



MAY MENU

MENU SUBJECT TO
CHANGE
DUE TO
SUPPLY CHAIN
AVAILABILITY

Mon	Tue	Wed	Thu	Fri
Suggested Donation for those AGE 60 OR OLDER	<u>Lunch is a \$6.00 Charge for ALL Guests Under age 60 and ALL Carry-Out</u>	1 Texas Cowboy Stew Garden Salad w/Dressing Mexican Cornbread	2 BLT Sandwich Tater Tots Baked Beans	3 Chicken Salad / Croissant Three Bean Salad Potato Chips Fresh Fruit
6 Beef & Bean Taco w/Queso Refried Beans Spanish Rice	7 Beef Stroganoff Egg Noodles California Vegetables Biscuit Apple Cobbler	8 Chicken Sandwich w/ Lettuce/Tomato/Onion Sweet Potato Fries Tangy Coleslaw	9 <u>Mother's Day Brunch</u> Biscuits & Gravy Sausage Scrambled Eggs Blueberry Muffin Mandarin Oranges	10 Chicken Tenders Macaroni & Cheese Seasoned Green Beans Fruit Cup
13 BBQ Chicken Breast Fried Okra Baked Beans Cornbread	14 Beef Goulash w/Buttered Noodles Spiced Carrots Biscuit	15 Chicken Caesar Salad w/Dressing Summer Fruit Cup Crackers Peanut Butter Cookie	16 Ham / Cheese Sandwich Garden Pasta Salad Fresh Fruit	17 Open-Faced Roast Beef Sandwich Potatoes & Brown Gravy Glazed Carrots
20 Lemon Pepper Chicken Rice Pilaf Capri Vegetables Roll	21 Chicken Cordon Bleu Scalloped Potatoes Spinach Fruit Salad Deluxe	22 Turkey/Swiss Sandwich Cucumber/Tomato Salad Potato Chips Fruit	23 <u>BIRTHDAY</u> Chicken Fried Steak Potatoes & Gravy Hot Biscuit Strawberry Shortcake	24 Roasted Pork Loin w/ Potatoes, Carrots, Onions Whole Kernel Corn Fresh Baked Roll
27 <u>CENTER CLOSED</u> <u>IN OBSERVANCE OF</u> <u>MEMORIAL DAY</u>	28 Chicken Spaghetti Buttered Corn Garlic Bread	29 Frito Chili Pie Sour Cream & Salsa Fiesta Corn Peach Cobbler	30 Chicken & Rice Bake Zucchini Cornbread Spiced Apples	31 Saucy Brown Sugar Pork Chop Whipped Sweet Potatoes Black-Eyed Peas Cornbread



Carroll County Senior
Activity & Wellness Center
202 West Madison Avenue
Berryville, AR 72616
Monday-Thursday 8 AM-4 PM
Friday 8 AM-2 PM
Phone: 870-423-3265
Christina Butler, Director

**LUNCH IS SERVED
AT 12:00 PM
MON-FRI**



The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

Area Agency on Aging
of Northwest Arkansas
1510 Rock Springs Road
Harrison, Arkansas
800-432-9721 or 870-741-1144
www.aanwv.org



MAY ACTIVITIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Shop the Senior Thrift Store on the Square! Between Wilson's TV & Farmer in the Deli! <u>Wed-Sat 11am-4pm</u> <u>(870) 929-6280</u>	Farmer's Market Coupon Books MONDAY MAY 20 9:00am-11:00am	1 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class	2 <u>8:30am-11:30am</u> Quilting Group	3 NWA SENIOR GAMES-HARRISON Bus leaves 7:30am Return approx. 3:30pm	4
5	6 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class	7 <u>8:00am-8:30am</u> BHS Volunteers <u>12:45pm-1:45pm</u> Walmart	8 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class	9 <u>8:30am-11:30am</u> Quilting Group <u>10:00am-11:00am</u> BINGO!	10 <u>9:00am-10:00am</u> Bean Bag Baseball	11
12	13 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class	14 <u>8:00am-8:30am</u> BHS Volunteers <u>12:45pm-1:45pm</u> Walmart	15 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class	16 <u>8:30am-11:30am</u> Quilting Group <u>10:00am-11:00am</u> Crafting with Bonnie <u>12:45pm-1:30pm</u> Ambassador Meeting	17 <u>9:00am-10:00am</u> Bean Bag Baseball	18
19	20 <u>9:00am-11:00am</u> Farmer's Market Coupon Book Registration <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class <u>10:00am-11:00am</u> Tai Chi Class	21 <u>8:00am-8:30am</u> BHS Volunteers <u>12:45pm-1:45pm</u> Walmart	22 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class	23 <u>8:30am-11:30am</u> Quilting Group <u>10:00am-11:00am</u> BINGO! <u>11:45am</u> May Birthday Recognition	24 <u>9:00am-10:00am</u> Bean Bag Baseball	25
26	27 <u>CENTER CLOSED</u> <u>IN OBSERVANCE OF</u> <u>MEMORIAL DAY</u>	28 <u>8:00am-8:30am</u> BHS Volunteers <u>12:45pm-1:45pm</u> Walmart	29 <u>9:00am-10:00am</u> Strength, Flexibility & Balance Exercise Class	30 <u>8:30am-11:30am</u> Quilting Group	31 <u>9:00am-10:00am</u> Bean Bag Baseball	30

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Berryville, Arkansas 72616

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Monday - Thursday 8:00am-4:00pm

Friday 8:00am-2:00pm

