

OCTOBER MENU 2025

Mon	Tue	Wed	Thu	Fri
\$5.00 Suggested Donation for 60+ \$8.00 for under 60 eating on site \$8.50 carry out	Breakfast Served on Wednesday's at 8:30 am Lunch served M-F from 11:45-12:30	1 Pulled Pork Sandwich Potato Chips Baked Beans Spiced Peaches	2 Pot Roast w/ Onions Potatoes, Carrots Corn Hot Roll Sunshine Cake	3 Chicken Quesadilla Refried Beans Chips & Salsa Brownie
6 Chicken Tenders Potatoes w/Gravy Fried Okra Hot Roll Fruit	7 Ham & Beans Fried Potatoes Coleslaw Cornbread Blueberry Butter Bar	8 Grilled Chicken Sandwich Onion Rings Mixed Vegetables Cookie	9 Smoked Sausage Baby Baked Potatoes Green Beans Cornbread Cake	10 Lasagna Italian Vegetables Garlic Bread Cinnamon Apples
13 Frito Pie w/ Chez / Lett / Tom Chuckwagon Corn Spiced Peaches	14 Chicken Fried Chicken Potatoes & Gravy Peas & Carrots Hot Roll Banana Pudding w/ Vanilla Wafers	15 Cheeseburger w/ Lett / Tom / Onion Tater Tots Baked Beans Fruited Jello	16 Breaded Cod Potatoes & Onions Spinach Cornbread Cookie	17 Beef Soft Tacos Spanish Rice Refried Beans Farmhouse Cake
20 Chicken Alfredo Green Beans Garlic Bread Lemon Bar	21 Veggie Beef Soup 1/2 Grilled Cheese Crackers Buttermilk Cake	22 Sweet/Sour Chicken Veggie Fried Rice Eggroll Mandarin Oranges	23 Baked Potato w/ Ham & Cheese Garden Salad Hot Roll Fruit Cocktail Cake	24 Tater Tot Casserole Peas Hot Roll Cookie
27 Chicken Pot Pie Garden Salad Spiced Peaches & Cranberries	28 Broccoli & Cheese Soup Turkey Sandwich Fruit Crisp	29 Cheese Ravioli w/ Meat Sauce Capri Vegetables Garlic Bread Pineapple Dessert	30 Open Faced Turkey Sandwich Mashed Potatoes Mixed Vegetables Cookie	31 Chili w/ Crackers or Cornbread Fiesta Corn Halloween Dessert



OUR HEALTHY COMMUNITIES

Madison County Senior Activity & Wellness
Center

903 N College St

Huntsville, AR 72740

479-738-2750

This institution is an equal
opportunity provider and
employer. EEO Employer
AA/M/F/VET/Disabled

OCTOBER ACTIVITIES 2025

Mon	Tue	Wed	Thu	Fri
Walking Group Meet at 10 am on Monday's & Wednesday's	Suggested Van Ride is \$3.00-\$10.00 Based on Destination	1 Breakfast 8:30 am Chair Volleyball 10 am	2 Silver Sneakers 8:30 am Tai Chi 9:45 am Spades Tournament Starts at 9 am	3 Bingo 10 am Sponsored by Arvest
6 Horseshoes 9 am Bible Study 10:30 am	7 Highlighters 10 am Silver Sneakers 8:30 am Tai Chi 9:45 am Art Class 1:00 pm	8 Breakfast 8:30 am Marion Johnson Band 10 am	9 Boulder Creek Band 10:00 am Silver Sneakers 8:30 am Tai Chi 9:45 am	10 Bingo 10 am Sponsored by Aurora Church of Christ
13 Horseshoes 9 am Bible Study 10:30 am	14 Silver Sneakers 8:30 am Tai Chi 9:45 am Art Class 1:00 pm	15 Breakfast 8:30 am In the Pines Pumkin Patch Leave at 10 am	16 Silver Sneakers 8:30 am Tai Chi 9:45 am Beanbag Baseball Scrimmage 10 am	17 Bingo 10 am Sponsored by Legacy
20 Horseshoes 9 am Lady Bug Meeting 12:30 pm Bible Study 10:30 am	21 FLU SHOTS 10 am Silver Sneakers 8:30 am Tai Chi 9:45 am Art Class 1:00 pm Wii Bowling 10 am	22 Breakfast 8:30 am Marion Johnson Band 10 am	23 Boulder Creek Band 10:00 am Silver Sneakers 8:30 am Tai Chi 9:45 am Dinner Out Wagon Wheel Leave at 4:00pm	24 Bingo 10 am Sponsored by Madison County Record
27 Horseshoes 9 am Retired Secretaries meeting 11:00 am	28 Silver Sneakers 8:30 am Tai Chi 9:45 am Art Class 1:00 pm	29 Breakfast 8:30 am Aldi's & Tyson Store-Leave at 9:00 am	30 Silver Sneakers 8:30 am Tai Chi 9:45 am Wii Bowling 10 am	31 Bingo 10 am Sponsored by Devoted Health