

# Prairie Grove SAWC September 2025 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <i>Closed for Labor Day</i>	<b>2</b> <i>9:30 Canasta</i> <i>Card Games</i> <i>Dominoes</i> <i>Puzzle Table</i>	<b>3</b> <i>9:00 Low Impact Exercise Class</i> <i>Card Games</i> <i>Dominoes</i> <i>Puzzle Table</i>	<b>4</b> <i>9:30 Chair Volleyball</i> <i>12:30 Beanbag Baseball</i> <i>5:30 Dinner Out at Catfish Hole</i>	<b>5</b> <i>9:00 Low Impact Exercise Class</i> <i>12:30 Bridge</i> <i>Card Games</i> <i>Dominoes</i>
<b>8</b> <i>9:00 Low Impact Exercise Class</i> <i>9:30 Beanbag Baseball</i> <i>12:30 Jim and Friends Dance Concert</i>	<b>9</b> <i>9:30 Canasta</i> <i>Puzzle Table</i> <i>Card Games</i> <i>Dominoes</i>	<b>10</b> <i>9:00 Low impact Exercise Class</i> <i>Puzzle Table</i> <i>Card Games</i> <i>Dominoes</i>	<b>11</b> <i>9:30 Bingo</i> <i>12:30 Beanbag Baseball</i> <i>12:30 Pitch</i> <i>Card Games</i>	<b>12</b> <i>9:00 Low Impact Exercise Class</i> <i>12:30 Bridge</i> <i>Card Games</i> <i>Dominoes</i>
<b>15</b> <i>9:00 Low Impact Exercise Class</i> <i>9:30 Beanbag Baseball</i> <i>12:30 Trivia Contest</i> <i>Birthday Celebration!!!</i>	<b>16</b> <i>9:30 Canasta</i> <i>Card Games</i> <i>Dominoes</i> <i>Puzzle Table</i>	<b>17</b> <i>9:00 Low Impact Exercise Class</i> <i>Card Games</i> <i>Dominoes</i> <i>Puzzle Table</i>	<b>18</b> <i>9:30 Chair Volleyball</i> <i>12:30 Beanbag Baseball at Lincoln</i> <i>12:30 Pitch</i> <i>Card Games</i>	<b>19</b> <i>9:00 Low impact Exercise Class</i> <i>9:00 Beanbag Baseball World Series at Harrison</i> <i>12:30 Bridge</i>
<b>22</b> <i>9:00 Low Impact Exercise Class</i> <i>9:30 Beanbag Baseball</i> <i>12:30 Jim and Friends Dance Concert</i>	<b>23</b> <i>9:30 Canasta</i> <i>Card Games</i> <i>Dominoes</i> <i>Puzzle Table</i>	<b>24</b> <i>9:00 Low Impact Exercise Class</i> <i>12:30 Movie Day</i> <i>Dominoes</i> <i>Puzzle Table</i>	<b>25</b> <i>9:30 Bingo</i> <i>12:30 Beanbag Baseball</i> <i>Dance Night \$5.00</i> <i>Pizza 6PM Band 6:30</i>	<b>26</b> <i>9:00 Low Impact Exercise Class</i> <i>10:00 Salt</i> <i>12:30 Bridge</i> <i>Card Games</i>
<b>29</b> <i>9:00 Low Impact Exercise Class</i> <i>9:30 Beanbag Baseball</i> <i>12:30 Trivia Contest</i> <i>Card Games</i>	<b>30</b> <i>9:30 Canasta</i> <i>Card Games</i> <i>Dominoes</i> <i>Puzzle Table</i>	<b>Joke of the Month</b> What's the best time to go to the Dentist? Tooth Hurty!!! HAHAAHA!!!	<b>Coffee ready at 8AM</b>	<b>Hours of Operation</b> <i>Monday—Friday</i> <i>8AM—4:30 PM</i>

# Prairie Grove SAWC September 2025 Lunch Menu

475 Ed Staggs Dr. Prairie Grove, AR. 72753 • (479) 846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Closed for Labor Day</b>	<b>2</b> Chopped Steak Mashed Potatoes Green Beans Roll Fruit	<b>3</b> Pork Chops Rice Vegetable Blend Roll Brownies	<b>4</b> Hamburger Tater Tots Lettuce/Tomato Fruit	<b>5</b> Catfish Pinto Beans Coleslaw Hushpuppies Cake
<b>8</b> Chicken & Dump- lings Mixed Veggies Roll Fruit	<b>9</b> Turkey & Dress- ing w/Gravy Sweet Potatoes Green Beans Roll Cherry Dream Squares	<b>10</b> Beef Fingers Mashed Potatoes Corn Biscuit Fruit	<b>11</b> Chicken Broc- coli Casserole Vegetable Blend Roll Apple Crisp	<b>12</b> Ham & Bean Soup Cornbread Okra Fruit
<b>15</b> Pot Roast Baby Bakers Carrots Roll Fruit	<b>16</b> Beef Tacos Brown Beans Mexican Rice Fruit	<b>17</b> Ham Scalloped Potatoes Cabbage Roll Pistachio Cake	<b>18</b> Meatloaf Mashed Potatoes Corn Roll Fruit	<b>19</b> Tilapia New Potatoes and Green Beans Garlic Biscuit Cookie
<b>22</b> Stuffed Bell Peppers Carrots Roll Fruit	<b>23</b> Sweet & Sour Chicken Fried Rice Vegetable Blend Egg Roll Possum Pie	<b>24</b> Ham Scrambled Eggs Biscuit and Gravy Fried Taters Orange Juice	<b>25</b> Catfish Baked Potato Broccoli w/Cheese Hushpuppies Lemon Bars	<b>26</b> Salisbury Steak w/Peppers & Onions Mashed Potatoes Corn Roll Fruit
<b>29</b> Pulled Pork Sandwich Baked Beans Coleslaw Fruit	<b>30</b> Potato Soup Turkey & Cheese Sandwich Broccoli Salad Banana Pudding		<b>Congregate and  Home Delivered  Meals:  Suggested Donation  Seniors 60+: \$4.00</b>	<b>Under 60 and all take  out meals: \$8.00  TO GO ORDERS CALL  (479) 846-2794</b> <i>Menu is subject to change  due to availability</i>