



October Menu

Mon	Tue	Wed	Thu	Fri
Ages 60+ Suggested Meal Donation \$5.00 \$8.00 For Under 60 Eating @ Senior Center \$8.50 For All Take Out	Come join us for Breakfast every Friday Morning from 8:00am to 9:00am Price: Donation Lunch served daily: 11:30am-12:15pm	1 Chicken Tetrizzini Broccoli & Cauliflower Harvard Beets Bread Stick Birthday Cake	2 Pork Cutlet Au Gratin Potatoes Green Peas Roll Cherry Whip	3 Reuben Sandwich Potato Soup Crackers Strawberry Applesauce
6 Chicken & Dumplings Glazed Carrots Spinach Biscuit Peaches	7 Hoppin Johns Creole Tomatoes Cornbread Cantaloupe	8 Biscuit & Gravy Scrambled Eggs Sausage Links Hash Brown Blueberry Muffin Banana	9 Spaghetti & Meatballs Parmesan Ranch Zucchini Marry Me Salad Bread Stick Cheesecake	10 Beef Enchiladas Spanish Rice Refried Beans Tropical Strawberry Split Cake
13 Swiss Steak Roasted Red Potatoes Capri Mixed Vegetables Roll Moon Pie	14 Chicken Salad Sandwich Broccoli Soup Crackers Fruit Parfait	15 Shepherds Pie Brussels Sprouts Bread Pistachio Salad	16 Sliced Turkey w/Gravy Baked Sweet Potato Broccoli Roll Ambrosia	17 Pulled Pork on Bun w/Pickles Creamy Cheesy Corn Fried Okra Apple Blossom
20 Beef Stroganoff over Noodles Monterrey Vegetables Bread Pears & Blueberries	21 Crispy Coconut Chicken Jasmine Rice Stir Fry Vegetables Egg Roll Mandarin Oranges	22 Chili Creamy Cucumber Salad Cornbread Sherbet	23 Apple Butter Glazed Pork Chop Black Eyed Peas Fried Cabbage Roll Fruit Medley	24 Cheeseburger w/Lettuce, Tomato, Onions & Pickles Baked Beans Tater Tots Raspberry Zinger Cake
27 Chicken Tenders Macaroni & Cheese Lima Beans Biscuit Mixed Fruit	28 Stuffed Peppers Mashed Potatoes Yellow Squash Roll Italian Chocolate Cake	29 Sliced Ham Baked Potato Casserole Mixed Vegetables Roll Apple Crisp	30 Fish & Chips Cabbage Salad Key Lime Cloud Square	31 Witches Brew Stew Rotten Garden Salad Moldy Cornbread Vampire Poke Cake

Billy V. Hall Senior Activity & Wellness Center

1870 Limekiln Rd.
P.O. Box 1648
Gravette, AR 72736

Phone: 479-787-5950

Director - Melissa Provence
Email: director.gravette@ohcnwa.org

"Billy V. Hall Senior Activity & Wellness Center is an equal opportunity provider, and employer."
EEO Employer/AA/M/F/Vet/Disabled



The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

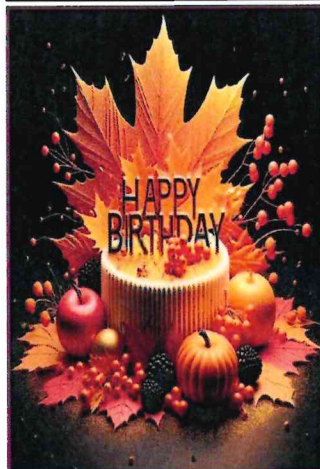


Area Agency on Aging
of Northwest Arkansas
1510 Rock Springs Road
Harrison, Arkansas
800-432-9721 or 870-741-1144
www.aaanwa.org



October Activities

Su	Mon	Tue	Wed	Thu	Fri	Sat
<p>Green-Exercise Blue-Regular Pink-Music Black-Games & Activities Red-Trips & Special Events Purple-Clubs</p>	<p>Hours of Operation: Monday - Thursday 8am to 4pm & Fridays 8am to 2pm.</p>	<p>Please Note— Activities are subject to change and are weather permitting.</p>	<p>1 10am-11am-PEPPI 11:30am-Birthday Recognition 12:30pm-4pm-Cards & Dominos 1pm-Beanbag Baseball</p>	<p>2 9:00am-(\$15.00) 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos</p>	<p>3 8am-9am-Breakfast 10am-11am-PEPPI 12:30pm-2pm-Cards & Dominos</p>	<p>4</p>
<p>5</p>	<p>6 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-Chair Volleyball 12:30pm-Cards/Dominos</p>	<p>7 10am-11:30am- Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30pm-Cards/Dominos 4pm-El Farolito Tex-Mex Restaurant @ Centerton </p>	<p>8 10am-11am-PEPPI 12:30pm-Golf Mountain Mini Golf @ Rogers & Braum's @ Bentonville 12:30pm-4pm-Cards & Dominos</p>	<p>9 10am-Watercolor Class w/Sheila (\$10.00) 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos</p>	<p>10 8am-9am-Breakfast 10am-11am-PEPPI 10am-11:30am-Country Edge 12:30pm-2pm-Cards & Dominos</p>	<p>11</p>
<p>12</p>	<p>13 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-4pm-Cards & Dominos 1:30pm-Beanbag Baseball</p>	<p>14 10am-11:30am- Music by Gary Mucci 12:30pm-Ageless Grace 12:30pm-Cards/Dominos 1:30pm-Aldi & Walmart @ Siloam</p>	<p>15 9:30am-Jewelry Class w/Michelinda (\$10.00) 10am-11am-PEPPI 12:30pm-Cards/Dominos 1pm-Super Noggin</p>	<p>16 10am-Wii Bowling w/Siloam @ Gravette 12:30pm-4pm-Cards & Dominos 4:30pm-Game Night</p>	<p>17 8am-9am-Breakfast 9:30am-11:30am-Prairie Roads Band 10am-11am-PEPPI 12:30pm-2pm-Cards & Dominos</p>	<p>18 Essential Give Away 10am-11am @ Senior Center</p>
<p>19</p>	<p>20 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-4pm-Cards & Dominos</p>	<p>21 10am-11:30am- Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos</p>	<p>22 10am-11am-PEPPI 12:30pm-4pm-Cards & Dominos 1pm-Fall Crafting (All Supplies Provided)</p>	<p>23 10am-Watercolor Class w/Sheila (\$10.00) 12:30pm-Ageless Grace 12:30pm-Cards & Dominos 4pm-Farmland Adventures @ Springdale</p>	<p>24 8am-9am-Breakfast 10am-11am-PEPPI 12:30pm-Chair Volleyball 12:30pm-2pm-Cards & Dominos</p>	<p>25</p>
<p>26</p>	<p>27 9:30-11:30am-Blood Pressure 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-Cards/Dominos</p>	<p>28 10am-BINGO 12:30pm-Ageless Grace 12:30pm-4pm-Cards & Dominos 5pm-Pizza Night</p>	<p>29 10am-11am-PEPPI 10am-11:30am-Country Edge 12:30pm-Cards/Dominos 1pm-Super Noggin</p>	<p>30 11am-Ambassador Meeting 12:30pm-Ageless Grace 12:30pm-Cards & Dominos 1:30pm-Beanbag Baseball</p>	<p>31 8am-9am-Breakfast 10am-Fall Party 10am-11am-PEPPI 12:30pm-2pm-Cards & Dominos</p>	



Beverly Carter	Jody Peterson
Sharon Clements	Billy Porch
Christine Fairchild	Ron Rose
Yasha Holt	Teresa Sales
Snooky Garrett	Everett Sanders
Sandra Grover	Linda Schmitz
Gaylene Hall	Wesley Thorn
Bonnie Holloway	Lotus Ward
Earl Leonard	JD Wells
Lana Moeller	Roy Worley
Susan Mullen	Marie Wynn
Rhonda Petterson	

Don't miss it!

Tuesday, Oct. 7th @ 4pm -

Eat Out at El Farolito Tex-Mex Restaurant @ Centerton

Wednesday, Oct. 8th @ 12:30pm -

Golf Mountain Mini Golf @ Rogers & Braum's @ Bentonville

Wednesday, Oct. 15th @ 1pm- Super Noggin @ Senior Center

Wednesday, Oct. 22nd @ 1pm -

Fall Crafting @ Senior Center (All Supplies Provided)

Thursday, Oct. 23rd @ 4pm -

Farmland Adventures @ Springdale

Wednesday, Oct. 29th @ 1pm- Super Noggin @ Senior Center

Friday, Oct. 31st @ 10:00am- Fall Party