



September
VOLUME
2025
Issue 9



ARKANSAS
community foundation
TWIN LAKES

Open
Monday-Friday
8am-3:30pm
870-425-7585

BAXTER HOUSE ADULT DAY CARE SERVICES



Birthdays
Kim, 14, Shirley-
21st

**Woo Pig
Soovie
Razorbacks!**

Now Offering at 1pm

Thursdays:

Personal Care Day:
Hair washing, style
and personal hygiene

Fridays:

Independent Living
skills Day: finger
foods, and nutrition
education

Daily low impact





Baxter
House
Adult Day Care

1101-3 Spring Street (Cooper Park)
P.O. Box 932
Mtn. Home, Arkansas 72654-0932

Your Home Away From Home
Phyllis Votava Center Director

Phone: 870-425-7585
Fax: 870-425-0894
baxterhouseadc@aanwar.org

WE CARE ABOUT YOU !

Baxter House Weekly Activity Schedule:

8:00 We open with coffee and a light breakfast for clients arriving early. Socializing, Daily News, word search and cross word puzzles.
9:00 Walking in the park, weather permitting or exercising inside.
10:00 Tuesdays-Therapy Dog, All other days games, crafts, etc..
11:00 Pledge of allegiance followed by lunch prayer. Time for lunch!
12:00 Rest time, reading and/or trivia.
1:00 Various guests volunteer their time with music and fellowship. When no guests are scheduled clients engage in karaoke, crafts, games, trivia or a walk in the park.
2:00 Snack time and celebration of birthdays and holidays
2:30-3:30 Clients begin to leave but for those who remain we complete any craft projects begun earlier in the day, board games, table games and puzzles, as well as a stroll in the park if the weather is nice.

Days to Celebrate in September

1. National Cherry Popover Day

2. World Coconut Day

3. Skyscraper Day

4. Eat an Extra Dessert Day

5. National Cheese Pizza Day

6. National Coffee Ice Cream Day

7. National Beer Lover's Day

8. International Literacy Day

9. National Teddy Bear Day

10. National Swap Ideas Day

11. Make Your Bed Day

12. National Chocolate Milkshake Day

13. National Kids Take Over the Kitchen Day

14. Eat a Hoagie Day

15. National Double Cheeseburger Day

16. National Guacamole Day

17. National Monte Cristo Day

18. Rice Krispies Treats Day

19. International Talk Like a Pirate Day

20. National Pepperoni Pizza Day

21. International Day of Peace

22. World Car-Free Day

23. National Great American Pot Pie Day

24. National Punctuation Day

25. National Cooking Day

26. National Pancake Day

27. Love Note Day

28. National Neighbor Day

29. National Coffee Day

30. National Hot Mulled Cider Day

the spruce

VAN MATRE SENIOR CENTER LUNCH MENU

* All Menu items are subject to change according to seasonality and availability *
Check our Facebook account weekly for updated lunch changes

Under 60 & Carry-out
meals \$8.00 (tax included)

September 2025

Monday - Friday
11:00 AM - 12:00 PM
60 years or older
Suggested donation \$4.00

MON	TUES	WED	THURS	FRI
1 Closed for Labor Day	2 Swedish meatballs Noodles Broccoli florets Wheat dinner roll Blushing pears	3 Sweet & sour pork Steamed rice Asian vegetable blend Roll Gelatin	4 Breaded fish filet Tartar sauce French fries Vegetable salad Wheat dinner roll Fruit	5 Mushroom Swiss Hamburger Lettuce & tomato Tater tots Ice cream
8 Pork cutlet Parslied potatoes Peas & mushrooms Roll Angel food cake	9 French beef sandwich Fries Sauteed peppers & onions Fruit	10 Turkey Dressing with gravy Succotash Roll Peaches	11 Stuffed Peppers Green beans Roll Brownie	12 Chicken & dumplings Mashed potatoes Green beans Roll Fruit
15 Chicken Cornbread dressing Spinach Roll Fruit	16 Ham steak Cream cheese corn Brussels sprouts medley Wheat dinner roll Chocolate pudding	17 Meatloaf Roasted potatoes Broccoli Wheat dinner roll Mandarin oranges	18 Crispy chicken salad Marinated cucumber Salad Wheat dinner roll Cookie	19 Breaded shrimp Macaroni & Cheese Broccoli Florets Wheat dinner roll Fruit
22 Lasagna with Meat sauce Italian vegetable blend Breadstick Ice cream	23 Turkey Dressing Brussels Sprouts Roll Cookie	24 Sliced ham Macaroni & cheese Greens Biscuit Brownie	25 Pork Sweet Carrots Cauliflower Roll Fruit	26 Pineapple chicken Fried rice Stir fry vegetable blend Fruit
29 Swedish meatballs Noodles Broccoli florets Wheat dinner roll Blushing pears	30 Breaded fish filet Tartar sauce French fries Vegetable salad Wheat dinner roll Fruit			

PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS: DAIRY, EGGS, WHEAT, SOYBEAN, NUTS, FISH, OR SHELLFISH.



Baxter County Events

Sept 5 **Baxter County Truck Pull**

Sept 6 **Baxter County Fair Parade**

Sept 9-13th **Baxter county Fair**

Sept 11 **Joshua Michael and the Dirt Road Saints 7PM**

Sept 13 **Lawn Mower Races**

Sept 13th **ASUMH Performing arts
Resurrection- A Journey Tribute**

Sept 25-27th
The Art Odyssey

October Wish List

Craft Supplies, Fall decorations, Gentle used sweaters, adult diapers and wipes, ladies pads, and Kleenex



Volunteers Always Welcome

Please contact us for application.
If you have time to share we could use your help.

We are excepting applications for part time staff as well.

We can Help...

**Baxter House Adult Day Care Offers
The Following**

Benefits for Clients and Caregivers

Flexible Hours—come when you need. Open
8:00am-3:30pm,

Monday-Friday

Hot lunch and snacks daily

Activities, games and exercises designed with
the client in mind

Volunteers that provide music, pet therapy,
bingo, and

interactive socialization activities

Home like environment for socialization

Small client to staff ratio, allowing for
quality individual

attention

Trained and Certified Staff

Large secured facility allowing plenty of
room to move around.

**Phyllis Votava at 870-425-7585, or come
by for a tour.**

We are at 1101-3 Spring Street (Cooper Park)
See why our clients Love to visit Baxter House
Adult Day Center.