




# August Menu

MON	TUE	WED	THU	FRI
<p><b>\$4 Suggested Donation for 60+ \$8 Charge for under 60 eating on site \$8.50 Charge for all take out</b></p>	<p><u>MENU SUBJECT TO CHANGE</u> <u>DUE TO</u> <u>SUPPLY CHAIN</u> <u>AVAILABILITY</u> <u>MUST CALL BY 9:30 AM</u> <u>FOR TO GO ORDERS</u></p>	<p>Drawing For Free Meal Ticket will be held at the end of the Month</p>		<p>1 Beef Stroganoff Green Beans Garlic Knots Apple Crisp</p>
<p>4 Chicken &amp; Rice Casserole Peas &amp; Carrots Fresh Baked Roll Vanilla Peaches</p>	<p>5 Brown Sugar Ham Sweet Potatoes Mixed Vegetables Cornbread</p>	<p>6 Blackened Chicken Alfredo Pasta Side Salad w/ dressing Peach Crisp Fresh Baked Roll</p>	<p>7 Cheeseburger w/Fixings French Fries Baked Beans Cookie</p>	<p>8 Chicken Salad Croissant Broccoli Salad Potato Chips Grapes</p>
<p>11 Salisbury Steak w/ Potatoes &amp; Gravy California Vegetables Fresh Baked Biscuit Strawberry Shortcake</p>	<p>12 Chicken Spaghetti Buttered Corn Garlic Bread Chocolate Chip Cookie</p>	<p>13 Ultimate BLT Sandwich Tater Tots Cowboy Pinto Beans Cherry Crisp</p>	<p>14 Chicken Caesar Salad w/Dressing &amp; Croutons Crackers Fresh Strawberries</p>	<p>15 Fried Catfish Potatoes/Onion Coleslaw Hushpuppies Green Tomato Relish</p>
<p>18 Lemon Pepper Chicken Wild Rice Fried Squash Whole Wheat Roll</p>	<p>19 Smothered Pork Chop Peas and Carrots Skillet Cornbread Apple Crisp</p>	<p>20 Lasagna w/Meat Sauce Spinach Salad Italian Veggies Garlic Bread</p>	<p>21 Chicken Tenders Macaroni and Cheese Seasoned Green Beans Orange Wedges</p>	<p>22 Turkey/Cheese Sandwich Vegetable Soup Spiced Pears Oatmeal Raisin Cookie</p>
<p>25 Toasted Cheese Ravioli w/Meat Sauce Capri Vegetables Garlic Bread Tiramisu</p>	<p>26 Meatloaf Mashed Potatoes/Gravy Buttered Corn Fresh Baked Biscuit Fresh Fruit</p>	<p>27 Chicken Cordon Bleu Scalloped Potatoes Spinach w/Bacon Fresh Baked Roll</p>	<p>28 Open Faced Roast Beef Sandwich Mashed Potatoes Capri Veggie Mix Blackberry Crisp</p>	<p>29 Biscuits &amp; Gravy Sausage Links Scrambled Eggs Blueberry Muffin</p>



Carroll County  
Senior Activity & Wellness Center  
202 West Madison Avenue  
Berryville, Arkansas 72616  
(870) 423-3265  
Monday - Thursday 8:00am-4:00pm  
Friday 8:00am-2:00pm

Suggested Meal Donation for those age 60 or older is \$4.00  
Lunch is served at 12:00pm  
MON - FRI  
PLEASE ARRIVE EARLIER THAN 12:00 PM FOR LUNCH





THE CARROLL COUNTY BREEZE

# August Activities

MON	TUE	WED	THU	FRI
SUGGESTED DONATION FOR VAN RIDES \$4-\$10 BASED ON DESTINATION	ALL ACTIVITIES ARE SUBJECT TO CHANGE AND ARE WEATHER- PERMITTING	Fundraiser Quilt Raffle Come get your Tickets Today \$1 = 1 Ticket \$5 = 6 Tickets \$10 = 13 Tickets Drawing will be Sept 30	Drawing For Free Meal Ticket will be held at the end of the Month	1 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles
4 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class  <u>10:00am-11:00am</u> Tai Chi Class	5 <u>10:00am-11:00am</u> Board & Card Games  <u>12:45pm-1:45pm</u> Walmart	6 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class  <u>800am</u> Bus Leaves for Harrison Shopping Trip	7 <u>8:30am-11:30am</u> Quilting Group  <u>10:00am-11:00am</u> BINGO!	8 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles
11 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class  <u>10:00am-11:00am</u> Tai Chi Class	12 <u>10:00am-11:00am</u> Board & Card Games <u>10:00am-11:00am</u> CRAFTY TUESDAY <u>12:45pm-1:45pm</u> Walmart	13 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class	14 <u>8:30am-11:30am</u> Quilting Group  <u>10:00am-11:00am</u> BINGO!	15 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles
18 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class  <u>10:00am-11:00am</u> Tai Chi Class	19 <u>10:00am-11:00am</u> Board & Card Games <u>11:00am-11:45</u> Ambassador Committee Meeting <u>12:45pm-1:45pm</u> Walmart	20 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class	21 <u>8:30am-11:30am</u> Quilting Group  <u>10:00am-11:00am</u> BINGO!	22 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles
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Friday 8am-2pm



Shop the Carroll  
County Senior Thrift  
Store on the Square!  
Between Wilson's TV  
& Farmer in the Deli!  
Wed-Sat 11am-4pm  
(870) 929-6280