

# MADISON COUNTY SENIOR ACTIVITY & WELLNESS CENTER

## JULY MENU 2025

Mon	Tue	Wed	Thu	Fri
<b>\$4.00 Suggested Donation for 60+ \$8.00 for under 60 eating on site \$8.50 all carry out meals</b>	<b>1</b> Maple Glazed Chicken Baked Potato Fried Okra Hot Roll Peanut Butter Bars	<b>2</b> Meatloaf Roasted Potatoes Broccoli & Cauliflower Banana Pudding	<b>3</b> Kielbasa/Bun Potato Chips Baked Beans 4th of July Brownies	<b>4 CLOSED</b> 
<b>7</b> Baked Western Omelet Hashbrowns Biscuit Fruit Cup	<b>8</b> Salisbury Steak w/ peppers Duchess Potatoes Herbed Zucchini Dinner Roll German Chocolate Cake	<b>9</b> Pineapple Chicken Fried Rice Stir Fry Veg Blend Eggroll Fruit	<b>10</b> Lasagna w/ Meat Sauce Italian Veg Blend Breadstick Mandarin Oranges	<b>11</b> Garlic Herb Pork Loin Whipped Carrots Roasted Cauliflower Dinner Roll Ice Cream
<b>14</b> Roast Turkey Dressing w/ Gravy Succotash Dinner Roll Blueberries/Peaches	<b>15</b> Blackened Tilapia Fried Corn Calico Coleslaw Dinner Roll Fruit Mix	<b>16</b> Chicken Club Sandwich Onion Rings Steamed Vegetables Chocolate Chip Bar	<b>17</b> BBQ Beef Brisket Sweet Potato Wedges Baked Beans Cornbread Oatmeal Raisin Cookie	<b>18</b> Marinated Chicken Parmesan Basil Orzo Baby Carrots Dinner Roll Pear Crisp
<b>21</b> Baked Ziti w/Cheese Spinach Salad Garlic Bread Fruit Salad	<b>22</b> Pot Roast w/ Celery Potatoes, Carrots, Corn Dinner Roll Apple Pie	<b>23</b> Crispy Chicken Salad Marinated Cucumber Salad Crackers Strawberry Bar	<b>24</b> Breaded Shrimp French Fries Broccoli Florets Cornbread Pineapple & Bananas	<b>25</b> Breaded Pork Chop Confetti Rice Butter Beans Dinner Roll Ice Cream Sundae
<b>28</b> Mushroom Swiss Burger Lettuce & Tomato Tater Tots Peaches & Cream	<b>29</b> Beef Enchiladas Fiesta Rice Pico de Gallo Sour Cream Strawberries w/ topping	<b>30</b> Honey Glazed Turkey Baked Sweet Potatoes Savory Spinach Dinner Roll Fruit	<b>31</b> Grilled Chicken Salad Crackers Lemon Bar	<b>Menu Subject to Change Due to Supply Chain Availability</b>



OUR HEALTHY COMMUNITIES


Madison County Senior Activity & Wellness Center  
903 N College St  
Huntsville, AR 72740  
479-738-2750

Monday-Friday 8 a.m.—4 p.m.

This institution is an equal opportunity provider and employer. EEO Employer/AA/M/F/VET/Disabled

# MADISON COUNTY SENIOR ACTIVITY & WELLNESS CENTER

## JULY ACTIVITIES 2025

Mon	Tue	Wed	Thu	Fri
	<b>1</b> <b>Highlighters 10am</b>  <b>Silver Sneakers 8:30 am</b> <b>Tai Chi 9:45 am</b>  <b>Art Class 1:00 pm</b>	<b>2</b> <b>Breakfast 8:30am</b>  <b>Horseshoes 9:30 am</b>	<b>3</b> <b>Silver Sneakers 8:30 am</b> <b>Tai Chi 9:45 am</b>  <b>Springdale Farmers Market</b> <b>Leave at 9 am</b>	<b>4 CLOSED</b> 
<b>7</b> <b>Bean Bag Baseball Practice 10:00 am</b>	<b>8</b> <b>Silver Sneakers 8:30 am</b>  <b>Tai Chi 9:45 am</b> <b>Art Class 1:00 pm</b>	<b>9</b> <b>Breakfast 8:30am</b>  <b>Marion Johnson Band 10 am</b>	<b>10</b> <b>Silver Sneakers 8:30 am</b> <b>Tai Chi 9:45 am</b>  <b>Boulder Creek Band 10 am</b>	<b>11</b> <b>Bingo 10 am</b> <b>Sponsored by Aurora Church of Christ</b>
<b>14</b> <b>Horseshoes 9:30 am</b>	<b>15</b> <b>Highlighters 10am</b>  <b>Silver Sneakers 8:30 am</b>  <b>Tai Chi 9:45 am</b> <b>Art Class 1:00 pm</b>	<b>16</b> <b>Breakfast 8:30am</b>  <b>Beanbag Baseball Game</b> <b>Here w/ West Fork at 9:30 am</b>	<b>17</b> <b>Silver Sneakers 8:30 am</b> <b>Tai Chi 9:45 am</b>  <b>Springdale Farmers Market</b> <b>Leave at 9 am</b>	<b>18</b> <b>Bingo 10 am</b> <b>Sponsored by Legacy</b>
<b>21</b> <b>Lady Bug Meeting 12:30</b>  <b>Bean Bag Baseball Practice 10:00 am</b>	<b>22</b> <b>Silver Sneakers 8:30 am</b>  <b>Tai Chi 9:45 am</b> <b>Art Class 1:00 pm</b>	<b>23</b> <b>Breakfast 8:30am</b>  <b>Marion Johnson Band 10 am</b>	<b>24</b> <b>Silver Sneakers 8:30 am</b>  <b>Tai Chi 9:45 am</b>  <b>Boulder Creek Band 10 am</b>	<b>25</b> <b>Bingo 10 am</b> <b>Sponsored by The Madison County Record</b>
<b>28</b> <b>Retired Secretaries Meeting 11:00 am</b> <b>Aldi's &amp; Cargill Store</b> <b>Leave at 9 am</b>	<b>29</b> <b>Silver Sneakers 8:30 am</b>  <b>Tai Chi 9:45 am</b> <b>Art Class 10 am</b>	<b>30</b> <b>Breakfast 8:30am</b>  <b>Horseshoes 9:30 am</b>	<b>31</b> <b>Silver Sneakers 8:30 am</b> <b>Tai Chi 9:45 am</b> <b>Dinner Out Golden Corral Fayetteville</b> <b>Leave at 4 pm</b>	<b>Walking Group Meet at 10 am on Monday's &amp; Wednesday's at the Center and walk the path together.</b>