



April Menu

MON	TUE	WED	THU	FRI
<p>\$4 Suggested Donation for 60+</p> <p>\$8 Charge for under 60 eating on site</p> <p>\$8.50 Charge for all takeout</p>	<p>1 Fish Sticks Buttered Corn Collard Greens Fresh Roll Green Tomato Relish Lemon Crème Cake</p>	<p>2 Oven Chicken Fajitas Peppers/Onion/Tomato Fiesta Rice Seasoned Black Beans Fresh Fruit</p>	<p>3 Spaghetti w/Meat Sauce Buttered Corn Side Salad w/Dressing Garlic Bread</p>	<p>4 Broccoli Cheese Soup W/ Crackers 1/2 Tuna Salad Sandwich Fruit Salad w/ Sour Cream Dressing</p>
<p>7 Philly Cheesesteak Sandwich w/Au Jus Mixed Vegetables Baked Potato Chips Peach Crisp</p>	<p>8 Chicken Tenders Mac and Cheese Green Beans w/Bacon Chocolate Cake</p>	<p>9 BBQ Riblet Sandwich w/Pickles and Onion Au Gratin Potatoes Baked Beans Rice Crispy Treat</p>	<p>10 Hearty Chili w /Crackers Fiesta Corn Fruit Medley Sugar Cookie</p>	<p>11 Mushroom Chicken Wild Rice Blend California Vegetables Mixed Berry Crisp</p>
<p>14 Tater Tot Casserole Peas & Carrots Hot Baked Roll Angel Food Cake w/Fruit</p>	<p>15 Chicken Spaghetti Green Beans Hot Baked Roll Fresh Baked Cookie</p>	<p>16 Vegetable Beef Soup w/Crackers 1/2 Grilled Cheese Sandwich Cottage Cheese / Peaches</p>	<p>17 Open Faced Turkey Sandwich w/ Mashed Potatoes/Turkey Gravy Okra and Tomatoes Tropical Fruit Salad</p>	<p>18 Brown Sugar Ham Sweet Potatoes Brussels Sprouts Fresh Flaky Biscuit Spiced Carrot Cake</p>
<p>21 Honey Lemon Chicken Au Gratin Potatoes Roasted Asparagus Fresh Baked Roll Oatmeal Cookie</p>	<p>22 Steak Fingers w/Cream Gravy Buttered Carrots Fresh Baked Biscuit Peach Crisp</p>	<p>23 Ham & Beans Potatoes & Onions Seasoned Greens Cornbread Cookie</p>	<p>24 Chicken & Dumplings Peas & Carrots Cornbread Fruit Cocktail</p>	<p>25 Meatloaf Potatoes w/ Brown Gravy California Vegetables Wheat Roll Cinnamon Applesauce</p>
<p>28 Sloppy Joe Baked French Fries Texas Pinto Beans Mixed Fruit Parfait</p>	<p>29 Roasted Turkey w/Roasted Potatoes Seasoned Green Beans Fresh Baked Roll Cherry Crisp</p>	<p>30 Soft Beef Tacos Lettuce / Tomato / Onion Guacamole / Sour Cream Spanish Rice Chips & Salsa</p>	<p>Drawing For Free Meal Ticket will be held at the end of the Month</p>	<p><u>MENU SUBJECT TO CHANGE DUE TO SUPPLY CHAIN AVAILABILITY</u></p> <p><u>CALL IN BY 9:30 AM</u></p>



The Aging Experts
Do you have questions or need services for senior adults?
In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

Area Agency on Aging of Northwest Arkansas
3330 Rock Springs Road
Harrison, Arkansas
800-423-9222 or 870-741-1144
www.aagnc.org

Carroll County Senior Activity & Wellness Center
202 West Madison Avenue
Berryville, AR 72616
Mon-Thurs 8AM-4PM
Friday 8AM-2PM
Phone: 870-423-3265

Suggested Meal Donation for those age 60+ is \$4.00
Lunch is served at 12:00pm
MON-FRI
PLEASE ARRIVE EARLIER THAN 12:00 PM FOR LUNCH

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. EEO EMPLOYER/AA/M/F/VET/DISABLED".





April Activities

MON	TUE	WED	THU	FRI
<p>38TH ANNUAL NW AR SENIOR GAME REGISTRATION DEADLINE: APRIL 14 CALL OR COME IN FOR MORE INFO</p>	<p>1 <u>10:00am-11:00am</u> Board & Card Games</p> <p><u>12:45pm-1:45pm</u> Walmart</p>	<p>2 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p>	<p>3 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>4 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles</p>
<p>7 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>10:00am-11:00am</u> Tai Chi Class</p>	<p>8 <u>10:00am-11:00am</u> Board & Card Games <u>10:00am-11:00am</u> CRAFTY TUESDAY Easter Gnome Magnet <u>12:45pm-1:45pm</u> Walmart</p>	<p>9 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>8:00am</u> Bus Leaves for Harrison Shopping Trip</p>	<p>10 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>11 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles</p>
<p>14 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class</p>	<p>15 <u>10:00am-11:00am</u> Board & Card Games <u>11:00am-11:45am</u> Ambassador Committee Meeting <u>12:45pm-1:45pm</u> Walmart</p>	<p>16 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p> <p><u>9:30 Bus leaves for</u> Berryville Shopping Trip</p>	<p>27 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>18 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzle s</p>
<p>21 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class</p>	<p>22 <u>10:00am-11:00am</u> Board & Card Games <u>12:45pm-1:45pm</u> Walmart</p>	<p>23 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>9:30 am</u> Bus leaves for Thorncrown Chapel Trip</p>	<p>24 <u>8:30am-11:30am</u> Quilting Group</p> <p><u>10:00am-11:00am</u> BINGO!</p>	<p>25 Available All Day: Billiard Tables Pinochle Dominoes Gym Area Puzzles</p>
<p>28 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class</p>	<p>29 <u>10:00am-11:00am</u> Board & Card Games <u>12:45pm-1:45pm</u> Walmart</p>	<p>30 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class</p>	<p>SUGGESTED DONATION FOR VAN RIDES \$3.00-\$10.00 BASED ON DESTINATION</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE AND ARE WEATHER PERMITTING</p>



Carroll County Senior Activity & Wellness Center
202 West Madison Avenue
Berryville, Arkansas 72616
(870) 423-3265

Mon - Thurs 8am-4:pm / Fri 8am-2pm



The Aging Experts
Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veterans Directed Program

Area Agency on Aging
of Northwest Arkansas
1810 Rock Springs Blvd.
Fayetteville, Arkansas
800-472-2711 or 937-715-1144
www.aanw.org

Shop the Carroll
County Senior
Thrift Store on the
Square! Between
Wilson's TV &
Farmer in the Deli!
Wed-Sat 11am-4pm
(870) 929-6280