





Open Monday-Friday 8am-3:30pm 870-425-7585

BAXTER HOUSE ADULT DAY CARE SERVICES

May

VOLUME 2025

Issue 5



Brian



Sunday, May 11th

Closed Monday May 26th





OLDER AMERICANS

Every May, the <u>Administration of Community Living</u> leads our nation's observance of <u>Older Americans Month</u>, a time to recognize older Americans' contributions, highlight aging trends, and reaffirm our commitment of serving older adults. When established in 1963, about one third of older Americans lived in poverty and there were few programs working to meet the needs of the elderly. Today, we not only recognize the contributions of the elderly but also, tackle critical issues that are far more common than we might believe. Issues such as Elder abuse, difficulty accessing longterm care, feeling ostracized by a community they helped build or helping them find ways to remain independent.

The theme this year, <u>Flip the Script on Aging</u>, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions.

At Baxter House ADC, while we are here to meet the needs of our clients and their caregivers we devote a lot of energy to assist our clients to be the best they can be to their ability. While engaging in activities, they are a great influence and encourager to each other. We are very blessed, with the opportunity, to watch the care and interaction they share with one another. Each one of our clients is greatly appreciated and valued.

This year, join us in honoring older adults' contributions, exploring the many opportunities for staying actively engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging.

Join us as we 'Flip the Script on Aging'.





1101-3 Spring Street (Cooper Park) P. O. Box 932 Mtn. Home, Arkansas 72654-0932

<u>Your Home Away From Home</u> Tena Recktenwald Center Director

WE CARE ABOUT YOU !

Phone: 870-425-7585 Fax: 870-425-0894 baxterhouseadc@aaanwar.org

AREA AGENCY FOUNDATION

THE GOAL OF THE AREA AGENCY FOUNDATION IS TO SECURE THE FUTURE OF AGING SERVICES. IF ANYONE WOULD LIKE TO DONATE IN BAXTER HOUSE'S NAME, THE MONEY COMES BACK TO OUR CENTER. WE **RECEIVE ALL MONEY** DONATED IN OUR NAME. WE APPRECIATE ANY DONATIONS TO BAXTER HOUSE ADULT DAY SERVICES

Baxter House Adult Services Is a Non Profit Organization. "An equal Opportunity provider, and Employer." We serve the elderly of Baxter County & the surrounding area.

Baxter House Weekly Activity Schedule:

8:00 We open with coffee and a light breakfast for clients arriving early, Socializing, Daily News, word search and cross word puzzles. 9:00 Walking in the park, weather permitting or exercising inside. 10:00 Tuesdays-Therapy Dog ,All other days games, crafts, etc.. 11:00 Pledge of allegiance followed by lunch prayer. Time for lunch! 12:00 Rest time, reading and/or trivia.

1:00 Various guests volunteer their time with music and fellowship. When no guests are scheduled clients engage in karaoke, crafts, games, trivia or a walk in the park.

2:00 Snack time and celebration of birthdays and holidays 2:30-3:30 Clients begin to leave but for those who remain we complete any craft projects begun earlier in the day, board games, table games and puzzles, as well as a stroll in the park if the weather is nice.

It's time to celebrate ! Wednesday, April 30th 12:30 pm-2:30 pm Baxter House Adult Day Center

Come join us as we celebrate Tena's retirement.



6

VAN MATRE SENIOR CENTER LUNCH MENU

* All Menu items are subject to change according to seasonality and availability * Check our Facebook account weekly for updated lunch changes Monday - Friday

Under 60 & Carry-out meals \$8.00 (tax included)

May 2025

Monday - Friday 11:00 AM - 12:00 PM 60 years or older Suggested donation \$4.00

MON	TUES	WED	THURS	FRI
			1	2
			Baked chicken Cornbread dressing Spinach Wheat dinner roll Berry cup	Ham steak Cream cheese com Brussels sprouts medley Wheat dinner roll Chocolate pudding
5	6	7	8	9
Salisbury steak with Peppers Potatoes Herbed zucchini Wheat dinner roll Rosy apple slices	Pineapple chicken Fried rice Stir fry vegetable blend Fruit	Pork carnitas Refried beans Tomato corn cilantro Salad Flour tortilla Churro	Turkey Dressing Brussels Sprouts Wheat dinner roll Fruit	Lasagna with Meat sauce Italian vegetable blend Breadstick Ice cream
12	13	14	15	16
Chopped steak Mushroom gravy Mashed potato casserole Cauliflower Wheat dinner roll Fruit	Swedish meatballs Noodles Broccoli florets Wheat dinner roll Blushing pears	Baked turkey breast Noodles Brussels sprouts Wheat dinner roll Pears & apricots	Breaded fish filet Tartar sauce French fries Vegetable salad Wheat dinner roll Lemon pound cake	Mushroom Swiss Hamburger Lettuce & tomato Tater tots Ice cream
19	20	21	22	23
Marinated chicken Parmesan basil orzo Baby carrots Wheat dinner roll Pear crisp	Chicken & dumplings Mashed potatoes Green beans Wheat dinner roll Fruit	Roasted turkey Dressing with gravy Succotash Wheat dinner roll Fruit	Beef with Roasted vegetables Rissole potatoes Wheat dinner roll Cookie	Pork cutlet supreme Parslied potatoes Peas & mushrooms Wheat dinner roll Angel food cake
26	27	28	29	30
Center is closed for Memorial Day	Pot roast Potatoes Carrots & celery Wheat dinner roll Fruit	Meatloaf Roasted potatoes Broccoli Wheat dinner roll Mandarin oranges	Crispy chicken salad Marinated cucumber Salad Wheat dinner roll Cookie	Breaded shrimp Macaroni & Cheese Broccoli Florets Wheat dinner roll Fruit

PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS: DAIRY, EGGS, WHEAT, SOYBEAN, NUTS, FISH, OR SHELLFISH.

What are "Endowments"?

Endowments are not new, but are now becoming very popular. They are a vehicle used to build a managed investment whose earnings are used only for a specific purpose without using any of the donations made to it. The donations continue to earn income for as long as there is a need for the specific purpose for which it was established.

Please consider Baxter House Adult Day Care if you are considering an Endowment. You decide and designate the specific purpose such as "providing supplemental support to needy people and/or clients who need our services. You may also make cash donations to our existing Endowment. We encourage contributions from wills, estates, stocks or cash to help build our endowment. Earnings are used only for funding to supplement our programs and reduce costs for those in need of our services.

> Baxter House is a 501 (c) 3 Non Profit organization. Donations can be made to Baxter House Adult Day Care P.O. Box 932 Mountain Home, AR. 72654 or call 870-425-7585!

May Wish List

We want to express our appreciation for our friends who donate so generously to the

center. We have everything we need.



Current Endowments Perry Joe Messick Mary Ann Clifft

<u>Donations</u> <u>In</u> Loving Memory

Susie Messick Gail Brown Gerald R. Clifft Larry Ritter Peggy Saylor

Memorial Day

May we never forget the brave soldiers who laid down their lives to safeguard our liberty. On this Memorial Day, we express our profound gratitude and extend our thoughts and prayers to their families.





Joe Messick Edmonds Family Barbara and Bonnie Wheeler Janis Tully Cheryl and Jeannie Schult Jane Gilligan Melissa and Clayton Robinson Kathy Weaver Donna and Dana Wallace Pastor Johnny Lake Mary Ann Clifft Donna and Greg Meng Roger Reed Diana Wisterman **Todd and Alison Goin** Francis Jones **Tim and Terry Beck Robert Saylor XL7 Sports** Susan Phillip Sue Reesman **Jane Ritter Don and Betty Pippin** Charlotte , the VFW, and American Legion Auxiliary James Dean and Ms Vicky **Our Many Anonymous Donors**

<u>Volunteers</u> <u>Always Welcome</u>

Baxter House Adult Day Center is a social environment and we are always looking for new and interesting activities and friends to share time with.

If you enjoy visiting with elderly individuals we are the place for you.

If you have a special ability to sing, read or tell stories, play games, play an instrument, style hair, teach a craft, or just sit and visit; you could make a difference in the day for our clients and yourself by volunteering at Baxter House Adult Day Center.

If you are interested in more information give us a call at 870-425-7585.