


# BENTON COUNTY SENIOR ACTIVITY & WELLNESS CENTER

## MAY 2024 MENU



Mon	Tue	Wed	Thu	Fri
<b>Menu Subject to Change Due to Supply Chain Availability</b>	<b>\$4.00 Suggested Meal Donation for 60 + \$6.00 for Carry out &amp; Under 60</b>	1 Salisbury Steak Mashed Potatoes w/ Brown Gravy Whole Kernel Corn Fresh Baked Roll	2 Pulled Pork Plate Macaroni & Cheese Baked Beans Cornbread	3 Fried Fish Fried Potatoes/Onions Creamy Coleslaw Hushpuppies
6 Cashew Chicken Veggie Fried Rice Egg Roll Macadamia Nut Cookie	7 Sloppy Joe on Bun Tater Tots Apple Cider Slaw	8 Broccoli Cheese Soup 1/2 Turkey Club w/ Cranberry Mustard Potato Chips Fruit	9 Meatloaf w/ Potatoes & Brown Gravy Vegetable Casserole Fresh Baked Roll	10 <b>Mother's Day</b> Chicken Alfredo W/ Vegetables Green Salad w/ Fruit Raspberry Vinaigrette Garlic Roll
13 Dijon Crusted Pork Sweet Potato Cass Sugar Snap Peas Fresh Baked Roll	14 Fried Fish Pinto Beans Seasoned Greens Hushpuppies	15 Chicken Fried Steak Potatoes w/Cream Gravy Vegetable Casserole Fresh Baked Roll	16 Chicken Taco Salad Creamy Baja Dressing Corn & Black Beans Chips & Salsa Coconut Cream Cake	17 Grilled Hamburger Lett/Tom/Pickle/Onion Tater Tots Baked Beans
20 Creamy Chicken Vegetable Soup W/ Cornbread 1/2 Pimento Cheese Fruit	21 Cheesy Beef/Potatoes Whole Kernel Corn Cornbread	22 Chicken Spaghetti Maple Glazed Carrots Garlic Roll Cherry Crisp	23 Smoked Brisket Baked Potato Salad Baked Beans Cornbread	24 Roasted Turkey w/ Stuffing & Gravy Green Bean Casserole Cranberry Sauce
 HAPPY MEMORIAL DAY REMEMBER AND HONOR	28 Chicken Salad W/ Petite Croissant Three Bean Salad Potato Chips Fruit	29 Brown Sugar Ham Gourmet Potatoes Sugar Snap Peas Fresh Baked Roll	30 Bolognese Sauce W/ Penne Pasta Green Beans Garlic Roll	31 Chicken Fried Chicken Potatoes/Cream Gravy Broccoli & Carrots Fresh Baked Roll



Benton County  
Senior Activity & Wellness Center  
3501 SE L Street  
Bentonville, AR 72712  
  
479-273-7348  
Mon—Thurs 8:00—4:00  
Fri—8:00—2:00

**The Aging Experts**

**Do you have questions or need services for senior adults?**


In-Home Services • Senior Activity Centers  
Home Delivered Meals • Family Caregiver Assistance  
Personal Emergency Response System • Incontinence Supplies  
Housing • Veteran Directed Program

Area Agency on Aging  
of Northwest Arkansas  
1510 Rock Springs Road  
Harrison, Arkansas  
800-432-9721 or 870-241-1144  
www.aanw.org

This institution is an equal opportunity provider and employer. EEO Employer/AA/M/F/VET/Disabled.



# MAY 2024 ACTIVITIES

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<b>Suggested Donation For Transportation \$3 to \$10 Based on Destination</b>	<b>Looking Ahead: 2024 Cross Country Fall Trip Black Hills, SD September 1-7</b>	1 <b>9:00 Walmart</b>  Cards, Pool Dominoes Exercise Equipment	2 9:30 AF Exercise <b>10:15 Bible Study</b> 12:00 Hand & Foot Cards, Pool, Dominoes	3 <b>7:00 am Senior Games in Harrison</b>  <b>9:00 am Flea Market Mania</b>  <b>9:30 Parkcrest Sound Band</b>
6 9:30 Bingo 11:00 Bridge Cards, Pool Dominoes, Exercise Exercise Equipment	7 <b>9:00 What's New in Bentonville Tour</b> 9:30 AF Exercise  12:00 Hand & Foot Card, Pool, Dominoes, Exercise	8 <b>9:00 Walmart</b> <b>10:00 Prairie Roads Band</b> Cards, Pool Dominoes Exercise Equipment	9 <b>10:15 Bible Study</b> <b>10:30 Gospel Music</b>  12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	10 <b>Mother's Day Activities</b> <b>10:45 Bella Vista Women's Chorus</b> Cards, Pool, Dominoes Exercise Equipment
13 9:30 Bingo 11:00 Bridge Cards, Pool, Dominoes, Exercise Equipment	14 <b>9-12:00 Farmer's Market Coupons</b> 9:30 AF Exercise 12:00 Hand & Foot  <b>4:20 Dinner Out Haven 55-Pineville</b>	15 <b>9:00 Walmart</b> <b>11:00 Games with Phil &amp; Sandy</b> Cards, Pool, Dominoes Exercise Equipment	16 9:30 AF Exercise <b>10:15 Bible Study</b> 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	17 9:30 Beanbag Baseball 10:30 Wii Bowling
20 9:30 Bingo 11:00 Bridge  Cards, Pool, Dominoes Exercise Equipment	21 <b>9:00 Casino Day</b> 9:30 AF Exercise  12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	22 <b>9:00 Walmart</b>  Cards, Pool Dominoes Exercise Equipment	23 <b>Pool Tournament</b> 9:30 AF Exercise <b>10:15 Bible Study</b> <b>10:30 Gospel Music</b> 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	24 <b>BRANSON TOP OF THE ROCK</b> <b>Lost Canyon Cave and Nature Trail &amp; Ancient Ozarks Natural History Museum \$35</b> <b>Leave at 8:00 a.m.</b>
 <b>HAPPY MEMORIAL DAY</b> <small>REMEMBER AND HONOR</small>	28 9:30 Bingo 11:00 Bridge Cards, Pool, Dominoes Exercise Equipment	29 <b>9:00 Walmart</b>  Cards, Pool Dominoes Exercise Equipment	30 9:30 AF Exercise <b>10:15 Bible Study</b> 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	31 9:30 Beanbag Baseball 10:30 Wii Bowling Cards, Pool, Dominoes Exercise Equipment



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## June Look Ahead



- ♦ Wonders of Wildlife Nat'l Museum
- ♦ Father's Day Lunch, Music, Activities
- ♦ Dinner Out—Catfish John's