



Farmington Senior Activity Center

340 W. Main St.
Farmington, AR

May 2025

(479) 267-5709

SPRING FLING



Farmington Senior Center

Tuesday May 27

4:00 - 7:00

Bingo Cards 3/\$5.00

Chicken Salad Croissant

Chips * Dessert \$5.00

Coffee & Tea provided

All Ages Welcome

All proceeds benefit

Farmington Senior Center

Meals on Wheels

May Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Bingo 9:00-11:00 Mix Match Pitch	2. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
5. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30	6. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	7. Tai Chi 9:00 Gospel Singing 10:30-11:00	8. Bingo 9:00-11:00 Mix Match Pitch	9. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
12. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30	13. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	14. Tai Chi 9:00 Gospel Singing at Peach Tree Village Leave @ 10:15	15. Bingo 9:00-11:00 Mix Match Pitch	16. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
19. Chair Volley Ball 10:00 Bean Bag Baseball 12:30-1:30	20. Senior Yoga 9:00 Farmers Market Coupons 9:00-11:00 Mix Match Pitch	21. Tai Chi 9:00 Gospel Singing 10:30-11:00	22. Bingo 9:00-11:00 Birthday Cake Mix Match Pitch	23. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30
	27. Senior Yoga 9:00 Gospel Singing w/Shawn 10:00 Mix Match Pitch	28. Tai Chi 9:00 Gospel Singing 10:30-11:00	29. Bingo 9:00-11:00 Mix Match Pitch	30. Strength & Stretch 9:00 Bible Study 10:00 Canasta 12:30

Suggested Donation

\$4.00

May Menu

Lunch Served

11:30-12:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu Subject to Change				1. Roast Turkey Diane Noodles Green Beans Wheat Roll Melon Cup
5. Cinco de Mayo Enchiladas Fiesta Rice Black Beans Cookie	6. Salisbury Steak w/Gravy Mashed Potatoes Corn Rosey Apple Slices Wheat Roll	7. Roast Turkey Dressing Brussels Sprouts Roll Brownies	8. Lasagna Italian Veggies Bread Stick Fruit Cup	9. Chicken Cobb Salad Pasta Salad Crackers Tropical Fruit Dream
12. Breaded Fish Filet French Fries Veggie Blend Wheat Roll Cookie	13. Sweet & Sour Pork White Rice Asian Veggie Blend Egg Roll Mandarin Oranges	14. Chopped Steak w/Gravy Mashed Potatoes Cauliflower Wheat Roll Cheesecake	15. Baked Ham Black Eyed Peas Greens Cornbread Fruit Cocktail	16. Hamburger Relish Plate Tater Tots Applesauce
19. Marinated Chicken Parmesan Basil Pasta Baby Carrots Roll Pears	20. Blackened Tilapia Corn Coleslaw Wheat Roll Country Apples	21. Chicken & Dumplings Mashed Potatoes Green Beans Roll Grapes	22. Pork Cutlet Supreme Parslied Potatoes Green Peas Wheat Roll Cake	23. Chicken Sandwich Potato Wedges Cali Blend Veggies Chocolate Chip Cookie
	27. Baked Chicken Corn bread Dressing Spinach Wheat Roll Fruit Cup	28. Meatloaf Roasted Potatoes Broccoli Roll Fruit Cup	29. Pork Carnitas Refried Beans Tomato Corn Cilantro Salad Cinnamon Roll Cream Cheese Churro	30. Chicken Vesuvio Peas & Pearl Onions Wheat Roll Coconut Cream Cake

West Fork Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Senior Games @ Harrison	2.
5.	6. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	7.	8. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	9.
12. Bean Bag Baseball @ West Fork West Fork vs Huntsville 9:30	13. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	14.	15. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 BINGO 11:00-12:00	16.
19.	20. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	21.	22. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	23.
	27. Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Chair Volley Ball or Bean Bag Baseball	28. Bean Bag Baseball @ Lincoln 9:30	29. Quilting 9:00-10:30 Walk It Off 9:30-10:00 PEPPI 10:00-11:00 Dominos & Board Games	30.

COME JOIN THE FUN

Sign up for All Trips in the Office

05/06: Memory Lane Museum, Berryville

Leave at 9:00 *\$20.00*

05/20: Farmers Market, Lunch & a Movie, Fayetteville

Leave at 10:00

05/20: Farmers Market Coupons 9:00-11:00

Farmington Senior Center

05/26: Closed for Memorial Day

05/27: Spring Fling Bingo 4:00-7:00

Farmington Senior Center

06/03: *David* Sight & Sound Theatre, Branson

Leave at 9:00 *\$98.00*



Transportation is provided Monday - Thursday 8:00 am to 12:00 pm

Doctor appointments Monday thru Thursday

Light shopping trips on Wednesday

Inside Farmington \$2.00

Fayetteville \$5.00

Must Call 48 hours in advance to schedule your trip

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