

MADISON COUNTY SENIOR ACTIVITY & WELLNESS CENTER

MAY MENU 2024



Mon	Tue	Wed	Thu	Fri
Menu Subject to Change Due to Supply Chain Availability Breakfast Served on Wednesday 8:30 am Lunch served Mon-Fri 11:45 am	\$4.00 Suggested Meal Donation for Over 60 \$6.00 for Carry out and Under 60	1 Frito Pie w/ Sour Cream & Salsa Fiesta Corn Fruited Jell-O	2 Chicken Fajita Taco w/ Peppers & Onions Mexican Rice Refried Beans Brownie	3 St. Louis Ribs Baked Potato Salad Baked Beans Cornbread Fruit
6 BBQ Chicken Breast Scalloped Potatoes Fried Okra Cornbread Fruit	7 Meatloaf w/ Potatoes & Gravy Country Veggies Hot Roll Cookie	8 Fried Shrimp French Fries Creamy Coleslaw Cornbread Cookie	9 Smoked Sausage Roasted Potatoes Green Beans Apple Crisp	10 Chicken Quesadilla Sour Cream / Salsa Corn & Black Bean Salad Brownie
13 Sloppy Joe w/ Bun Tater Tots Apple Cider Slaw Fruit Crisp	14 Chicken Fried Steak Potatoes & Gravy Peas & Carrots Hot Roll Brownie	15 Ham & Cheese Loaded Baked Potato Side Salad /Dressing Hot Roll Pudding	16 Cheese Ravioli w/ Meat Sauce Tuscan Vegetables Garlic Toast Cookie	17 Orange Chicken Fried Rice Eggroll Macadamia Nut Cookie
20 Grilled Chicken Sandwich Tater Babies Broccoli Salad Cookie	21 Spaghetti w/Meat Sauce Green Beans Garlic Toast Pudding	22 Chicken Tenders Potatoes & Gravy Corn Hot Roll Fruit Crisp	23 Chef Salad w/ Ham, Turkey, Tomatoes, Carrots, Cucumbers Dressing Crackers Yogurt w/ Fruit	24 Cheeseburger Potato Wedges Baked Beans Sherbet
	28 Breaded Cod Pinto Beans Fried Potatoes Cornbread Cake	29 Pulled Pork Sandwich Coleslaw Potato Chips Fruit	30 Beef & Bean Burrito Spanish Rice Chips/Salsa Brownie	31 Sweet/Sour Chicken Veggie Fried Rice Vegetable Eggroll Mandarin oranges



Madison County Senior Activity & Wellness Center

903 N College St


Huntsville, AR 72740

479-738-2750

Monday-Friday 8 a.m.—4 p.m.

This institution is an equal opportunity provider and employer. EEO Employer/AA/M/F/VET/Disabled.

MAY ACTIVITIES 2024

Mon	Tue	Wed	Thu	Fri
Dance 2nd & 4th Saturday night From 7:00 to 10:00 pm	Suggested Donation For Transportation \$3 to \$10 Based on Destination	1 Breakfast 8:30 am Beanbag Baseball practice 10 am	2 Silver Sneakers 8:30 am Tai Chi 9:45 am Wii Bowling 10 am	3 Bingo 10 am Arvest Sponsored Senior Game Leave at 7:30 am
6 Beanbag Baseball Practice 10 am	7 Highlighters 10am Silver Sneakers 8:30 am Tai Chi 9:45 am Art Class 1 pm	8 Breakfast 8:30 am Marion Johnson Band 10 am	9 Boulder Creek Band 10 am Silver Sneakers 8:30 am	10 Bingo 10 am Sponsored by Aurora Church of Christ
13 Crafts with Judy 10 am	14 Highlighters 10am Silver Sneakers 8:30 am Tai Chi 9:45 am	15 Breakfast 8:30 Chair Volleyball 10 am	16 Silver Sneakers 8:30 Tai Chi 9:45 am Beanbag Baseball practice 10 am	17 Bingo 10am Anstaff Bank Sponsored Farmer's Market Coupon Sign up 9 am -12 pm
20 Retired Secretaries meeting 11:00 am Lady Bug Meeting 12:30 pm	21 Highlighters 10am Silver Sneakers 8:30 am Tai Chi 9:45 am	22 Breakfast 8:30 am Marion Johnson Band 10 am	23 Boulder Creek Band 10 am Silver Sneakers 8:30 am Tai Chi 9:45 am Dinner Out- Catfish Hole-Fayetteville-	24 Bingo 10 am The Madison County Record Sponsored
 Memorial Day	28 Highlighters 10am Silver Sneakers 8:30 am Tai Chi 9:45 am Art Class 1 pm	29 Breakfast 8:30 am Aldi's & Cargill Store- Leave at 9 am	30 Silver Sneakers 8:30 am Tai Chi 9:45 am Beanbag Baseball practice 10 am	31 Bingo 10 am Today's Bank Sponsored



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The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

Area Agency on Aging
of Northwest Arkansas
1510 Rock Springs Road
Harrison, Arkansas
800-432-9721 or 870-741-1144
www.aanwar.org