






# June Menu

Mon	Tue	Wed	Thu	Fri
2 Bacon Cheeseburger w/Lettuce, Tomato, Onion & Pickles Tater Tots Pork & Beans Strawberry Shortcake	3 Chicken Fajita Mexican Street Corn Bake Tortilla Chips & Guacamole Tapioca Pudding	4 Goulash Five Way Mixed Vegetables Bread Birthday Cake	5 Pork Tenderloin on Bun w/Pickles Fired Okra Cole Slaw Spiced Apples	6 Salmon Patty Scalloped Potatoes Sugar Snap Peas Bread Creamy Fruit Salad
9 Melt In Your Mouth Chicken Rice Pilaf Winter Blend Veggies Garlic Cheese Biscuit Mixed Berries	10 Beef Stroganoff over Noodles Brussels Sprouts in Rosemary Cream Sauce Glazed Carrots Bread Pineapple Dream Dessert	11 Dijon Crusted Pork Loin Hash Brown Casserole Spinach Roll Apple Sauce Bar	12 Turkey & Swiss on Croissant w/Lettuce & Tomato Creamy Cucumber Salad Cottage Cheese Cantaloupe	13 <b>Father's Day Lunch</b> St Louis Style Ribs Baked Beans Potato Salad Roll Blackberry Cobbler 
16 Cheese Ravioli w/Meat Sauce That Good Salad Bread Stick Peaches	17 Brown Sugar Pork Chop Country Potatoes Vegetable Casserole Cornbread Pineapple Upside Down Cake	18 Teriyaki Chicken Fried Rice Steamed Broccoli Egg Roll Mandarin Oranges	19 Country Fried Steak Mashed Potatoes w/Gravy Green Beans Roll Coconut Cream Dessert	20 Chicken & Waffle Sandwich w/Bacon & Maple Mustard Sauce Sweet Potato Fries Pea Salad Watermelon 
23 Tater Tot Casserole Okra & Tomatoes Roll Mixed Fruit	24 Sliced Ham Macaroni & Cheese Squash Medley Cornbread Honey Bun Cake	25 Pot Roast Mashed Potatoes w/Gravy Green Beans Roll Chocolate Pie	26 Creamy Chicken & Rice Casserole Beets Spinach Salad Biscuit Cherry Crisp	27 Meatball Sub Sandwich California Spaghetti Salad Fruit Cookie
30 Fish Sandwich on Bun w/Tarter Sauce Potato Wedges Tangy Cole Slaw Banana Pudding	<b>Ages 60+ Suggested Meal Donation \$4.00</b>  <b>\$8.00 For Under 60 Eating @ Senior Center</b>  <b>\$8.50 For All Take Out</b>	<div>Meals are subject to change due to supply chain availability.</div>	<b>Come join us for Breakfast every Friday Morning from 8:00am to 9:00am Price: Donation</b>  <b>Lunch served daily: 11:30am-12:15pm</b> 	

**Billy V. Hall Senior Activity & Wellness Center**  
 1870 Limekiln Rd.  
 P.O. Box 1648  
 Gravette, AR 72736  
 Phone: 479-787-5950  
 Director - Melissa Provence  
 Email: [director.gravette@ohcnwa.org](mailto:director.gravette@ohcnwa.org)  
 "Billy V. Hall Senior Activity & Wellness Center is an equal opportunity provider, and employer."  
 EEO Employer/AA/M/F/Vet/Disabled



**The Aging Experts**

**Do you have questions or need services for senior adults?**

In-Home Services • Senior Activity Centers  
Home Delivered Meals • Family Caregiver Assistance  
Personal Emergency Response System • Incontinence Supplies  
Housing • Veteran Directed Program

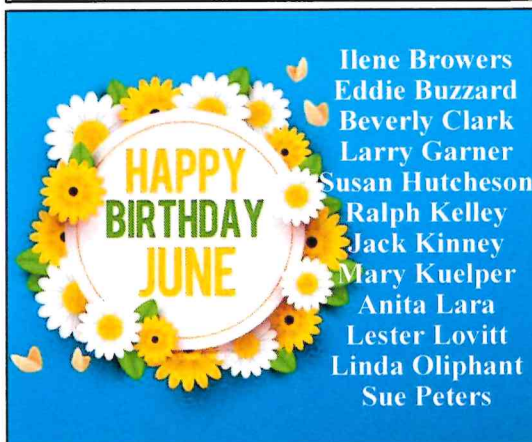
**Area Agency on Aging of Northwest Arkansas**  
 1510 Rock Springs Road  
 Harrison, Arkansas  
 800-432-9721 or 870-741-1144  
[www.aaanwa.org](http://www.aaanwa.org)



# June Activities



Su	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10am-11am- Water Aerobics 10:30am-11:30am- Book Mobile 12:30pm-Cards & Dominos 1:30pm- Beanbag Baseball 😊	3 10am-11:30am- 🎵 Old Town String Band 12:30pm-Lions Club 12:30pm- Ageless Grace 12:30-4:00pm- Cards & Dominos	4 10am-11am- Water Aerobics 11:30am- 🏟️ Birthday Recognition 12:30pm-Cards & Dominos 1pm-Chair Volleyball	5 10am-The Momentary & Applebee's @ Rogers 12:30pm-Ageless Grace 12:30-4:00pm- 🧑🍳 Cards & Dominos Eat Out	6 8am-9am-Breakfast 10am-11am- Water Aerobics 12:30-2:00pm- Cards & Dominos	7
8	9 10am-11am- Water Aerobics 10:30am-11:30am- Book Mobile 12:30pm-Cards & Dominos 1:30pm- Beanbag Baseball 😊	10 10am- 🎮 12:30pm-Ageless Grace 1:30pm-Walmart @ Jane, MO 12:30-4:00pm- Cards & Dominos	11 10am-11am- Water Aerobics 12:30pm-Know What To Do After The Loss Of A Loved One - Presented By: Blaire Wright 12:30-4:00pm- Cards & Dominos	12 10am-Watercolor Class w/Sheila (\$10.00) 🎨 12:30pm-Ageless Grace 12:30-4:00pm- Cards & Dominos	13 8am-9am-Breakfast 10am-11am- Water Aerobics 🎵 10am-11:30am- Country Edge Band 12:30-2:00pm- Cards & Dominos	14
15 Happy Father's Day 🎩	16 10am-11am- Water Aerobics 10:30am-11:30am- Book Mobile 12:30-4:00pm- Cards & Dominos	17 10am-11:30am- 🎵 Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30-4:00pm- Cards & Dominos	18 9:30am- Beaded Craft Class w/Michelinda 🖼️ (\$10.00) 10am-11am- Water Aerobics 12:30pm-Cards & Dominos	19 10am-Wii Bowling w/Siloam @ Gravette 🎳 12:30pm-Ageless Grace 12:30-4:00pm- Cards & Dominos 6pm- Siloam Springs Rodeo 🤠	20 8am-9am-Breakfast 9:30am-11:30am- 🎵 Prairie Roads Band 10am-11am- Water Aerobics 12:30-2:00pm- Cards & Dominos	21 Essential Give Away 10-11am @ Senior Center
22	23 9:30-11:30am-Blood Pressure & Blood Sugar 🩸 10am-Water Aerobics 10am-1pm-Free Hearing Clinic by Avalon Hearing 10:30am-Book Mobile 😊 12:30pm-Cards & Dominos 1:30pm-Beanbag Baseball	24 9:00am-Fayetteville Farmer's Market 🥬 & Steak & Shake 12:30pm-Ageless Grace 12:30-4:00pm- Cards & Dominos	25 10am-11:30am- 🎵 Country Edge Band 10am-11am- 🏟️ Water Aerobics 12:30pm-Cards & Dominos 1pm-Chair Volleyball	26 10am-Watercolor Class w/Sheila (\$10.00) 🎨 12:30pm-Ageless Grace 12:30-4:00pm- Cards & Dominos 4:30pm-Game Night 🎴	27 8am-9am-Breakfast 10am-11am- Water Aerobics 12:30-2:00pm- Cards & Dominos	28
29	30 10am-11am- Water Aerobics 10:30am-11:30am- Book Mobile 12:30pm-Cards & Dominos 5pm-Pizza Night @ Senior Center	Please Note: Activities are subject to change and are weather permitting.		The senior van picks up daily to transport Seniors to the Center. The van is scheduled for Thursday morning shopping in Gravette from 8:30-9:30am. During this time, van riders may do errands in town. Please notify the Senior Center the day before for pick up. (479) 787-5950		Green- Exercise Blue- Regular Pink- Music Black- Games & Activities Red-Trips & Special Events Purple- Clubs  Hours of Operation: Monday - Thursday 8am to 4pm & Fridays 8am to 2pm.



**Thursday, June 5th @ 10am -**  
The Momentary & Applebee's

**Tuesday, June 10th @ 1:30pm -**  
Walmart @ Jane, MO

**Thursday, June 19th @ 6pm -**  
Siloam Springs Rodeo

**Monday, June 23rd -**  
Free Hearing Clinic 10am-1pm  
(Hearing loss screenings, Hearing aid cleaning  
& troubleshooting & Ear wax checks)

**Tuesday, June 24th -**  
Fayetteville Farmer's Market  
& Steak & Shake

Senior Water Aerobics will be starting on  
June 2nd weather permitting at the  
Gravette Public Swimming Pool every  
Monday, Wednesday and Friday from  
10:00am to 11:00am.

A lifeguard will be provided and there is no  
charge to any Senior wanting to attend.  
You may wear shorts and a T-shirt in place  
of a swim suit. So come get some exercise  
and stay cool this summer!