlic Herb Pork Loin</b> Sweet Whipped Carrots Roasted Cauliflower Dinner Roll Mandarins with Toasted Coconut	<b>Oct 1</b> <b>Roast Beef Au Jus</b> Cheesy Potatoes Green Peas Dinner Roll Banana Crème Pie	<b>Oct 2</b> <b>Reuben Sandwich</b> Onion Rings Pea Salad Grapes	<b>Oct 3</b> <b>Lasagna with Meat sauce</b> Italian Vegetable Blend Breadstick Ice Cream
<b>6</b> <b>Bratwurst Links on Bun</b> Chips Sauerkraut Chocolate Cheese-cake	<b>7</b> <b>Maple Glazed Ham</b> Corn Pudding Greens Wheat Roll Pear Ginger Upside Down Cake	<b>8</b> <b>Salisbury Steak</b> Mashed Potatoes (Gravy) Prince Edward Vegetables Wheat Roll Pudding Parfait	<b>9</b> <b>Beef Chili with Beans</b> Baked Potato Tossed Salad Salad Dressing Cornbread Assorted Ice Cream	<b>10</b> <b>Crispy Baked Chicken</b> Spinach Souffle Baked Tomatoes Wheat Roll Cookie
<b>13</b> <b>Honey Mustard Chicken</b> Battered Corn Nuggets Green Beans Wheat Roll Mixed Berry Dessert Bar	<b>14</b> <b>Swiss Steak with Gravy</b> Garlic Mashed Potatoes Stewed Tomatoes Dinner Roll Coconut Bread Pudding	<b>15</b> <b>Turkey with Apple Normandy</b> Southern Sweet Potatoes Greens Wheat Roll Brownie	<b>16</b> <b>BBQ Pork Platter</b> Corn Casserole Brussel Sprouts Wheat Roll Peach Parfait	<b>17</b> <b>Roasted Chicken</b> Gravy Bread Dressing Mixed Vegetables Wheat Roll Blushing Pears
<b>20</b> <b>BBQ Pulled Pork Sandwich</b> Potato Wedges Calico Coleslaw Chocolate Pudding Parfait	<b>21</b> <b>Roast Beef Au Jus</b> Creamed Potatoes Steamed Vegetables Wheat Roll Cherry Pie	<b>22</b> <b>Italian Meatloaf</b> Roasted Garlic Red Potatoes (GRAVY) Capri Vegetable Blend Wheat Roll Blueberry Vanilla Cake	<b>23</b> <b>Country Pork Loin with Gravy</b> Scalloped Corn Brussel Sprouts Wheat Roll Fruit Gelatin with Marshmallows	<b>24</b> <b>Egg Salad Sandwich</b> Diced Potatoes Multi-Color Carrots Spiced Apricots
<b>27</b> <b>Tropical Baked Pork Chop</b> Risotto Squash Medley Wheat Roll Sherbet	<b>28</b> <b>Chicken Stuffed with Cornbread Dressing</b> Harvard Beets Roasted Broccoli Wheat Roll Fruit Crisp	<b>29</b> <b>Herbed Turkey</b> Garlic Mashed Cauliflower Green Beans Wheat Roll Apple Pie	<b>30</b> <b>Marinated Pork Loin</b> Mashed Potatoes Calico Cabbage Wheat Roll Apricot Fruit	<b>31</b> <b>Beef Brisket</b> Potato Wedge Bake Beans Wheat Roll Cookie

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sept 29</b> <b>BEAN BAG BASEBALL PRACTICE @ 9</b>	<b>Sept 30th</b> <b>Pool @10</b> <b>Bible Study @ 10 :30</b>	<b>Oct 1st</b> <b>Harrison 8:00</b> <b>(meet at Jasper)</b> <b>Bean Bag Baseball Practice @12:15 pm</b>	<b>Oct 2nd</b> <b>Pool @10</b> <b>Bingo/ Games @10</b>	<b>Oct 3rd</b> <b>Fish Fry 2-6PM</b>
<b>6</b> <b>BEAN BAG BASEBALL PRACTICE @ 9</b>	<b>7</b> <b>Pool @10</b> <b>Bible Study @ 10 :30</b>	<b>8</b> <b>Bean Bag Baseball Practice @12:15 pm</b>	<b>9</b> <b>Pool @10</b> <b>Bingo/ Games @10</b>	<b>10</b>
<b>13</b> <b>BEAN BAG BASEBALL PRACTICE @ 9</b> <b>Ambassador Meeting @9:00 am</b>	<b>14</b> <b>Pool @ 10</b> <b>Bible Study @ 10:30</b>	<b>15</b> <b>Harrison 8:00</b> <b>(meet at Jasper)</b> <b>Bean Bag Baseball Practice @12:15 pm</b>	<b>16</b> <b>Pool @ 10</b> <b>Singing @ 10:30 Loy/ Helen</b>	<b>17</b>
<b>20</b> <b>BEAN BAG BASEBALL PRACTICE @ 9</b>	<b>21</b> <b>Pool @10</b> <b>Bible Study @ 10:30</b>	<b>22</b> <b>Zoom @ 10:30</b> <b>Preventing Social Isolation</b>	<b>23</b> <b>Harrison 8:00</b> <b>(meet at Jasper)</b>	<b>24</b> <b>Fall Color Tour</b> <b>Signup with City of Jasper</b>
<b>27</b> <b>BEAN BAG BASEBALL PRACTICE @ 9</b>	<b>28</b> <b>Pool @10</b> <b>Bible Study @ 10:30</b>	<b>29 BBB-Harrison</b> <b>Harrison 8:00</b> <b>(meet at Jasper)</b> <b>Bean Bag Baseball Practice @12:15 pm</b>	<b>30</b> <b>Pool @ 10</b> <b>Bingo/ Games @10</b>	<b>31</b>

Newton County Senior Activity and Well ness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Western Grove	Mt Judea-Vendor	Mockingbird Hill Deer-Nail-Lurton –biweekly	Shiloh-Parthenon-Murray-Mt Sherman	Jasper city limits
Jasper city limits	Jasper city limits	Jasper city limits	Jasper city limits	Jasper city limits

# October 2025

## Newton County Senior Activity and Wellness Center

### DRIVE THRU OR DINE IN FISH FRY

2:00 PM—6:00 PM

October 3rd

\$11

HAND BREADED FRIED FISH OR  
CHICKEN STRIPS WITH THE FXINS

Additional fish is now \$2.00 a piece  
or 10 for \$15.00

(For June, July, & August  
we will be serving until 6PM)

Join Live  
October 22, 2025  
@ 10:30am CST

PREVENTING SOCIAL  
ISOLATION & LONELINESS  
IN OLDER ADULTS

Join Zoom Meeting  
<https://uams.zoom.us/j/7779948897>  
<https://www3.sco.nj.net/eq/permth/qwq1>

Scan to join  
meeting on your  
mobile device

Register by  
scanning the  
QR code  
or visit  
<https://redcap.link/q488sofq>

UAMS  
University of Maryland System  
University of Maryland System  
University of Maryland System

CLARKSON  
CENTER  
ON AGING

Funding for these programs are made possible by AGING & Health Research & Services Administration Grants for Workforce Enhancement  
Program under grant #U01AG053564

Spare Change Challenge

## CHANGE IS

## ~~F~~ GOOD

We will have jar set around  
town or drop off at center



Did you know one little snip of a  
label could help us raise money.  
All we need is the bar code off Best  
Choice Products

