



June Menu

MON	TUE	WED	THU	FRI
2 Broccoli Soup Tuna Salad Sandwich Crackers Chocolate Pudding	3 Smothered Pork Chop Glazed Carrots Au Gratin Potatoes Mexican Cornbread Mandarin Oranges	4 Chef Salad w/Turkey, Ham, Cheese, Tomato, Cucumber, Egg Crackers W/Dressing Fresh Fruit	5 Chicken Spaghetti Green Beans Roasted Potatoes Fresh Wheat Roll Spiced Peaches	6 Soft Beef Taco W/Lett / Tom / Onion Texas Pinto Beans Fiesta Corn
9 Teriyaki Chicken Fried Rice Oriental Veggies Egg Roll	10 Spaghetti w/ Meat Sauce Italian Vegetables Garlic Bread Fruit Crisp	11 Ham & Au Gratin Potato Casserole Seasoned Greens Fresh Wheat Roll Banana Pudding Cup	12 Chicken Fajitas W/Peppers/Onion/Tom Sour Cream and Guac Black Beans Cherry Pie	13 Father's Day Lunch Fried Fish Sticks French Fries Pinto Beans Green Tomato Relish Hushpuppies
16 Frito Chili Pie w/Cheese and Onion Fiesta Corn Sour Cream and Salsa Warm Spiced Apples	17 Open Faced Turkey Sandwich Sweet Potatoes Green Beans Lemon Crème Pie	18 Steak Fingers w/Cream Gravy Baby Baker Potatoes Peas and Carrots Cookie	19 Vegetable Beef Soup W/ Crackers Cottage Cheese / Fruit Spinach Salad w/Vinaigrette	20 Goulash Broccoli & Cauliflower Vanilla Peaches Summer Poke Cake
23 Cheeseburger Ww/ timings Mustard Potato Salad Creamy Coleslaw Vanilla Pudding	24 Fried Chicken Breast Potatoes & Gravy Green Beans Fruit Cocktail	25 Tater Tot Casserole Peas and Carrots Fresh Roll Pineapple Upside Down Cake	26 Chicken Caesar Salad ½ Pimento Cheese Sandwich Crackers Fresh Fruit	27 Pot Roast w/ Potatoes, Carrots, Celery, Onions Cornbread Cherry Crisp
30 Pork Tenderloin Sandwich w/Pickles & Onions Sweet Potato Fries Mixed Veggies Tropical Fruit Mix	Fundraiser Come get your Tickets for our Quilt Raffle today 1 For \$1 6 for \$ 5 13 for \$10	\$4 Suggested Donation for 60+ \$8 Charge for under 60 eating on site \$8.50 Charge for all take out	Drawing For Free Meal Ticket will be held at the end of the Month	<u>MENU SUBJECT TO</u> <u>CHANGE</u> <u>DUE TO</u> <u>SUPPLY CHAIN</u> <u>AVAILABILITY</u> <u>PLEASE CALL</u> <u>BY 9:30 AM</u>



Carroll County Senior Activity & Well-
ness Center 202 West Madison Avenue
Berryville, Arkansas 72616
(870) 423-3265
Monday - Thursday 8:00am-4:00pm
Friday 8:00am-2:00pm

Suggested Meal Donation for
those age 60 or older is \$4.00

Lunch is served at 12:00pm
MON-FRI

PLEASE ARRIVE EARLIER
THAN 12:00 PM FOR LUNCH



"THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER AND EMPLOYER. EEO
EMPLOYER/AA/M/F/VET/DISABLED".



THE CARROLL COUNTY BREEZE

June Activities

MON	TUE	WED	THU	FRI
<p>2 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>3 <u>10:00am-11:00am</u> Board & Card Games</p> <p><u>12:45pm-1:45pm</u> Walmart</p>	<p>4 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p>	<p>5 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>6 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles</p>
<p>9 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>10 <u>10:00am-11:00am</u> Board & Card Games <u>10:00am-11:00am</u> CRAFTY TUESDAY Paper-Mache Flower pot w/ seeds <u>12:45pm-1:45pm</u></p>	<p>11 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>9:30am</u> Bus leaves for Golden Pioneer Museum</p>	<p>12 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>13 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles</p>
<p>16 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class</p>	<p>17 <u>10:00am-11:00am</u> Board & Card Games <u>11:00am-11:45am</u> Ambassador Committee Meeting <u>12:45pm-1:45pm</u> Walmart</p>	<p>18 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>8:00am</u> Bus Leaves for Harrison Shopping Trip</p>	<p>19 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>20 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzle s</p>
<p>23 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>24 <u>10:00am-11:00am</u> Board & Card Games</p> <p><u>12:45pm-1:45pm</u> Walmart</p>	<p>25 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p>	<p>26 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>27 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles</p>
<p>30 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>Drawing For Free Meal Ticket will be held at the end of the Month</p>	<p>SUGGESTED DONATION FOR VAN RIDES \$4-\$10 BASED ON DESTINATION</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE AND ARE WEATHER-PERMITTING</p>	<p>Fundraiser Come get your Tickets for our Quilt Raffle today 1 For \$1 6 for \$ 5 13 for \$10</p>



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Shop the Carroll County Senior Thrift Store on the Square! Between Wilson's TV & Farmer in the Deli!