



Farmington Senior Activity Center

**340 W. Main St.
Farmington, AR**

June 2025

(479) 267-5709

June Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30	3. Senior Yoga 9:00 Trip to Branson Gospel Singing w/Shawn 10:00 Mix Match Pitch	4. Tai Chi 9:00 Gospel Singing 10:30-11:00	5. Bingo 9:00-11:00 Mix Match Pitch	6. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
9. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30	10. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	11. Tai Chi 9:00 Gospel Singing at Peach Tree Village Leave @ 10:15 Recycled Art Class 1:00 (NEW)	12. Bingo 8:30-10:30 Kate w/ VA Presentation 10:30-11:30 Mix Match Pitch	13. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
16. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30	17. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	18. Tai Chi 9:00 Gospel Singing 10:30-11:00	19. Bingo 9:00-11:00 Mix Match Pitch	20. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
23. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30	24. Senior Yoga 9:00 Trip to Ft. Smith Gospel Singing w/Shawn 10:00 Mix Match Pitch	25. Tai Chi 9:00 Gospel Singing 10:30-11:00 Recycle Art Class 1:00 (NEW)	26. Bingo 9:00-11:00 Birthday Cake Mix Match Pitch	27. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
30. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30				

Suggested Donation

\$4.00

June Menu

Lunch Served

11:30-12:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Baked Fish Lemon & Herb Pasta Mixed Veggies Wheat Roll Tapioca Pudding	3. Roast Beef w/Au Jus Cheesy Potatoes Green Peas Roll Banana Cream Pie	4. Pineapple Chicken Fried Rice Stir Fry Veggies Egg Roll Chocolate Cake	5. Garlic Herb Pork Loin Sweet Carrots Cauliflower Wheat Roll Mandarin Oranges	6. Chicken Cobb Salad Pasta Salad Crackers Tropical Fruit Dream
9. Chopped Steak w/ Mushroom Gravy Mashed Potatoes Green Beans Wheat Roll Cookie	10. Honey Glazed Turkey Sweet Potatoes Spinach Roll Fruit Cup	11. Hamburger Relish Cup Tater Tots Pears	12. Apple Ginger Pork Chop Oven Roasted Potatoes Zucchini Wheat Roll Peach Crisp	13. Breaded Fish Filet French Fries Mixed Veggies Roll Pound Cake
16. Scrambled Eggs Sausage Patty Hashbrown Patty Biscuit & Gravy Fruit	17. Marinated Chicken Parmesan Basil Pasta Baby Carrots Wheat Roll Pear Crisp	18. Braised Pork Seasoned Rice Honey Dijon Brussels Sprouts Roll Fruit Cup	19. Lemon & Herb Tilapia Garlic Mashed Cauliflower Squash Medley Wheat Roll Cherry Pie	20. Italian Beef Sandwich Waffle Fries Sauteed Peppers & Onions Rocky Road Pudding
23. Baked Chicken Cornbread Dressing Spinach Roll Berry Cup	24. Breaded Pork Chop Confetti Rice Butter Beans Wheat Roll Peaches & Cream	25. Meatloaf Mashed Potatoes Green Beans Roll Fruit Cup	26. Roast Turkey Diane Noodles Broccoli Wheat Roll Melon Cup	27. Butter Crumb Tilapia Red Potatoes Cali Blend Veggies Wheat Roll Cake
30. Salisbury Steak Duchess Potatoes Zucchini Roll Rosey Apples				Menu Subject to Change

COME JOIN THE FUN

Sign up for All Trips in the Office

06/03: *David* Sight & Sound Theatre, Branson

Leave at 9:00 (Trip is Full)

06/11: Recycled Art Class 1:00

06/12: VA Presentation 10:30 - 11:30

06/24: Fort Smith Museum of History (\$6.00 self pay)

Judge Parker's Courthouse & Gallows (Free)

Leave at 9:00 *\$10.00*

06/25: Recycled Art Class 1:00

**The Recycled Art class is a new
Experience**

**The first class will be a meeting
to peak your Interest**

It will be led by Vera Hylton



Transportation is provided Monday - Thursday 8:00 am to 12:00 pm

Doctor appointments Monday thru Thursday

Light shopping trips on Wednesday

Inside Farmington \$2.00

Fayetteville \$5.00

Must Call 48 hours in advance to schedule your trip

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West Fork Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	4.	5. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	
9.	10. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	11.	12. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	13.
16.	17. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	18.	19. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 BINGO 11:00-12:00	20.
23.	24. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	25.	26. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	27.
				

INSECTS

Word Search Puzzle



B	Z	A	Y	H	H	C	E	N	T	I	P	E	D	E	M	Y
U	E	S	L	T	D	R	A	G	O	N	F	L	Y	X	T	D
M	O	D	O	T	F	L	P	L	X	X	U	X	W	O	M	C
B	G	M	B	W	B	Q	D	H	O	N	E	Y	B	E	E	N
L	I	M	E	U	H	O	U	S	E	F	L	Y	P	K	I	K
E	D	B	E	C	G	L	Q	A	G	R	W	P	Y	F	R	C
B	F	M	T	F	I	L	X	P	A	C	M	L	V	Q	R	R
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H	Y	L	E	Z	M	S	Q	H	R	T	E	R	M	I	T	E



APHID
BED BUG
BEETLE
BUMBLEBEE
BUTTERFLY
CENTIPEDE
CICADA
COCKROACH

CRICKET
DRAGONFLY
EARWIG
FIRE ANT
FIREFLY
FRUIT FLY
GRASSHOPPER
HONEY BEE

HOUSEFLY
LADYBUG
MEALYBUG
MOSQUITO
MOTH
TERMITE
WASP
WEEVIL