

Horseshoe Tournament

5/4/2024

Community Center

10:00 A>M>

FIS FRY

FRIDAY 5/24/2024

5:00 –7:00 PM

ADDRESS:

9975 HWY 14 EAST

BIG FLAT,AR 72617

PHONE: 870-448-3674

EMAIL:

dwallis@aaanwar.org

BIG FLAT SENIOR CENTER

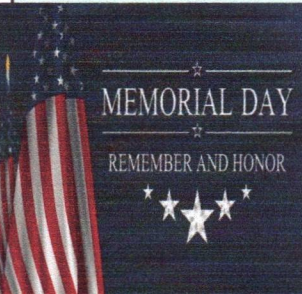
MAY 2024



MAY 2024



MEALS ON WHEELS
AMERICA 2019 MEMBER

MONDAY	Tues2	Wednesday	Thursday	Friday
EVENTS: Horseshoe Tournament 5/4/2024 10:00 A.M. FISH FRY FRIDAY 35/24/2024 5—7 PM	MEAL COST: 60 & OVER \$4.00 UNDER 60 \$ 5.00 CARRY OUTS 6.51	1 Meatloaf Mashed Potatoes Seasoned Green Beans Wheat Roll Fruited Gelatin	2 Beans & Ham Mixed Greens Cornbread Hot Spiced Peaches	3 Tuna Salad Sandwich Potato Chips Garden Pea Salad Fruit Salad
6 Chef's Choice Shrimp French Fries Coleslaw Pears	7 Breaded Pork Chops Brown Gravy Candid Sweet Potatoes Seasoned Green Beans Wheat Roll Mandarin Oranges	8 Hamburger Steak Mashed Potatoes Wilt Cabbage Wheat roll Apple Crisp	9 Oven Fried Chicken Baked Potatoes Seasoned Corn Wheat Bread Chilled Pudding	10 BBQ Pulled Pork Sandwich Brown Beans Creamy Coleslaw Mandarin Oranges
13 Chicken Parmesan Over Spaghetti Italian Vegetables Bread Sticks Chilled Pineapple	14 Turkey Pot Pie Buttered Corn Wheat Roll Spiced Pears	15 Pork Tenderloin Brown Gravy Roasted Potatoes Buttered Corn Wheat Bread Peach Crisp	16 BBQ Chicken Baby Bakers Creamy Coleslaw Wheat Roll Banana Pudding	17 Spaghetti & Meat Sauce Broccoli Bread Sticks Chilled Pineapple
20 Lasagna Tossed salad Bread Sticks Fruited Gelatin	21 Chicken Tenders Tater Tots Green Beans Wheat Roll Pineapple Upside Down Cake	22 Chopped Steak Au Gratin Potatoes Buttered Carrots Wheat Bread Fruit Salad	23 Baked Fish Pasta Salad Coleslaw Wheat Bread Cherry Cobbler	24 French Dip Sandwich Mixed vegetables Fruit Crisp
 <p>MEMORIAL DAY</p> <p>REMEMBER AND HONOR</p>	28 Chicken Fettucine Seasoned Spinach Wheat Bread Rosy Pears	29 Fried Fish / Wheat Bun Macaroni & Cheese Creamy Coleslaw Watermelon	30 Pepper Steak Fluffy White Rice Oriental Vegetables Dinner Roll Mandarin Orange Fluff	31 Fried Chicken Salad Wheat Roll Chilled Peaches

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers • Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies, Housing • Veteran Directed Program
Call the Area Agency on Aging of Northwest Arkansas for more information! 1-800-432-9741

word search puzzle

Mother's Day

B	C	R	C	A	R	D	E	Y	T	M	O	I	L	M	G	T
I	O	Q	U	D	C	M	N	S	T	H	Z	C	C	Y	L	H
V	O	S	U	N	D	A	Y	V	V	S	N	M	O	M	M	Y
E	K	C	X	S	Q	M	U	M	S	C	G	B	I	U	T	I
C	I	N	Q	W	P	Z	B	I	A	A	H	R	Z	B	I	B
F	E	S	M	T	I	I	K	E	D	Y	A	U	P	O	V	T
U	S	E	J	B	X	W	J	H	E	A	R	T	G	U	R	V
D	C	O	O	T	R	A	D	I	T	I	O	N	E	Q	U	Q
M	E	H	G	U	O	F	C	A	R	G	N	K	I	U	V	D
F	A	M	I	L	Y	J	X	F	E	Q	A	Z	Y	E	X	L
F	J	L	O	V	E	Z	G	N	Z	C	M	K	T	T	O	F
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P	Z	C	F	L	O	W	E	R	S	P	P	C	H	R	L	R
R	L	C	E	L	E	B	R	A	T	E	W	G	H	K	D	Q

BOUQUET

MAY

CAKE

MOMMY

CARD

SUNDAY

CELEBRATE

TRADITION

COOKIES

LOVE

FLOWERS

HUG

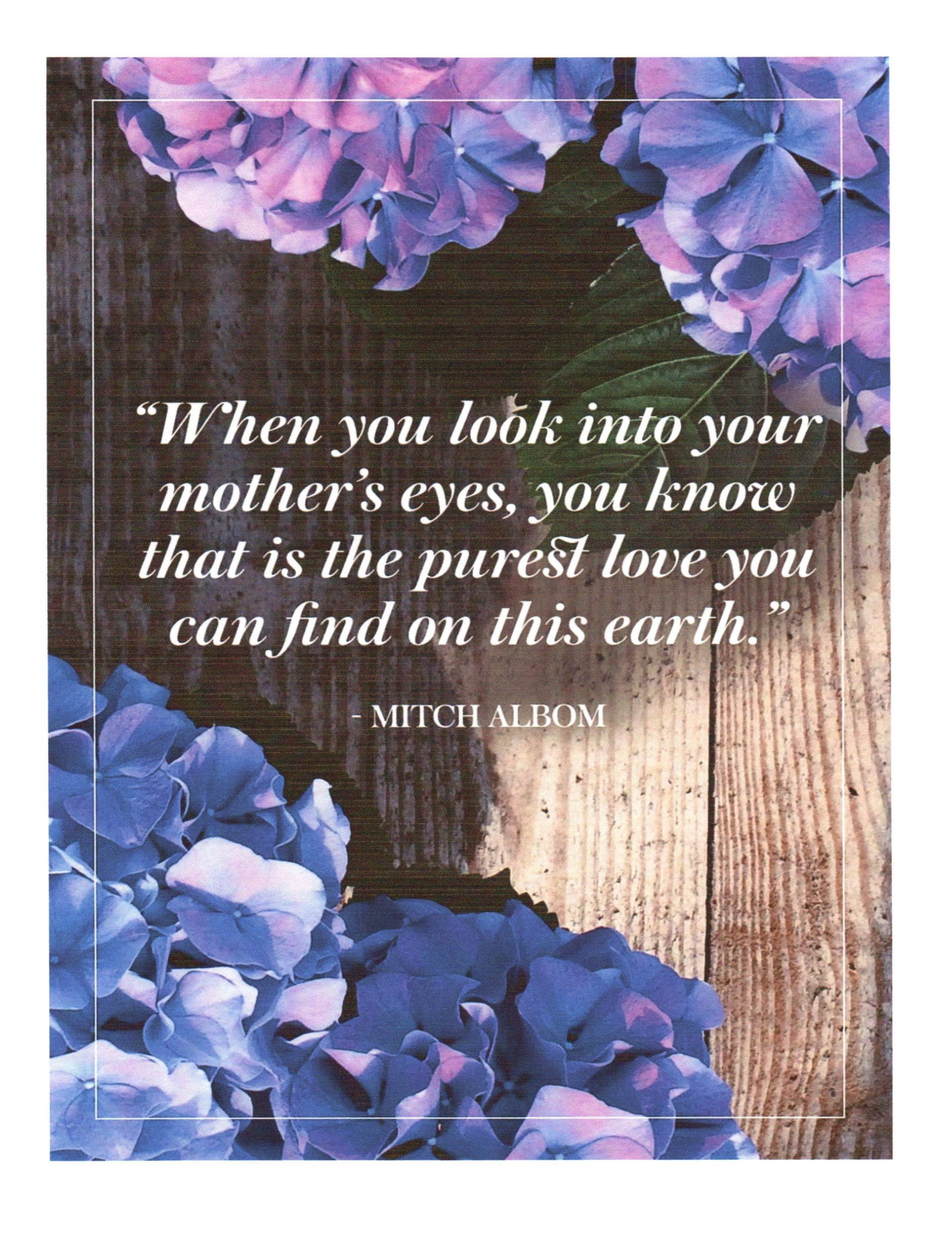
GRATEFUL

FAMILY

HEART

KISS





*“When you look into your
mother’s eyes, you know
that is the purest love you
can find on this earth.”*

- MITCH ALBOM