August 2025

Boone County

SENIOR ACTIVITY & WELLNESS CENTER

1516 Rock Springs Rd • Harrison, AR 72601 | (870) 741-1505 | Fax: (870) 741-5094

LIME ICEBOX CAKE

Special Events

August 6

Presentation with

Victoria @ 12:00

August 8

Lucky Draw

BINGO @ 6:00 PM

August 13

Fresh

Conversations (a)

11:00 AM

August 15

Taco Night

ALL YOU CAN

EAT

FUNDRAISER

4-6:30 PM

August 21

Blood Drive

10:00—2:00



(CHILDREN UNDER 12 \$7)

Fresh Conversation

Wednesday August 13, 2025 11:00 AM

"Come join us for a University of Arkansas Division of Agriculture Presentation from our Boone County Extension office

Fresh Conversations

We will talk about how exercise can help lower blood sugar and provide a tasting for a healthy skillet dessert.



The Area's Funeral Home of Choice!

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Coming Event Details

Friday

August 1

12:00 PM

Ozark Opportunities
Presentation with
Amanda

Summer, LIHEAP

Tuesday

August 5th 1:00 PM-2:00 PM

Lets make Butter with

Victoria

- Original
- Garlic





LUCKY DRAW BING FUNDRAISER



BOONE COUNTY SENIOR CENTER

FRIDAY

AUGUST 8, 2025

GET READY TO SHOUT "BINGO" AND WIN SOME AMAZING PRIZES AT THIS FUN-FILLED EVENT. \$10.00 PER PERSON WHICH WILL INCLUDE 10 GAMES OF BINGO INCLUDING ONE BLACKOUT GAME. ADDITIONAL BOOKS MAY BE PURCHASED FOR \$5.00 EACH.

BLACKOUT WILL BE:

3-SEATER PATIO SWING WITH ADJUSTABLE CANOPY, WEATHER-RESISTANT

OPEN TO THE PUBLIC OF ALL AGES

DOORS OPEN @ 5:30 PM GAME STARTS @ 6:00 PM CONCESSION AVAILABLE





ALL PROCEEDS
GO TOWARDS
PURCHASING
A NEW MEALS
ON WHEELS
TRUCK



SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM



Also known as "Food Stamps" - SNAP alleviates low income families/individuals by providing food purchasing assistance using an Electronic Benefit Card (EBT).

Application Assistance and more, stop by!

August 6, 2025 | Beginning at 12:00 PM

Where: Boone County Senior Activity
Wellness Center
Springs Rd Ste. B, Harrison, AR 72601

Services Provided By:





Menu			AUGUST 2025			
Monday	Tuesday	y	Wednesday	Thursday	Friday	
					1	
					Breaded Fish Filet Tarter Sauce French Fries Wheat Roll Lemon Pound Cake	
				7	O	
4 Chicken & Dumplings	5 Broccoli & Cl		6 Braised Pork Tips	7 Lemon & Herb	8 Chicken Club Sandwich	
Mashed Potatoes Green Beans Wheat Roll Grapes	Quiche Garden Blend Herb Roast Tomatoe Wheat Ro Fruit Parfa	Rice ted s	Seasoned Rice Honey Dijon Brussel Sprouts Wheat Roll Orange Sherbet	Baked Tilapia Garlic Mashed Cauliflower Squash Medley Wheat Roll Cherry Pie	Onion Rings Steamed Vegetable Sticks Chocolate Chip Bar	
11	12		13	14	15	
Breaded Shrimp Cocktail Sauce Macaroni & Cheese Broccoli Florets Wheat Roll Pineapple & Bananas	Crispy Chicken Marinated Cuc Salad Wheat Ro Strawberry Dess	umber	Meatloaf Roasted Potatoes Broccoli Wheat Roll Mandarin Oranges	Pot Roast Oven Baked Potatoes Sauteed Carrots & Celery Wheat Roll Apple Pie	Baked Ziti With Cheese Spinach Salad with Dressing Garlic Bread Fruit Salad	
18	19		20	21	22	
Roast Beef Au Jus Cheesy Potatoes Wheat Roll Banana Cream Pie	Pineapple Chi Fried Rice Stir Fry Veget Blend Vegetable Egg German Choc Cake	e able S	Braised Beef Parslied Mashed Potatoes easoned Green Beans Wheat Roll Berry Cup	Lasagna With Meat sauce Italian Vegetable Blend Breadstick Fruit Salad	Chicken Cobb Salad Ranch Dressing Pasta Salad Wheat Roll Tropical Fruit Dream	
25	26		27	28	29	
Fish Kiev Garlic Roasted Potato Wedges Calico Cabbage Wheat Roll Chocolate Brownie	Honey Glazed T Baked Sweet Po Savory Spins Wheat Ro Peanut Butter C	otatoes ach	Grilled Chicken Salad Ranch Dressing Potato Salad Breadstick White Cake with Chocolate Icing	Mushroom Swiss Hamburger Lettuce & Tomato Tator Tots Ice Cream Sundae	Baked Turkey Breast Romanoff Noodles Brussels Sprouts Wheat Roll Pears & Apricots	
Milk is included with each meal.						

AUGUST 2025					Events	
Monday Tuesday		Wednesday	Thursday		Friday	
					1 Dominos / Cards @ 1:00 PM	
4 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM	Dominos / Cards @ 1:00 PM Presentation with Victoria @ 12:00	6 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM Presentation with Valentina @ 12:00	Bing Ba @ 10: BING	g Baseball 200 AM O with a @ 12:30	8 Lucky Draw BINGO Fundraiser Doors open @ 5:30 PM Game Starts @ 6:00 PM	
11 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM	Dominos / Cards @ 1:00 PM	13 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM Fresh Conversation @ 11:00	Bing Ba @ 10: BING	g Baseball 200 AM GO with a 12:30	15 ALL YOU CAN EAT FUNDRAISER Taco Night 4:00 PM-6:30 PM With Music	
18 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM	19 Dominos / Cards @ 1:00 PM	20 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM	Bing Bag @ 10: BING Dawn @ Blood	g Baseball 900 AM 60 with 12:30 PM d Drive 0—2:00	22 Dominos / Cards @ 1:00 PM	
25 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM	26 Dominos /Cards @ 1:00 PM	27 Extension Get Fit 8:55 AM Ageless Grace 10:30 AM	Bing Ba @ 10: BING Chr	28 g Baseball :00 AM GO with istina :30 PM	29 Dominos / Cards @ 1:00 PM	

Subject to Change

Daily Events

MONDAY	TUESDAY	WEDNESDAY
8:30 am- 4:30 pm Exercise Equipment Library Computer Room 8:55 am Extension Get Fit 10:30 am Ageless Grace 11:30 am- 12:00 pm Lunch	10:00 am- 11:00 am Bean Bag Baseball 11::30 am- 12:00 pm Lunch 1:00 pm Dominos/Cards Once a Month Fresh Conversation Grief Support (3rd Tuesday)	8:30 am– 4:30 pm Exercise Equipment Library Computer Room 8:55 am Extension Get Fit 10:30 am Ageless Grace 11:30 am- 12:00 pm Lunch
THURSDAY	FRIDAY	
8:30 am– 4:30 pm Exercise Equipment, Library , Computer Room 10:00 am-11:00 am Bean Bag Baseball 11:30 am- 12:00 pm Lunch 12:30 pm—2:30 pm BINGO	8:30 am- 4:30 pm Exercise Equipment Library Computer Room 11:30 am- 12:00 pm Lunch 1:00 pm	

Robb Law Firm, PLLC

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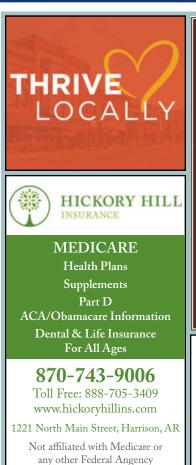
How our Senior Center "Works"

The Boone County Senior Activity and Wellness Center is "An equal opportunity provider and employer."

We serve older adults of Boone County. We never charge a fee for our services for seniors age 60 or above, but we ask a donation for all of our services. We also don't turn anyone away for inability to give a donation for our services.

Our Center is funded 47% from State and Federal funding. The other 53% is from a variety of different sources. United Way of Boone County Inc. provides a portion of funding. Another portion is given from Boone County Quorum Court. The remainder of funding comes from clients giving contributions as they use our much needed services, outside donations and fundraisers done at the Center and in our community.

We ask a suggested donation of \$4 for congregate and Home Delivered Meals and \$4-\$5 for transportation in town. There are also donation boxes in the exercise and computer rooms to help with costs of maintaining our equipment.



Aaron M. Smith | AR 72601





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Join our vision challenge working to ensure no senior goes hungry!

Boone County Senior Activity & Wellness Center

Provider of Meals on Wheels Program

Serving: Harrison, Bergman, Lead Hill, South Lead Hill, Diamond City, Zinc, Omaha, Alpena, Bellefonte, Valley Springs, Everton and other areas with in Boone County

Donate \$25 for 2025

https://securepayment.link/

Help us reach our goal of \$62,500

501(3)c Non-Profit 1516 Rock Springs Rd

> Harrison, AR 72601

870-741-1505

"It will only take 2500 people donating \$25 to reach our goal!

Will you please be one of them."



Other Information





Blood Drive Boone County Senior Center

Main 1516 Rocksprings Road Harrison, AR 72602

Thursday, August 21, 2025 10:00 a.m. to 2:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit Red€rossBlood.org and enter: BooneCountySeniorCenter to schedule an app∋intment.

Give Aug 1 to 28 for \$15 e gift card & successful donations get A1C testing. Terms: rcblood.org/Test



1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App ©2016 The American National Red Cross

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Have our newsletter emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM

Boone County Senior Activity & Wellness Center 1516 Rock Springs Rd Harrison, AR 72601

(870) 741-1505

www.aaanwar.org boonesc@aaanwar.org



Meet our Staff:

Director: Kelly Hunter

Program Assistant: Pat Gomes

Facility Assistant:

Food Service Manager:

Kitchen Assistant: Marge Bell

Dishwasher: Debbie Strong

Custodian: Rindy Lane

HDM Driver: Alex Miller

HDM Driver: Linda Lutherbeck

HDM Driver: Jadyn Roberts

Transport Operator: Mel Hankins

Transport Operator: Alison Allen

Transport Operator:

Boone County Senior Activity & Wellness Center

The center is open Monday-Friday, 8:00 am to 4:30 pm, serving a **Nutritious Meal** from 11:30 am to 12:00 pm for a suggested donation of \$4.00 for anyone 60+. Guests under 60 are welcome to enjoy a meal for only \$ We also provide **Home Delivered Meals** to the senior citizens of Boone County. Need **Transportation**? A van is available Monday through Friday, 8 AM to 12:00 PM but **must be scheduled at least 24 hours in advance** Stop in and check out our beautiful facility. You can **relax** and **watch TV**, read the **newspaper**, get a book from our well-stocked **library**, use the **computer**, use our **Wi-Fi**, use the fitness room equipped with a variety of **exercise equipment**, join a **fitness class**, attend our **Fundraisers**, and make new **friends**. Stop by...we would love to meet you!

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