

Prairie Grove SAWC June 2025 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia Contest</p>	<p>3</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>4</p> <p>9:00 Low Impact Exercise Class</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>5</p> <p>9:30 Bingo</p> <p>12:30 Beanbag Baseball</p> <p>5:30 Dinner Out at The Catfish Hole</p>	<p>6</p> <p>9:00 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>9</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Jim and Friends Dance Concert</p>	<p>10</p> <p>9:30 Canasta</p> <p>Puzzle Table</p> <p>Card Games</p> <p>Dominoes</p>	<p>11</p> <p>9:00 Low impact Exercise Class</p> <p>Puzzle Table</p> <p>Card Games</p> <p>Dominoes</p>	<p>12</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball at Lincoln</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>13</p> <p>9:00 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>16</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia Contest</p> <p>Birthday Celebration!!!</p>	<p>17</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>18</p> <p>9:00 Low Impact Exercise Class</p> <p>Dominoes</p> <p>Puzzle Table</p> <p>Card Games</p>	<p>19</p> <p>9:30 Bingo</p> <p>12:30 Beanbag Baseball</p> <p>Dance Night \$5.00</p> <p>Pizza 6PM Band 6:30</p>	<p>20</p> <p>9:00 Low impact Exercise Class</p> <p>12:30 Bridge</p> <p>Dominoes</p> <p>Card Games</p>
<p>23</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Jim and Friends Dance Concert</p>	<p>24</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>25</p> <p>9:00 Low Impact Exercise Class</p> <p>12:30 Movie Day</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>26</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>27</p> <p>9:00 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>30</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia Contest</p> <p>Card Games</p>	<p>Joke of the Month</p> <p>Do you know what's odd?</p> <p>Every other number.</p> <p>HAHAHA!!!!</p>	<p>Hours of Operation</p> <p>Monday through Friday 8AM to 4:30 PM</p>	<p>Coffee is ready at 8AM</p>	<p>Come join the fun!!!</p>

Prairie Grove SAWC June 2025 Lunch Menu

475 Ed Staggs Dr. Prairie Grove AR. 72753 • (479) 846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
2 Sweet and Sour Chicken Fried Rice Broccoli Egg Roll Fruit	3 Salisbury Steak w/Peppers & Onions Mashed Potatoes Corn Roll Fruit	4 Turkey Breast Sweet Potatoes Green Beans Roll Banana Pudding	5 Lasagna Carrots Garlic Knot Fruit	6 Roast Scalloped Potatoes Peas Roll Cake
9 Ham Black-eyed Peas Vegetable Blend Roll Fruit	10 Grilled Chicken Salad Crackers Cottage Cheese Peaches	11 Beef Enchiladas Corn Refried Beans Strawberry Short-cake	12 Spaghetti Broccoli Garlic Knot Fruit	13 Catfish Vegetable Blend Baked Potato Hushpuppies Pudding
16 Lemon & Herb Baked Tilapia Wild Rice Green Beans Roll Fruit	17 Chicken & Dumplings Mixed Veggies Roll Peach Cobbler	18 Scrambled Eggs & Sausage Biscuit & Gravy Sliced Tomatoes Cinnamon Roll	19 Beef Brisket Tomato Cucumber Salad Potato Wedges Cornbread Fruit	20 Sloppy Joes Chips Corn Fruit
23 Roast Baby Baker Taters Carrots Roll Fruit	24 Baked Chicken Rice Broccoli Salad Roll Brownie	25 Pork Carnitas w/Flour Tortillas Refried Beans Corn Lettuce & Tomato Orange Fluff	26 Meatloaf Mashed Potatoes Green Beans Roll Fruit	27 Potato Soup Deli Sandwich Pea Salad Fruit
30 Lasagna Broccoli Garlic Knot Fruit			Congregate and Home Delivered Meals: Suggested Donation Seniors 60+: \$4.00	Under 60 and all take out meals: \$8.00 TO GO ORDERS CALL (479) 846-2794 <i>Menu is subject to change due to availability</i>