



# June

2025

Elkins Senior Activity & Wellness Center

149 W 1St Ave.

PO Box 201

Elkins, AR 72727

479-643-2741

# June Activities

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>2</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12:15p Neurosize</p> <p>Afternoon Exercise</p>	<p>3</p> <p>10:30a—Ageless Grace</p> <p>Bean Bag Baseball—After Lunch</p>	<p>4</p> <p>BBB vs Huntsville (here) - 10A</p> <p>After Lunch—Bingo</p>	<p>5</p> <p>10:30 Bible Study w/ Jack English</p> <p>Beanbag Baseball—After Lunch</p>	<p>6</p> <p>9:45a Ageless Grace</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch—Exercise</p>
<p>9</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12:15p—Cooking w/ Priscilla (Nellie B's)</p> <p>Afternoon Exercise</p>	<p>10</p> <p>10:30a—Ageless Grace</p> <p>Bean Bag Baseball—After Lunch</p>	<p>11</p> <p>After Lunch—Bingo</p>	<p>12</p> <p>Beanbag Baseball—After Lunch</p>	<p>13</p> <p>9:45a Ageless Grace</p> <p>10:30—Joyful Noise</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch—Exercise</p>
<p>16</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12:15p Neurosize</p> <p>1p Exercise</p>	<p>17</p> <p>10:30a—Ageless Grace</p> <p>Dinner Out—Neal's Café 0 4:30p departure—\$5</p> <p>Bean Bag Baseball—After Lunch</p>	<p>18</p> <p>After Lunch—Bingo</p>	<p>19</p> <p>10:30 Bible Study w/ Jack English</p> <p>Beanbag Baseball—After Lunch</p>	<p>20</p> <p>9:45a Ageless Grace</p> <p>10:30—Joyful Noise</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch—Exercise</p>
<p>23</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12:15p Neurosize</p> <p>1p Exercise</p>	<p>24</p> <p>10:30a—Ageless Grace</p> <p>Bean Bag Baseball—After Lunch</p>	<p>25</p> <p>After Lunch—Bingo</p>	<p>26</p> <p>Beanbag Baseball—After Lunch</p>	<p>27</p> <p>10A—Ageless Grace</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch—Exercise</p>
<p>30</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12:15p Neurosize</p> <p>1p Exercise</p>				



# JUNK FOOD WORD SEARCH

## 100 HIDDEN WORDS TO FIND

P B S O F T D R I N K S X C P A Z L H C O U B H X E C E R E A L S E X L L D  
 V Z T O W B R E A D M S S R L V S O D A I D Q C A L O R I E L O K Q S K L L  
 G F M I L K S H A K E R Q A E P A S T A X Z V J E R K Y W S H I E P T I Q Z  
 T R W J C A L O R I E S O V E B R I M Q O N A L O M H F X J J Q W Y O V J H  
 A I D Z H J C N F A U B H E K U O B A G E L T Z E B O E N F M A Y O R B N G  
 E E M F A W R H I G H O E S R R L A X T W R K D C M T V S W N O C T T S R W  
 C D E U M H I G H F A T Q A B R L G G U C V S E G H D P V J V H I L I J C D  
 H C F N B V R A M E N Q F D T I S U J W H W N S S B O O K D B B N O L I N F  
 I H I N U Y F G Z L F N S Z I T Y E U F O J O S F M G P E M H R N L L G K A  
 P I A E R N Z J A N M N G U Z O C T T B L S O E K H L C O M S O A L A Z Q T  
 S C S L G H I G H K M Q K X D S O T U G E N D R U D F O M F C W M I C O L A  
 J K G B E D C S T A R B U C K S R E R D S A L T Q F O R K U E N O P P S P J  
 M E V X R I U I V E M N Z P S M N T P D T C E S P Q Q N X G L I N O M E U P  
 M N O D D O U G H N U T M G H T E P I R E K S P D P M F O Z D E W P C J F C  
 Y U Q E S H E R S H E Y S X A P U I D F R S M S M O O T H I E S C M U W F U  
 S P R I N K L E S C I H H M K I Z Q I T O W H I P C R E A M C H U R R O S I  
 G N N G C R N C I Z A C B V E Z W K E L L E A H H A S H B R O W N S D S E D  
 T A O P X W U I I A P M S G M Z V U T N I C A R A M E L E X S T T Q H G I S  
 D U J O D P A T T Y R X A M J A N K H E X Y L U U S D D E F C O O K I E S A  
 H M V C C G V Z A J P B E L L Y D E E R I Z L Z N O P C S G S Z J D H Z R U  
 J U C R N S R B I D U Z O N S U N D A E S L C B H K Y G T H T K K V H C Z S  
 P S Y A P I E S C V H E C F R E N C H F R I E S E U L B U T E R S B C Z T A  
 Q T G C P X G H E R A O O N Y C S M O R E S P H A S A T K Y Z G U M M Y R G  
 S A S K A N B U C K R L L B E E F H V C O V B P L R W I E N E R S P J R I E  
 L R D E S L E N R T M L E W I N G S T O P S R W T C H E E S E O X O F V P L  
 W D N R T Q A G E Y F F S R N J C K G F K K U O H O S M J K Z T Q D Q B L S  
 A G K S R Y R E A R U F L E P R E T Z E L O R N Y T Q L C Q L I K Q V U E K  
 F G M C Y A S R M V L H A A V W Z B F D G K B I P T R G S A N D W I C H H C  
 F F G B U R G E R O V M W B D O Y A R K B U J O Q O Y L I P Q M X K N S C O  
 L Y U P A N C A K E S N Q Z C D U C I C A K E N K N W R C O O U L E Z C B P  
 E P M Y P U I J Y W R C H T R D N O T D L B N R Y C B O G P F F K B M A Q U  
 M Y F I Q N U G G E T S W A C A N N T U U V A I H A E L E M N F Y A U X M J  
 R L I N S T A N T A H K R C N U Y U E T Q Y T N N N V L W A Y I N B G F Q G  
 J V K J N V N U Y Y D K I O T D S Y R H F K I G Q D V F H C O N F Y Z T Q D  
 O C O P O T A T O N A C H O S N C A S I Z D P S Z Y G S P R I N G R O L L S  
 M A R S H M A L L O W B R A G C O O K E D D O Y J P B E C C H E W Q O X S O  
 U X R D Y D D H G M S R O O T B E E R A S U G A R Y A X D U Q C O L O J S O  
 L I H R A J L X S Y S N N T S R S A L T Y P Q B H F C H I C K E N W I N G S

BACON	HASHBROWNS	CHEW	BAGEL	DIET	CALORIE	PATTY	MAYO	CHEESE	BURRITOS
MUSTARD	COOKED	WIENERS	HIGH FAT	SOFT DRINKS	INSTANT	PIES	CRAVE	PRETZEL	ROOTBEER
HUNGER	ROLLS	HARMFUL	COLA	FRITTERS	JERKY	BEEF	BUTERS	SPRING ROLLS	ONION RINGS
FUNNEL	NACHOS	CORN	CARAMEL	STARBUCKS	WINGSTOP	BELL	NUGGETS	SMORES	TACO
COTTON CANDY	HERSHEYS	CHOLESTEROL	RAMEN	BREAD	SPRINKLES	WHIP CREAM	POP MAC	SMOOTHIE	BAGUETTE
CINNAMON	BURGER	SANDWICH	BEARS	GUMMY	CEREALS	SUGARY	SNACKS	FRENCH FRIES	FRIED CHICKEN
SALTY	UNHEALTHY	BROWNIES	MARSHMALLOW	CALORIES	HIGH	TRIPLE	CHIPS	SAUSAGE	POTATO
TORTILLA	SUNDAES	DESSERTS	FAT	KEBAB	NOODLES	PASTA	COOKIES	COLESLAW	CHICKEN WINGS
CHURRO	PANCAKES	LOLLIPOP	GUM	PIZZA	ROLL	SHAKE	SODA	MUFFIN	HOT DOG
WAFFLE	PASTRY	DOUGHNUT	ICE CREAM	CRACKERS	CAKE	POPCORN	PUFFS	MILKSHAKE	HAMBURGER

## Transportation!

We are offering Transportation. We want to try to accommodate as many people as possible. If you are wanting Elkins locations, please contact the center for arrangements. Should you need outside Elkins, any appointments will need to be in the morning.

Transportation will be in our bus, so you do need to be able to board the bus. **Trips are \$5** (suggested donation). . If you need to be picked up we will try to accommodate (depending on location). Once your shopping has been completed please call the center to be picked up. Please call the center at 479-643-2741 with any questions or to make a reservation. \*You must be a member of the Senior Center or on Meals on Wheels



### **Dinner Out—Neal's Café: Tuesday, June 17th 4:30p Departure—\$5**

"In 1944, Toy and Bertha Neal started serving the very best homemade meals in Arkansas. Famous for their fried chicken, still fried in iron skillets, Neal's offers a diverse selection of homemade meals. These mouth watering entrees include catfish,

chicken and dumplings, meatloaf, chicken pot pie, smothered steaks, and homemade rolls. Save room for a piece of delicious homemade pie. On their July 2004 website, Southern Living recognized Neal's Cafe as one of the top places in America to eat fried chicken. Relax and enjoy the "best of better foods" at Neal's. Springdale's Famous Pink Building. Neal's Cafe was inducted into the 2022 Arkansas Food Hall of Fame!"





# **ELKINS SENIOR CENTER / MEALS ON WHEELS BINGO NIGHT**

**FRIDAY, JULY 18TH**

**At Elkins Community Center  
162 Doolin Dr.**

**Doors Open : 5:00 pm    Bingo Start : 6:30 pm**

**\$10 pp to Enter - Receives a book of 10 Bingo games and  
1 Blackout game. Additional books can be purchased for  
\$5 and \$1 for additional Blackout game.**

**Raffle tickets will be sold for 1 for \$5 or 3 for \$10.**

**Winner gets ½ the POT!**

**\$5 for BBQ Pork Sandwich, Chips & Water**

**\$8 for BBQ Pork Nachos & Water**

# June Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Roast Beef Potatoes Green Peas Roll Banana Cream Pie	<b>3</b> Ham Mac & Cheese Greens Biscuit Cookie	<b>4</b> Salisbury Steak Potatoes Mixed Veggies Roll Apples	<b>5</b> Pineapple Chicken Rice Stir Fry Veggies Fruit	<b>6</b> Kielbasa Potatoes Beets Roll Fruit Cup
<b>9</b> Chopped Steak Mashed Potatoes Cauliflower Roll Cheesecake	<b>10</b> Scrambled Eggs w/Cheese Sausage Hash Browns Coffee Cake Orange	<b>11</b> Meatballs w/ Noodles Broccoli Breadstick Pears	<b>12</b> Cheeseburger on Bun Lettuce & Tomatoes Tater Tots Ice Cream	<b>13</b> Chicken Enchiladas Fiesta Rice Refried Beans Fruit
<b>16</b> Chicken & Dumplings Mashed Potatoes Green Beans Grapes	<b>17</b> Marinated Chicken Parmesan Basil Orzo Baby Carrots Roll Pears	<b>18</b> BBQ Beef Brisket Sweet Potato Wedges Baked Beans Cornbread Cookie	<b>19</b> Braised Pork Tips Seasoned Rice Honey Dijon Brussels Sprouts Roll Fruit	<b>20</b> Turkey Dressing Succotash Roll Fruit
<b>23</b> Breaded Shrimp Mac & Cheese Broccoli Roll Pineapple	<b>24</b> Turkey Diane Egg Noodles Green Beans Roll Fruit	<b>25</b> Meatloaf Roasted Potatoes Broccoli Roll Mandarin Orange	<b>26</b> Corned Beef New Potatoes German Red Cabbage Roll Cookie	<b>27</b> Pot Roast Potatoes Carrots & Celery Roll Apple Pie
<b>30</b> Roast Beef Cheesy Potatoes Green Peas Roll Banana Pudding				