

# Prairie Grove SAWC May 2024 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Joke of the Month</b>  <b>Why shouldn't you trust trees?</b>  <b>They can be a little shady!!!!</b>  <b>HAHAHA!!!!</b>	<b>Coffee is ready at 8AM</b>	<b>1</b>  <b>9:15 Low Impact Exercise Class</b>  <b>Card Games</b>  <b>Dominoes</b>  <b>Puzzle Table</b>	<b>2</b>  <b>9:30 Bingo</b>  <b>12:30 Beanbag Baseball</b>  <b>5:30 Dinner Out at Catfish Hole</b>	<b>3</b>  <b>9:15 Low Impact Exercise Class</b>  <b>12:30 Bridge</b>  <b>Card Games</b>  <b>Dominoes</b>
<b>6</b>  <b>9:15 Low Impact Exercise Class</b>  <b>12:30 Karaoke</b>  <b>Card Games</b>  <b>Dominoes</b>	<b>7</b>  <b>9:30 Beanbag Baseball</b>  <b>9:30 Canasta</b>  <b>Puzzle Table</b>  <b>Card Games</b>  <b>Dominoes</b>	<b>8</b>  <b>9:15 Low impact Exercise Class</b>  <b>12:30 Trip to Prairie Grove Historical Society</b>  <b>Card Games</b>	<b>9</b>  <b>9:30 Chair Volleyball</b>  <b>12:30 Beanbag Baseball</b>  <b>12:30 Pitch</b>  <b>Dominoes</b>	<b>10</b>  <b>9:15 Low Impact Exercise Class</b>  <b>12:30 Bridge</b>  <b>Card Games</b>  <b>Dominoes</b>
<b>13</b>  <b>9:15 Low Impact Exercise Class</b>  <b>12:30 Trivia Contest</b>  <b>Card Games</b>  <b>Puzzle Table</b>	<b>14</b>  <b>9:30 Beanbag Baseball</b>  <b>9:30 Canasta</b>  <b>Card Games</b>  <b>Dominoes</b>  <b>Puzzle Table</b>	<b>15</b>  <b>9:15 Low Impact Exercise Class</b>  <b>Card Games</b>  <b>Dominoes</b>  <b>Birthday Celebration!!</b>	<b>16</b>  <b>9:30 Bingo</b>  <b>12:30 Beanbag Baseball at Lincoln</b>  <b>12:30 Pitch</b>  <b>Card Games</b>	<b>17</b>  <b>9:15 Low impact Exercise Class</b>  <b>12:30 Bridge</b>  <b>Card Games</b>  <b>Dominoes</b>
<b>20</b>  <b>9:15 Low impact Exercise Class</b>  <b>1:00-3:00 Farmers Market Coupon Sign Up</b>	<b>21</b>  <b>9:30 Beanbag Baseball</b>  <b>9:30 Canasta</b>  <b>Card Games</b>  <b>Dominoes</b>	<b>22</b>  <b>9:15 Low impact Exercise Class</b>  <b>12:30 Karaoke</b>  <b>Dominoes</b>  <b>Card Games</b>	<b>23</b>  <b>9:30 WII Bowling</b>  <b>12:30 Beanbag Baseball</b>  <b>12:30 Pitch</b>  <b>Card Games</b>	<b>24</b>  <b>9:15 Low Impact Exercise Class</b>  <b>12:30 Bridge</b>  <b>Card Games</b>  <b>Dominoes</b>
<b>27</b>  <b>Closed for Memorial Day!!!</b>	<b>28</b>  <b>9:30 Beanbag Baseball</b>  <b>9:30 Canasta</b>  <b>Card Games</b>  <b>Dominoes</b>  <b>Puzzle Table</b>	<b>29</b>  <b>9:15 Low Impact Exercise Class</b>  <b>12:30 Movie day</b>  <b>Dominoes</b>  <b>Puzzle Table</b>	<b>30</b>  <b>9:30 Bingo</b>  <b>12:30 Beanbag Baseball</b>  <b>Dance Night \$5.00</b>  <b>Pizza 6:00 Dance 6:30</b>	<b>31</b>  <b>9:15 Low Impact Exercise Class</b>  <b>12:30 Bridge</b>  <b>Card Games</b>  <b>Dominoes</b>

## Prairie Grove SAWC May 2024 Lunch Menu

**475 Ed Staggs Dr. 72753 • (479) 846-2794**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Congregate and Home Delivered Meals for Seniors 60+</b> <b>Suggested Donation \$4.00</b>	<b>Under 60 and all take out meals: \$6.59</b> <b>TO GO ORDERS CALL (479) 846-2794</b> <i><u>Menu is subject to change due to availability</u></i>	<b>1</b> Sloppy Joes Potato Chips Peas & Carrots Chocolate Pudding Cup	<b>2</b> Catfish Tomatoes & Zucchini Coleslaw Cornbread Fruit	<b>3</b> Italian Baked Chicken Rice Pilaf Cauliflower Roll Fruit
<b>6</b> Honey Chicken New Potatoes Green Beans Biscuit Fruit	<b>7</b> Ham & Beans Fried Taters Spinach Cornbread Rice Krispie Treat	<b>8</b> Meatloaf Mashed Potatoes Corn Roll Cookie	<b>9</b> Tuna Salad Sandwich Potato Chips Cottage Cheese Fruit	<b>10</b> Chili Baked Potato Mexican Corn Banana
<b>13</b> Pot Roast Mashed Potatoes Green Beans Roll Fruit	<b>14</b> Chicken Cordon Bleu Baked Potato Broccoli w/Cheese Sauce Roll Ice Cream	<b>15</b> BBQ Pulled Pork Sandwich Coleslaw Baked Beans Lemon Bars	<b>16</b> Oven Fried Chicken Potato Salad Mixed Vegetables Roll Fruit	<b>17</b> Beef Tips & Brown Gravy Egg Noodles Carrots Roll Fruit
<b>20</b> Spaghetti and Meatballs Broccoli Garlic Knot Fruit	<b>21</b> Pork Carnitas Mexican Corn Refried Beans Orange Fluff	<b>22</b> Sausage and Eggs Biscuit & Gravy Potatoes Sliced Tomatoes Orange Juice	<b>23</b> Chicken Pot Pie Carrots Roll Fruit	<b>24</b> Chicken Enchilada Casserole Mexican Rice Lettuce Salad Cake
<b>27 Closed for MEMORIAL DAY</b> 	<b>28</b> Chicken Tenders Mac & Cheese Peas & Carrots Roll Ice Cream	<b>29</b> French Dip Sandwiches Mixed Veggies Chips Blackberry Cobbler	<b>30</b> Catfish Brown Beans Coleslaw Hushpuppies Fruit	<b>31</b> Lasagna Salad Garlic Knot Fruit