

BENTON COUNTY SENIOR ACTIVITY & WELLNESS CENTER

JULY 2025 MENU



Mon	Tue	Wed	Thu	Fri
	1 Frito Chili Pie Whole Kernel Corn Side Salad w/Ranch Watermelon Slices	2 Chicken Fried Chicken Potatoes/Cream Gravy Sonoma Vegetables Fresh Baked Biscuit Farmhouse Cake	Celebrating July 4th Grilled Brat on Bun Potato Salad Baked Beans Orange Slices	
7 Turkey Club Sandwich W/ Cranberry Mustard Broccoli Cheese Soup Fresh Fruit Fresh Baked Cookie	8 Roast Beef w/Gravy Mashed Potatoes Carrots/Onions/Celery Fresh Baked Biscuit Peach Crisp	9 Pineapple Glazed Ham Scalloped Potatoes Summer Vegetables Fresh Baked Roll Carrot Cake	10 Smoked Brisket Potato Salad Baked Beans Cowboy Cornbread Fresh Baked Cookie	11 Grilled Chicken Qtr. Baby Baked Potatoes Country Green Beans Fresh Baked Biscuit Blueberry Butter Bar
14 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Whole Kernel Corn Cornbread Lemon Blueberry Parfait	15 Fried Fish Potatoes & Onions Creamy Coleslaw Green Tomato Relish Hushpuppies Blackberry Crisp	16 Gourmet Chicken Mashed Potatoes Spring Vegetables Fresh Baked Roll Macadamia Cookie	17 Sweet & Sour Chicken Oriental Vegetables Vegetable Fried Rice Egg Roll Mandarin Oranges	18 Meatloaf w/ Potatoes & Brown Gravy Sonoma Vegetables Fresh Baked Roll Cheesecake w/Fruit
21 Beef Stroganoff Over Noodles Parmesan Carrots Garlic Toast Fruit Crisp	22 Pulled Pork Plate w/ Macaroni & Cheese Sweet & Sour Slaw Cornbread Lemon Bar	23 Chicken Veggie Soup 1/2 Pimento Cheese Broccoli Salad Potato Chips Summer Fruit	24 Country Fried Steak Potatoes w/ Gravy Sonoma Vegetables Fresh Baked Roll Strawberry Dessert	25 Baked Ham Au Gratin Potatoes Green Beans Fresh Baked Biscuit Farmhouse Cake
28 Reuben Sandwich Creamy Potato Soup Cinnamon Apples Fresh Baked Cookie	29 Chicken Stir-Fry Fluffy White Rice Oriental Vegetables Eggroll Mandarin Oranges	30 Beef Goulash Buttered Corn Garden Salad w/ Dressing Fruited Gelatin Parfait	31 Grilled Chicken Club W/ Lettuce & Tomato Baked Sweet Potato Fries Veggie Pasta Salad Key Lime Bars	\$4.00 Suggested Donation for 60+ \$8.00 for under 60 eating on site \$8.50 All Carry out meals



Benton County
Senior Activity & Wellness Center
3501 SE L Street
Bentonville, AR 72712
479-273-7348
Mon—Thurs 8:00—4:00
Fri—8:00—2:00

The Aging Experts



Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

**Area Agency on Aging
of Northwest Arkansas**
1510 Rock Springs Road
Harrison, Arkansas
800-432-9721 or 870-741-1144
www.aanw.org

This institution is an equal opportunity provider and employer. EEO Employer/AA/M/F/VET/Disabled

JULY 2025 ACTIVITIES

Mon	Tue	Wed	Thu	Fri
Suggested Donation for Transportation \$3 to \$10 Based on Destination	1 9:30 AF Exercise 10:30 Deaf Seniors Group Beanbag Baseball Cards, Pool, Dominoes, Exercise Equipment	2 9:00 Walmart Cards, Pool, Dominoes Exercise Equipment	3 9:30 AF Exercise <u>Pool Tournament</u> 10:15 Bible Study Cards, Pool, Dominoes Exercise Equipment	
7 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes, Exercise Equipment	8 9:00 Casino Day CHEROKEE 9:30 AF Exercise Cards, Pool, Dominoes Exercise Equipment	9 9:00 Walmart 10:00 Prairie Roads Band Cards, Pool, Dominoes Exercise Equipment	10 10:15 Bible Study 10:30 Gospel Music Cards, Pool, Dominoes Exercise Equipment	11  Joplin Empire Market Lunch at Red Onion Leave Sat. 9:30 am Cards, Pool, Dominoes Exercise Equipment
14 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes, Exercise Equipment	15 Beanbag Baseball w/Lowell—HERE @10:30am 9:30 AF Exercise Cards, Pool, etc. Dominoes, Exercise Equipment	16 9:00 Walmart 11:00 Games with Phil & Sandi Cards, Pool, Dominoes Exercise Equipment	17 Hobby Lobby Leave @ 9:00 9:30 AF Exercise 10:15 Bible Study Cards, Pool, Dominoes Exercise Equipment	18 9:30 Beanbag Baseball Practice 11:00 Parkcrest Sound Band
21 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes Exercise Equipment	22 9:45 Daily Deals @ Bargain Bins in Rogers 9:30 AF Exercise Cards, Pool, etc. Dominoes, Exercise	23 9:00 Walmart Cards, Pool Dominoes Exercise Equipment	24 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music Cards, Pool, Dominoes Exercise Equipment	25 9:30 Beanbag Baseball Practice ARK ENCOUNTER TRIP INFORMATION MEETING 12:15 Cards, Pool, Dominoes Exercise Equipment
28 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes Exercise Equipment	29 9:30 AF Exercise Cards, Pool, Dominoes Exercise Equipment	30 9:00 Walmart DINNER OUT LAKEPOINT in BV Leave @ 3:30 Cards, Pool, Games Exercise Equipment	31 9:30 AF Exercise 10:15 Bible Study Cards, Pool, Dominoes Exercise Equipment	



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August Look Ahead

- ♦ 4th—Brandi w/ Schmieding Center Mental Health Presentation
- ♦ Dinner Out—Casa Alejo, Rogers