## **Newton County Senior Activity and Wellness Center**

### **July 2025 MENU AND EVENTS**

Phone 870-272-8263 Address 100 E Clark Street Jasper

July 4th: Closed

July 11th: Fish Fry

July 25th: Health Expo

**August 1st: Fish Fry** 

#### **Employees:**

Center Director—Nickie Henderson

Food Service Manager – Linda Kilburn

Kitchen Assistant- Keith Riffle

Transport Operator—Sophia Fowler

Transport Operator—Ron Lemley

Dishwasher/Custodian- Dennis Rocole

Plus Many Wonderful Volunteers

Match Money for our Van.



Don't Forget we still have to raise money for our new van. Donations can be made to the center.

#### **Director's Corner:**

Our Fish Fry hours are now going to be extended to 6:00 pm during the Summer months.

Join us for our Health Expo. We will have businesses with information about different services that they offer. This is a free event available to all ages starting at 10am. For additional information, please feel free to call the center.

June Fish Fry Profit:\$884.94
Brisket Dinner:\$500.62

Participants Corner:

Faith is the bird that feels light when the dawn is still dark.



Are you over 60 and having trouble finding a ride to Jasper for the little things like groceries, prescriptions, doctor appointment we can help. We have transportation services available that might be able to help you. Please see schedule on the bottom of Page 3. We ask for a 24 hour advance notice.

## **JULY 2025**



(60 and over Dine In \$4 Donation Appreciated)

(Under 60 Dine In \$8.60 includes tax)

(Carry Out All Ages \$8.60 includes tax )

Lunch Served Monday—Friday at 11:30 AM —12:00 PM

870-272-8263



#### All meals include 8oz of 2%

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Mon	Tue	Wed	Thu	Fri			
June 30th Chicken Cob Salad Ranch Dressing Pasta Salad Crackers Tropical Fruit Dream	July 1 Reuben Sandwich Onion Rings Side Salad Grapes	2 Sailsbury Steak with Peppers Duchess Potatoes Zucchini Dinner Roll Rosy Apple Slices	3 Lasagna Italian Vegetables Breadstick Ice Cream	4			
7	8	9	10	11			
Cheese Enchilada Fiesta Rice Pico de Gallo Sour Cream Strawberries with Topping	Baked Turkey Breast Mashed Potatoes Brussel Sprouts Dinner Roll Pears and Apricots	Swedish Meatballs Noodles Stir Fry Vegetables Dinner Roll Blushing Pears	Teriyaki Pork Steamed Rice Asian Vegetable Blend Egg Roll Orange Pineapple Creme	Mushroom Swiss Burger Lettuce and Tomato Tater Tot Ice Cream Sundae			
14	15	16	17	18			
Marinated Chicken Sandwich Waffle Fries Baby Carrots Pear Crisp	BBQ Beef Brisket Sweet Potato Waffle Fries Baked Bean Cornbread Oatmeal Cookie	Baked Fish Garlic Mashed Cauliflower Squash Medley Dinner Roll Blueberries and Peaches	Chicken Club Sandwich Onion Rings Steamed Vegetable Sticks Chocolate bar	Roast Turkey Dressing with Gravy Vegetable Blend Dinner Roll Blueberries and Peaches			
21	22	23	24	25			
<b>Baked Ziti</b> Spinach Salad Dressing Garlic Bread Fruit Salad	Breaded Shrimp Cocktail Sauce French Fries Broccoli Florets Hushpuppies Pineapple and Bananas	Ham Steak Cream Cheese Corn Brussel Sprouts Medley Dinner Roll Chocolate Tango Pudding	Baked Chicken Cornbread Dressing Spinach Dinner Roll Berry Cup	Meatloaf Mashed Potatoes Broccoli Roll Mandarin Oranges			
<u>28</u>	<u>29</u>	30	<u>31</u>	August 1			
Fish Tacos Black Bean - Corn Salad Fajita Vegetable Blend Melon Cubes	Garlic Herb Pork Loin Sweet Whipped Carrots Roasted Cauliflower Dinner Roll Mandarins with Toasted Coconut	Roast Beef Au Jus Cheesy Potatoes Green Peas Dinner Roll Banana Crème Pie	Reuben Sandwich Onion Rings Pea Salad Grapes	Lasagna with Meat sauce Italian Vegetable Blend Breadstick Ice Cream			

Mon	Tue	Wed	Thu	Fri
June 30  BEAN BAG  BASEBALL PRACTICE @ 9  Ambassador  Meeting @9:00 am	1 Pool @10 Bible Study @ 10	2 Harrison 8:00 (meet at Jasper) Bean Bag Baseball Practice @12:15 pm	3 Pool @10 Bingo/ Games @10	4 CLOSED
7 BEAN BAG BASEBALL PRACTICE @ 9	8 Pool @10 Bible Study @ 10	9 Bean Bag Baseball Practice @12:15 pm	10 Pool @10 Bingo/ Games @10	11 Fish Fry 2-6PM
14 BEAN BAG BASEBALL PRACTICE @ 9	15 Pool @ 10 Bible Study @ 10	16 Harrison 8:00 (meet at Jasper) Bean Bag Baseball Practice @12:15 pm	17 Pool @ 10 Bingo/ Games @10	18
21 BEAN BAG BASEBALL PRACTICE @ 9	22 Pool @10 Bible Study @ 10	23	24 Harrison 8:00 (meet at Jasper)	25 Health Expo 10-2
28 BEAN BAG BASEBALL PRACTICE @ 9	29 Pool @10 Bible Study @ 10	30	31 Pool @ 10 Bingo/ Games @10	1 Fish Fry 2-6PM

Newton County Senior Activity and Wellness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Western Grove	Mt Judea-Vendor	Mockingbird Hill Deer-Nail- Lurton –biweekly	Shiloh-Parthenon- Murray-Mt Sherman	Jasper city limits
Jasper city limits	Jasper city limits	Jasper city limits	Jasper city limits	Jasper city limits

## **July 2025**

**Newton County Senior Activity and Wellness Center** 

Phone:870272-8263 Address:100 E Clark Street

# DRIVE THRU OR DINE IN FISH FRY

2:00 PM—6:00 PM July 11th

\$11

HAND BREADED FRIED FISH **OR CHICKEN STRIPS WITH THE FXINS** 

Additional fish is now \$2.00 a piece or 10 for \$15.00

(For June, July, & August we will be serving until 6PM)

#### **Health Expo**

(Blood Pressure Check, Business Information, Free Samples and Door Prize)

July 25th 10-2 Everyone Welcome



Spare Change Challenge

## **CHANGE IS**



We will have jar set around town or drop off at center





Did you know one little snip of a label could help us raise money.

All we need is the bar code off Best Choice Products

