

# Prairie Grove SAWC July 2025 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<b><i>Joke of the Month</i></b> <i>I used to be a klepto-maniac, but now I'm taking something for it.</i> <b>HAHAHA!!!</b>	<b>1</b> <b>9:30 Canasta</b> <b>Puzzle Table</b> <b>Card Games</b> <b>Dominoes</b>	<b>2</b> <b>9:00 Low Impact Exercise Class</b> <b>Card Games</b> <b>Dominoes</b> <b>Puzzle Table</b>	<b>3</b> <b>9:30 Bingo</b> <b>12:30 Beanbag Baseball</b> <b>5:30 Dinner Out at Golden Corral</b>	<b>4</b> <b>Closed for the 4TH of July!!!</b> <b>Have a safe 4TH!!</b>
<b>7</b> <b>9:00 Low Impact Exercise Class</b> <b>9:30 Beanbag Baseball</b> <b>12:30 Jim and Friends Dance Concert</b>	<b>8</b> <b>9:30 Canasta</b> <b>Puzzle Table</b> <b>Card Games</b> <b>Dominoes</b>	<b>9</b> <b>9:00 Low impact Exercise Class</b> <b>Puzzle Table</b> <b>Card Games</b> <b>Dominoes</b>	<b>10</b> <b>9:30 Chair Volleyball</b> <b>12:30 Beanbag Baseball at Lincoln</b> <b>12:30 Pitch</b> <b>Card Games</b>	<b>11</b> <b>9:00 Low Impact Exercise Class</b> <b>12:30 Bridge</b> <b>Card Games</b> <b>Dominoes</b>
<b>14</b> <b>9:00 Low Impact Exercise Class</b> <b>9:30 Beanbag Baseball</b> <b>12:30 Trivia Contest</b> <b>Card Games</b>	<b>15</b> <b>9:30 Canasta</b> <b>Card Games</b> <b>Dominoes</b> <b>Puzzle Table</b> <b>Birthday Celebration!!!</b>	<b>16</b> <b>9:00 Low Impact Exercise Class</b> <b>12:30 Puzzle Contest</b> <b>Dominoes</b> <b>Card Games</b>	<b>17</b> <b>9:30 Bingo</b> <b>12:30 Beanbag Baseball</b> <b>12:30 Pitch</b> <b>Card Games</b>	<b>18</b> <b>9:00 Low impact Exercise Class</b> <b>12:30 Bridge</b> <b>Dominoes</b> <b>Card Games</b>
<b>21</b> <b>9:00 Exercise Class</b> <b>9:30 Beanbag Baseball vs West Fork at PG</b> <b>12:30 Jim and Friends Dance Concert</b>	<b>22</b> <b>9:30 Canasta</b> <b>Card Games</b> <b>Dominoes</b> <b>Puzzle Table</b>	<b>23</b> <b>9:00 Low Impact Exercise Class</b> <b>Card Games</b> <b>Dominoes</b> <b>Puzzle Table</b>	<b>24</b> <b>9:30 Chair Volleyball</b> <b>12:30 Beanbag Baseball at Lincoln</b> <b>12:30 Pitch</b> <b>Card Games</b>	<b>25</b> <b>9:00 Low Impact Exercise Class</b> <b>12:30 Bridge</b> <b>Card Games</b> <b>Dominoes</b>
<b>28</b> <b>9:00 Low Impact Exercise Class</b> <b>9:30 Beanbag Baseball</b> <b>12:30 Trivia Contest</b> <b>Card Games</b>	<b>29</b> <b>9:30 Canasta</b> <b>Card Games</b> <b>Dominoes</b> <b>Puzzle Table</b>	<b>30</b> <b>9:00 Low Impact Exercise Class</b> <b>12:30 Movie Day</b> <b>Card Games</b> <b>Dominoes</b>	<b>31</b> <b>9:30 Bingo</b> <b>12:30 Beanbag Baseball</b> <b>Dance Night \$5.00</b> <b>Pizza 6PM Band 6:30</b>	<b>Hours of Operation</b> <b>Monday— Friday</b> <b>8:00 AM— 4:30 PM</b>

# Prairie Grove July 2025 Lunch Menu

475 Ed Staggs Dr. Prairie Grove AR. 72753 • (479) 846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Congregate and Home Delivered Meals:</b>  <b>Suggested Donation</b>  <b>Seniors 60+: \$4.00</b>	<b>1</b> Salisbury Steak w/Peppers & Onions Mashed Potatoes Green Beans Roll Brownie	<b>2</b> Ham Mac & Cheese Peas & Carrots Roll Fruit	<b>3</b> Sweet & Sour Chicken Fried Rice Egg Roll Broccoli Cake	<b>4 Closed for</b>  
<b>7</b> Spaghetti & Meatballs Broccoli Garlic Knot Fruit	<b>8</b> Hamburger Baked Beans Lettuce & Tomato Roasted Apples	<b>9</b> Chef's Salad Crackers Pasta Salad Banana Pudding	<b>10</b> Pork Loin Chop Baked Potato Corn Roll Fruit	<b>11</b> Catfish Pinto Beans Coleslaw Hushpuppies Fruit
<b>14</b> Pulled Pork Sandwich Baked Beans Tater Tots Fruit	<b>15</b> Roast Turkey Dressing Sweet Potatoes Green Beans Roll Lemon Bar	<b>16</b> Beef Fingers Mashed Potatoes Corn Biscuit Fruit	<b>17</b> Chicken Salad Sandwich Broccoli Salad Chips Pudding Cups	<b>18</b> Scrambled Eggs Sausage Biscuits & Gravy Sliced Tomatoes Cinnamon Roll
<b>21</b> Pot Roast Mashed Potatoes Carrots Roll Fruit	<b>22</b> Oven Fried Chicken Mac & Cheese Peas & Carrots Roll Fruit	<b>23</b> Ham Au Gratin Potatoes Black-eyed Peas Roll Orange Fluff	<b>24</b> Lemon & Herb Baked Tilapia Rice Vegetable Blend Garlic Cheese Biscuit Fruit	<b>25</b> Meatloaf Mashed Potatoes Green Beans Roll Cobbler
<b>28</b> Baked Chicken Potato Wedges Vegetable Blend Roll Fruit	<b>29</b> Sweet & Sour Chicken Fried Rice/Egg Roll Broccoli Strawberry Shortcake	<b>30</b> Salisbury Steak Peppers & Onions Mashed Potatoes Green Beans Roll Fruit	<b>31</b> French Dip Sandwiches Vegetable Blend Chips Roasted Apples	<b>Under 60 and all take out meals: \$8.00</b>  <b>TO GO ORDERS CALL</b> <b>(479) 846-2794</b>  <i>Menu is subject to change due to availability</i>