



Meals are subject to change due to supply chain availability.

Billy V Hall Senior Activity & Wellness Center

May Menu

| Mon | Tue | Wed | Thu | Fri |
|---|--|--|--|--|
| <p>Come join us for Breakfast every Friday Morning from 8:00am to 9:00am Price: Donation</p>  <p>Lunch served daily: 11:30am-12:15pm</p> | <p>Agnes 60+ Suggested Meal Donation \$4.00</p> <p>Under 60 & Take Out Must Pay \$6.00</p> | <p>1 Sliced Brisket Baked Potato Casserole Coleslaw Roll Birthday Cake</p> | <p>2 Chicken Tenders w/ Cream Gravy on Side Macaroni & Cheese Corn on the Cob Biscuit Black Forrest Cake</p> | <p>3 Pulled Pork Baked Potato w/Bacon, Cheese & Chives Broccoli Salad Chunky Fruit Cookie</p> |
| <p>6 Strawberry Mango Grilled Chicken Salad Cottage Cheese & Tomato Wedges Crackers Cantaloupe</p> | <p>7 Polish Sausage on Bun w/Sauerkraut Baby Baker Potatoes Sunshine Salad Brownie</p> | <p>8 Meatloaf Mashed Potatoes w/Gravy Green Beans Roll Coconut Cream Dessert</p> | <p>9 Turkey, Bacon & Swiss on Croissant w/Cranberry Cream Cheese & Lettuce Cucumber, Tomato & Onion Salad Sun Chips Cookie</p> | <p>10 Mother's Day Lunch Ham & Cheese Quiche Roasted Red Potatoes Spinach Salad Orange Cranberry Muffin Strawberry Cream Pie</p> |
| <p>13 Breaded Chicken on Bun w/Lettuce & Tomato Macaroni Salad Fried Green Tomatoes Dill Pickle Spear Rice Crispy Treat</p> | <p>14 Beef Enchiladas Spanish Rice Refried Beans Tropical Fruit</p> | <p>15 Herb Crusted Pork Tender Loin Au Gratin Potatoes Brussels Sprouts Cornbread Applesauce Bar</p> | <p>16 Oven Fried Chicken Creamy Cheesy Corn Black Eyed Peas Biscuit Sidekick Fruit Cup</p> | <p>17 Fish & Chips Tangy Coleslaw Hushpuppies Key Lime Pie</p> |
| <p>20 General Tso's Chicken Vegetable Fried Rice Eggroll Fortune Cookie Mandarin Oranges</p> | <p>21 Country Fried Steak Mashed Potatoes w/Gravy Green Beans Roll Blackberry Cobbler</p> | <p>22 Chicken Cordon Bleu Wild Rice Asparagus Bread Daffodil Cake</p> | <p>23 Sloppy Joe on Bun Fried Okra Tater Tots Fig Bar</p> | <p>24 St. Louis Style Ribs Baked Beans Potato Salad Roll Strawberry Shortcake</p> |
| <p>27 Closed</p>  | <p>28 Spaghetti w/Meat Sauce Italian Blend Vegetables Garlic Bread Peaches</p> | <p>29 Mushroom Swiss Burger on Bun w/ Lettuce, Tomato, Onions & Pickles Onion Rings Watermelon</p> | <p>30 Sliced Ham Baked Sweet Potato Turnip Greens Cornbread Banana Pudding</p> | <p>31 Turkey Wrap w/Apricot Spread Pasta Salad Pea Salad Poke Cake</p> |


Billy V. Hall Senior Activity & Wellness Center
 1870 Limekiln Rd.
 P.O. Box 1648
 Gravette, AR 72736
 Phone: 479-787-5950
 Director - Melissa Provence
 Email: director.gravette@ohcnwa.org
 "Billy V. Hall Senior Activity & Wellness Center is an equal opportunity provider, and employer."
 EEO Employer/AA/M/F/Vet/Disabled


OHC
 OUR HEALTHY COMMUNITIES

The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

Area Agency on Aging of Northwest Arkansas
 1510 Rock Springs Road
 Harrison, Arkansas
 800-432-9721 or 870-741-1144
www.aanwar.org



May Activities



| Su | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|--|--|---|
| <div>Green-Exercise Blue-Regular Pink-Music Black-Games & Activities Red-Trips & Special Events Purple-Clubs</div> | <div>The senior van picks up daily to transport Seniors to the Center. The van is scheduled for Thursday morning shopping in Gravette from 8:30-9:30am. During this time, van riders may do errands in town.</div> <div>Hours of Operation: Monday-Thursday 8am to 4pm & Fridays 8am to 2pm</div> | | <div>1 Bring a Friend or Family Member to Lunch Day 10am-11am-PEPPI 11:30am-Birthday Recognition 12pm-Ice Cream Sundae Bar</div> | <div>2 8:30am-9:30am-Shopping Gravette 9:30am- (\$15.00) 12:30pm-Ageless Grace 12:30pm-Cards & Dominos 5:30pm-"Oklahoma!" @ Miami Little Theatre, OK</div> | <div>3 8am-9am-Breakfast 10am-11am-PEPPI 12:30-2:00pm-Cards & Dominos</div> | <div>4</div> |
| <div>5</div> | <div>6 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-Drums Alive 12:30pm-Cards & Dominos 6pm-Gravette HS/MS Spring Band Concert @ Gravette High School</div> | <div>7 10am-11:30am- Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30pm-4:00pm-Cards & Dominos</div> | <div>8 10am-11am-PEPPI 12:30pm- 12:30-4:00pm-Cards & Dominos</div> | <div>9 8:30am-9:30am-Shopping Gravette 9am-Creation Safari  Wildlife Park & Picnic Lunch @ Wyandotte, OK 10am-Watercolor Class w/Sheila (\$10.00)  12:30pm-Ageless Grace</div> | <div>10 8am-9am-Breakfast 10am-11am-PEPPI 12:30pm-Mother's Day Celebration 12:30-2:00pm-Cards & Dominos</div> | <div>11</div> |
| <div>12</div> | <div>13 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-Drums Alive 12:30-4:00pm-Cards & Dominos</div> | <div>14 10am-11:30am- Acoustic Edge 12:30pm-Ageless Grace 2pm-Walmart @ Bentonville 12:30pm-4:00pm-Cards & Dominos</div> | <div>15 9:30am-Jewelry Class w/Michelinda  (\$12.00) 10am-11am-PEPPI 12:30pm-Cards & Dominos</div> | <div>16 8:30am-9:30am-Shopping Gravette 12:30pm-Wii Bowling w/Siloam @  Siloam Springs 12:30pm-Cards & Dominos</div> | <div>17 8am-9am-Breakfast 9:30am-11:30am- Prairie Roads Band 10am-11am-PEPPI 12:30-2:00pm-Cards & Dominos</div> | <div>18 Essential Give Away 10-11am @ Senior Center</div> |
| <div>19</div> | <div>20 9:30-11:30am- Blood Pressure 10am-11am-PEPPI 10:30am-11:30am-Book Mobile 12:30pm-Drums Alive 12:30pm-Cards & Dominos</div> | <div>21 10am-11:30am- Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace 12:30-4:00pm-Cards & Dominos</div> | <div>22 10am-11am-PEPPI 11am-Eat Out @  The Jane Store In Jane, MO 12:30-4:00pm-Cards & Dominos 1pm-3pm-Farmers Market Coupon Sign Up</div> | <div>23 8:30am-9:30am-Shopping Gravette 10am-Watercolor Class w/Sheila (\$10.00)  12:30pm-Ageless Grace 12:30pm-Cards & Dominos</div> | <div>24 8am-9am-Breakfast 10am-11am-PEPPI 12:30-2:00pm-Cards & Dominos 5:30pm-NWA  Nationals @ Arvest Ballpark Springdale</div> | <div>25</div> |
| <div>26</div> | <div>27  WE WILL BE CLOSED FOR MEMORIAL DAY</div> | <div>28 10am-Dusty Haze Band 12:30pm-Ageless Grace  12:30-4:00pm-Cards & Dominos 5pm-Dinner & Movie @ Senior Center </div> | <div>29 10am-11am-PEPPI 11am-Ambassador Meeting 12:30-4:00pm-Cards & Dominos</div> | <div>30 8:30am-9:30am-Shopping Gravette 12:30pm-Ageless Grace 12:30-4:00pm-Cards & Dominos</div> | <div>31 8am-9am-Breakfast 10am-11am-PEPPI 12:30-2:00pm-Cards & Dominos</div> | |

Happy May Birthdays!

John Atkins
Kay Boyer
Ellie Hook
Jean Hook
Joe Hook
Tom Howell
Sheryl Laughard
Billy Lovell

Jeff Mortensen
Gary Mucci
Larry Perry
Dora Potter
Michael Queen
Kathy Reynolds
Foster Richmond
Harold York

Senior Water Aerobics will be starting on June 3rd weather permitting at the Gravette Public Swimming Pool every Monday, Wednesday and Friday from 10:00am to 11:00am.

A lifeguard will be provided and there is no charge to any Senior wanting to attend. You may wear shorts and a T-shirt in place of a swim suit. So come get some exercise and stay cool this summer!

Billy V Hall Senior Activity & Wellness Center
1870 Limekiln Road / PO Box 1648
Gravette, AR 72736 Phone: 479-787-5950

In observance of Older Americans Month this coupon is good for the month of May for one guest for a free nutritious meal for someone who is 60 years of age or older.

Come join us for lunch.



POWERED BY CONNECTION: MAY 2024